

Pushpanjali MEDICON2025

National Conference on “Empowering Healthcare Excellence Across Communities”

Sunday, 7th September 2025
The Leela Ambience Convention Hotel, Delhi

Organised by
 **Pushpanjali Medical Education & Research Centre**
(A Unit of M M Healthcare Limited)



SOUVENIR





YOUR HEALTH IS OUR
PRIORITY



Dr Karun Jain

Orthopaedic, Fracture & Trauma, Sports injury & Arthroscopy, Spine and Joint Replacement Surgeon & Senior Research Associate
Formerly at - Mayo Clinic, U.S.A. and Royal College of Surgeons, Edinburgh, U.K.

Shri Mahaveer Ortho Clinic

(ISO certified), Main Road, Bholanath Nagar
(Opposite Vishal Mart, Near Ramleela Maidan),
Shadhara, Delhi-32

Timing:

10:00 AM- 1:00 PM | Sunday Off

Pushpanjali Medical Centre

(NABH accredited), Vikas Marg
Extn, Anand Vihar, Delhi-92

Timing:

6:00 PM- 8:00 PM | Sunday Off



Backpain & Arthritis



Arthroscopy & Sports Medicine



Knee Joint Replacement

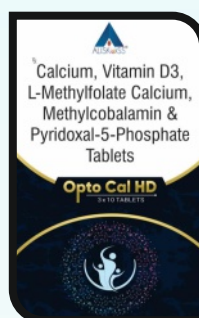
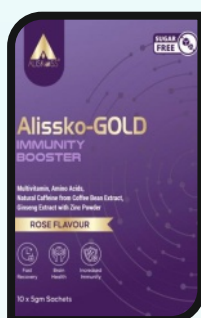
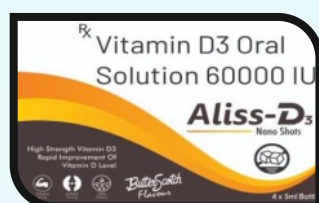
karunjain@live.com | 8285257076 | 8375830838



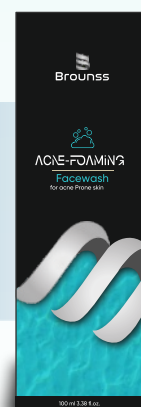
Table of Contents

because you need to find something





Brounss
Skin Care



ALISKOSS WELLNESS PVT. LTD.

1141, Hope Office Tower, Galaxy Blue Sapphire Plaza,
Noida Extension Uttar Pradesh-201309 9716431079 9717309609

www.aliskosswellness.com
infoaliskoss@gmail.com

Table of Contents

- 1. Words of Wisdom: Supporting healthcare excellence*
- 2. Medicon 2025: Where the magic happens*
- 3. Medicon 2025 Abstracts: Because you don't want to read the whole paper*
- 4. Highlights from Conference 2024: Knowledge convergence*
- 5. Academic Activities: Because medicon isn't the only thing we do*
- 6. Meet the Dream Team: Our medical departments*
- 7. Bigger and Better: Our infrastructure expansion over one year*
- 8. The Latest and the Greatest: New equipment, services and quality standards*
- 9. Outreach and Training Activities: Reaching out and reaching up*
- 10. Femme nest: Growing families - one egg at a time*
- 11. We're Proud of Our People: Awards and achievements*
- 12. The Creative Side of Healthcare: Music, art, and craft*
- 13. Sponsors: We could not have done without you*

I PEN SURGICALS

A HOUSE OF SURGICALS PRODUCT

ADDRESS :- 52-B, GOVIND PARK, JAGATPURI, DELHI-110051

GSTIN- 07CMFPP8345A3Z0 | PHONE NO.-+91-9709439558 | E-MAIL-SURGICALSIPEN@GMAIL.COM

I Pen Surgical

A house of Surgical Product

We are Direct dealing in

1. Romson's Product
2. Amanta- Wide range of IV fluids and antibiotics
3. New tech-medicals devise
4. Genex hygiene/Kiyomi Healthcare cidex, opa d-125/d-256
Wide range of disinfection

Available all type accessories belong to hospital instrument.

The screenshot displays the I Pen Surgicals website interface. At the top, there is a navigation bar with categories: healthcare ltd, sterile water, steriport, sodium chloride injection, dextrose, dns, normal saline, and 500 ml. Below this, a grid of product images is shown, each with a caption and a source link. The products include Amanta Healthcare Fluids, AMANTA IV Fluid RI 50, Amanta Healthcare Fluid Therapy, Fluid Therapy Intravenous FL, Potassic Saline Injections, Amanta Healthcare Infusions, NS (AMANTA) Infusion 500ml, Amanta 100ml Sodium Chloride, Amanta Healthcare SteriPort, SteriPort Na 0.9% 100ml, Amanta Healthcare SteriPort introduction, Amanta Hypertonic NS Solution, and Amanta Healthcare Products. Below the product grid, there is another navigation bar with categories: mask, surgical, infusion set, romsons colostomy kit, surgical mask, romsons trimmer, dispo guard, and mucus extractor. Below this, another grid of product images is shown, each with a caption and a source link. The products include Romsons 25N Mucus Extractor, Romsons FFP1 Certified Disposal, Romsons Infusion Set 1.5, Colostomy Kit (Romsons) Price, Carbon Steel Triangular Romsons, Romsons Nel Cath (Nelaton Cath), Romsons Dignity Wipax Body, Romsons Dignity Hygiene Products, Buy original Romsons Urocare, Romsons Matley Under Pads, Buy original Romsons Dignity Pre, and Shop online for baby care, wipax.

healthcare ltd sterile water steriport sodium chloride injection dextrose dns normal saline 500 ml

Amanta Healthcare - Fluid...
amanta.co.in

AMANTA IV Fluid RI 50...
indiamart.com

Amanta Healthcare - Fluid Thera...
amanta.co.in

Fluid Therapy, Intravenous FL...
indiamart.com

Potassic Saline Injections, 500ml...
indiamart.com

Amanta Healthcare - In...
amanta.co.in

NS (AMANTA) Infusion 500ml...
netmeds.com Out of stock

Amanta 100ml Sodium C...
indiamart.com

Amanta Healthcare
amanta.co.in

SteriPort Na 0.9% 100ml
medimart.co

Amanta Healthcare Ltd introduc...
facebook.com

Amanta Hypertonic NS ST...
indiamart.com

Amanta Healthcare - Products
amanta.co.in

mask surgical infusion set romsons colostomy kit surgical mask romsons trimmer dispo guard mucus ex

Romsons 25N Mucus Extractor at Rs 100...
indiamart.com

Romsons FFP1 Certified Dispo...
amazon.in

Romsons Infusion Set 1.5 - Buy ...
netmeds.com In stock

Colostomy - Kit (Romsons) Price...
apollopharmacy.in In stock

Carbon Steel Triangular Rom...
indiamart.com

Romsons Nel Cath (Nelaton Cat...
healthlink.com In stock

Buy original Romsons Dignity Wipax Body ...
smartmedicalbuyer.com In stock

Romsons Dignity Hygiene Products ...
indiamart.com

Buy original Romsons U...
smartmedicalbuyer.com

Romsons Matley Under Pads W...
indiamart.com

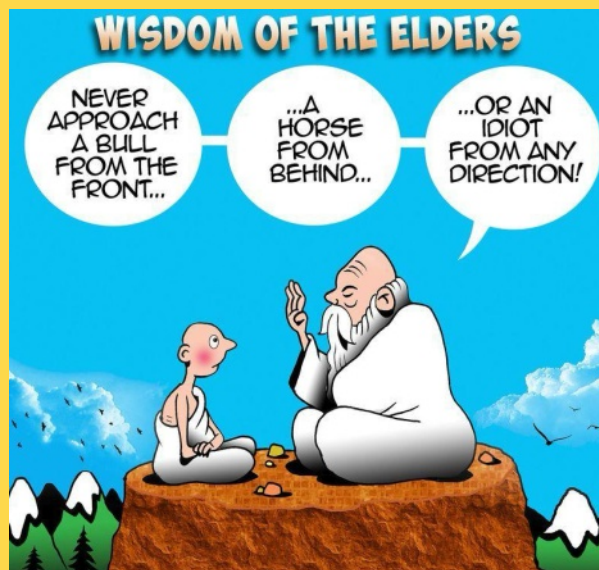
Buy original Romsons Dignity Pre...
smartmedicalbuyer.com In stock

Shop online for baby care, w...
romsons.in

1



Words of Wisdom



With Compliments from

A trusted name in medicine

GIRIDHAR CHEMISTS

Your Partner in Health Care

FACILITY AVAILABLE

- **Oxygen Concentrator Available Rent/Sale**
 - **Fast Friendly Service**
 - **Oncology Product**
 - **Nephrology Products**
- **Critical Care Medicine & Injections**
- **Bipep, Cpap Machine Rent/ Sale**

Address:

**C/o Pushapnjali Medical Centre
A-14-15, Pushpanjali, Vikas Marg Extn. Delhi-110092**

Contact No. +91-11-49401679, 8287415589

E-mail: giridharchemists@gmail.com

From the Editors' Desk

Welcome to Pushpanjali Medicon 2025 Commemorative Souvenir

As we proudly present this souvenir to you, we would like to extend our heartfelt gratitude to the organizing committee for entrusting us with this creative endeavor. Crafting a captivating souvenir that resonates with all stakeholders has been a thrilling challenge.

Our team has worked tirelessly to curate a visually stunning publication, replete with engaging design elements, effortless navigation, and dashes of humor courtesy of clever cartoons. We've also endeavored to make this souvenir comprehensive, showcasing not only the academic prowess of our institution but also the diverse passions and interests of our people and their spouses.

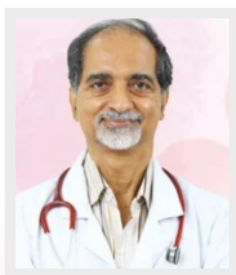
We hope that our efforts will meet with your appreciation and approval. This souvenir would not have been possible without the unwavering dedication of Mr. Swami, Ms. Tabassum, Ms. Shweta, and Mr. Parveen, who have worked tirelessly behind the scenes. We extend our sincerest thanks to each of them for their invaluable contributions.

As you delve into the pages of this souvenir, we invite you to relive the memories, rediscover the achievements, and rejoice in the spirit of Pushpanjali Medicon.

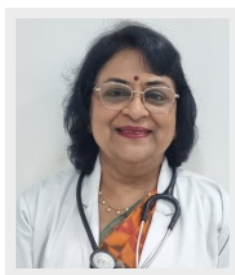
Thank you for being a part of this journey!

Editorial Board

Editorial Board



Dr. Deepak Pande



Dr. Anita Jain



Dr. Renu Aggarwal



NephroPlus is a leading dialysis network that provides world-class and high-quality dialysis services for kidney patients in India.

NephroPlus operates 295 dialysis centres in 178 cities across India, Nepal, Uzbekistan and Philippines and is known for its quality focus and patient centricity.

The company was established 12 years back with a vision to enable people on dialysis across the world to lead long, happy, and productive lives. Driven by a patient-centric approach where each patient is treated as a 'guest', NephroPlus encourages individuals on dialysis to lead lives as close to normal as possible.

The company treats 20,000+ patients per month and has performed 80+ lakh treatments with a focus on making quality dialysis accessible and affordable for all and a commitment to high-quality, patient-centric care that fosters superior clinical outcomes.



NephroPlus Services



Home Hemodialysis (HHD)
Have longer or more frequent dialysis with a flexible schedule



Dialysis on Call (DOC)
Have dialysis at home or any choice of your location



Dialysis on Wheels (DOW)
Have dialysis right outside your home and get access to dialysis in remote areas



Holiday Dialysis
Experience the joy of a relaxing holiday without having to worry about dialysis

NephroPlus Benefits



Affordable & Painless Dialysis



World-Class Equipment



Patient-Centric Care



Highest Standards of Quality



Patient Safety



Latest Technology



Minimisation of Cross Infections



For partnerships

write to us at contactus@nephroplus.com or call on our toll-free number 1800 120 001 001



वात्सल्य ग्राम

दीदी माँ
साध्वी ऋतम्भरा जी
अधिष्ठात्री



‘चिकित्सक’ भगवान् के साक्षात् प्रतिनिधि हैं और ‘चिकित्सालय’ मानव सेवा के मंदिर। चिकित्सा को ‘सेवा’ के रूप में सम्पन्न किया जाना चाहिए, ‘व्यवसाय’ के रूप में नहीं।

यह प्राचीन भारत की वो अवधारणा है, जिस पर एक आदर्श चिकित्सा जगत का निर्माण होता है। निश्चित रूप से आज के युग में ‘अर्थ’ का अर्थ है परन्तु इसके बीच चिकित्सा जगत की मानवीय संवेदनाएँ सदैव जीवित रहनी चाहिए। जो सम्पन्न हैं वो तो आवश्यकता होने पर स्वयं ही चिकित्सालय पहुँच सकते हैं परन्तु जो अक्षम हैं, उन तक चिकित्सालयों ने पहुँचना चाहिए। यह भावना हमारी मानवीय संवेदनाओं की परिचायक होती है।

‘सर्वे सन्तु निरामया’ की प्रार्थना करते हुए मेरे चित्त में हमेशा ही पुष्पांजलि मेडिकल सेंटर, दिल्ली की स्मृति बनी रहती है। मैं इसके प्रमुख डॉ. विनय अग्रवाल जी की बहुत आभारी हूँ, जिन्होंने वात्सल्य ग्राम, वृन्दावन के जाने कितने उन नन्हें नवजातों को बड़ी-से-बड़ी चिकित्सा निःशुल्क रूप में उपलब्ध करवाई, जिन्हें उनके अपनों ने ही सड़कों पर असहाय अवस्था में छोड़ दिया था। डॉ. विनय जी, पुष्पांजलि हॉस्पिटल के डॉक्टर्स और पैरामेडिकल स्टाफ के सहयोग से ही हम कई ऐसे नवजातों के प्राण बचा सके, जिनका जीवन मृत्यु के मुहाने पर खड़ा था।

मुझे यह जानकर अत्यन्त प्रसन्नता है कि हमारे ऐसे संवेदनशील डॉ. विनय जी के नेतृत्व में इंडियन मेडिकल एसोसिएशन (आई.एम.ए.), ईस्ट दिल्ली शाखा के सहयोग से ‘पुष्पांजलि मेडिकॉन-2025’ का आयोजन आगामी 7 सितम्बर 2025 को दिल्ली में किया जा रहा है।

इस अनूठे आयोजन में ‘सशक्त समुदायों के लिए स्वास्थ्य सेवा में उत्कृष्टता’ विषय पर भारत के अनेक वरिष्ठ चिकित्सकगण, शिक्षाविद, नीति निर्माता और राजनीति के जानकार सम्मिलित होकर राष्ट्र की स्वास्थ्य सेवाओं को सरलता और सुगमता के साथ आमजन तक पहुँचाने के तरीकों पर चिंतन-मनन करेंगे।

मुझे विश्वास है कि चिकित्सा जगत के इस विचार मंथन से अवश्य ही आरोग्य अमृत निकलेगा, जो आमजन को उसके स्वस्थ जीवन के लिए उपलब्ध होगा। इस अवसर पर प्रकाशित हो रही स्मारिका की पठन सामग्री स्वास्थ्य सेवाओं से जुड़े बंधु-भगिनियों और देशवासियों के लिए उपयोगी सिद्ध हो सके, इन्हीं मंगलकामनाओं एवं आयोजन की सफलता की प्रार्थना सहित -

साध्वी ऋतम्भरा जी

(दीदी माँ साध्वी ऋतम्भरा)



WELCOME A SPRING *that will never leave*

Disclaimer: The advertisement is purely conceptual and constitutes no legal offering. The prospective buyer may seek all information including sanctioned approvals, Development, schedule, time of delivery, specifications, facilities, amenities & scheme details before booking. Project's details are available on website of UPRERA www.up-rera.in (1 sq.mtr. = 10.764 sq. ft.)
*Terms & Conditions Apply

Welcome to The Sunflower

Most addresses count only amenities and features. The Sunflower is designed to offer a life that gives you the control to decide how you want to live it. With everything in close proximity to each other, and many category-first features, a home in The Sunflower is a lifelong sunshine of spring.



The
SUNFLOWER

PHASE I
UPRERAPRJ448904/04/2024
www.up-rera.in

A premium, luxurious residential address
with warmth, brightness, and positivity for a lifetime of joy.

CALL 730 9999 730 FOR DETAILS AND BOOKINGS | AUrealestate.in



"Promoter has got the project land Plot No. GH-07, Sector No. 06, Aditya World City, Integrated Township, Shahpur Bamheta, Pargana Dansna by way of Sale Deed executed between M/s AU Real Estate Services Pvt. Ltd. and M/s Agarwal Associates Promoters Limited and Agarwal Associates Promoters Consortium Limited on 20.02.2024 confirming upon it right to construct and book the developed units for sale to prospective buyers. The promoter however shall have the right to execute the registered sale deed in favour of the buyers of the Project only after the payment of all the pending installments along with the interest amount, if any. The due date for payment of last installments to M/s Agarwal Associates Promoters Limited and Agarwal Associates Promoters Consortium Limited by the Promoter is March 2028. The promoter shall pay the balance installments within the permissible time prior to declare date of completion of the project so that it can honor its commitments to the prospective allottees in the project." Project's details are available on website of UPRERA, Regn No UPRERAPRJ448904/04/2024 (www.up-rera.in) (1 sq.mtr. = 10.764 sq. ft.) *Terms & Conditions Apply.

Images used are for representation purpose only



राज निवास
दिल्ली-११००५४
RAJ NIWAS
DELHI-110054



विनय कुमार सक्सेना
उपराज्यपाल
Vinai Kumar Saxena
Lt. Governor

D.O. No. RN/2025/ 654
Dated: 27.08.2025

MESSAGE

I am happy to know that Pushpanjali Medical Education & Research Centre under Indian Medical Association East Delhi Branch is organizing a conference - Pushpanjali MEDICON-2025 on 7th September, 2025 on the theme "Empowering Healthcare Excellence Across Communities" and is also bringing out a souvenir to mark the occasion.

I am sure that the Conference would disseminate the latest knowhow and ideas amongst the participants. The theme, which is need of the hour, would bring together leaders, policymakers, healthcare professionals and academicians to explore innovative healthcare delivery in India.

The efforts made by the Centre in the field of Medical Education and Research should be to strive for making health care accessible and affordable. I am sure that the Association would work with this goal in mind.

I extend my greetings for the success of the MEDICON-2025 and successful publication of the souvenir.

(Vinai Kumar Saxena)



Samrajya Enterprises

THE BIRTH

The journey of a thousand miles begins with a single step. JAIN PRINTING SYSTEM took that important step in 1979 when it was incorporated as a fledgling Company in Delhi. From a nascent beginning, the Company took flight with a vision of its management and fierce determination to succeed.

Today, it has grown steadily, achieving a constant increase of clientele through a policy of cautious and meticulous work. It now has several offices in Delhi equipped with the most modern machines and staffed with a highly qualified workforce with various skills and expertise.

OUR STRENGTH

Proven track record & technological Excellence is our strength. Over two decades of experience & Wide array of Printing services related to:

- Corporate Literatures
- Annual Reports
- Greeting Cards
- Letterheads
- Brochures
- Catalogues
- Envelopes
- Carry Bags
- Books
- Visting Cards
- Stickers
- Diaries
- Calanders
- Pamphlets
- Folders
- Forms
- Tags
- Danglers
- Boxes & Packaging
- Flex
- Venyl
- Led Board
- Back Ligh Boards
- Front Light Boards
- Sandwich Boards
- Standy
- Cannopy
- Backdrop
- One Way
- Clear Film
- Pen Printing
- T-Shirt Printing
- Polly Printing
- ID Cards
- Lanyard Printing

International Quality Standards.

Huge factory having 14000 sq. feet covered area.

State-of-the-art Composing, Designing, Printing, Processing, Page-making & Binding facilities.

Latest Machineries in all 3 Segments (Press, Pre Press, Post Press) :-

We take the utmost care in communicating your message effectively. Our approach involves clear understanding of your requirements. We project the right image at the right time to the right audience.

Head Office: 4792/23, Ansari Road, Darya Ganj, New Delhi - 110002
Contact : 8587900880, 7683056559 | E-mail: samrajyaenterprises2012@gmail.com

हर्ष मल्होत्रा
HARSH MALHOTRA

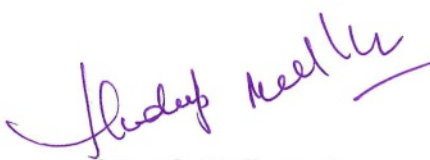


राज्य मंत्री
सड़क परिवहन और राजमार्ग
एवं कारपोरेट कार्य मंत्रालय
भारत सरकार
Minister of State for
Road Transport & Highways
and Corporate Affairs
Government of India

MESSAGE

It gives me great pleasure to learn of the upcoming conference Pushpanjali MEDICON 2025 organized by Pushpanjali Medical Centre in association with the East Delhi Branch of the Indian Medical Association. The theme of this conference, "Empowering Healthcare Excellence Across Communities" focusing on national leaders, policymakers, healthcare professionals and academicians is particularly relevant in today's environment given the demands placed on our healthcare systems. It is my hope that this conference will allow stakeholders to explore pathways for inclusive, equitable and innovative healthcare delivery in India.

I hope that this souvenir shares light on the role played by some of the many contributors to healthcare delivery in India.


(Harsh Malhotra)

With Best Compliments from

**OZONE
HEALTHCARE INC.**

**Distributors, C&F &
Suppliers of Surgical
Disposables, Pharma
and Medical Equipments.**

Address:

**Plot No: 170, Pocket - C, I.F.C, Gazipur,
Paper Market, Adj. Mayur Vihar, Phase-III,
New Delhi-110096**

Contact No.

+91-9350543070, 8076604770, 011-22615201

E-mail:

ozonehealthcareinc@gmail.com



D.O. No.: Cmo/2025/48022

Date.: 28/08/2025

Rekha Gupta

Chief Minister, Delhi

My warm greetings to *Pushpanjali MEDICON 2025*, the flagship annual conference of Pushpanjali Medical Centre, organised in association with the Indian Medical Association (IMA), East Delhi Branch.

This conference, themed “*Empowering Healthcare Excellence Across Communities*,” serves as a valuable confluence of doctors, policymakers, academicians, and healthcare leaders to deliberate on the evolving challenges and opportunities in India’s healthcare sector. The vision of inclusive, equitable, and innovative healthcare delivery is central to building a healthier and stronger nation, and I am confident that this conference will contribute significantly towards realizing this goal.

I convey my heartfelt best wishes to Pushpanjali Medical Centre, IMA East Delhi Branch, and all participants of *Pushpanjali MEDICON 2025*. May this conference be a resounding success and inspire many more such meaningful endeavours in the future.

(Rekha Gupta)

Dr. Vinay Aggarwal,
A-11, Pushpanjali,
Vikas Marg Extn., Delhi - 110092

National Capital Territory of Delhi, Delhi Secretariat, I.P. Estate, New Delhi-110002
Phone No. 011-23392006, 011-23392020, 011-23392030 || Email- cmdelhi@nic.in

Presenting comprehensive product range from Troikaa, where quality always comes first

For haemodynamically stable gaseous Anaesthesia

Rx **SEVO**TROY
Sevoflurane 50 ml / 250 ml

A Perfect AntiHF formulation with Zero Impurity



For induction and maintenance of gaseous anaesthesia

Rx **ISOTROY**
Isoflurane 30 ml / 100 ml / 250 ml
Ideal Inhalational Anaesthetic



For Induction and Maintenance of Anaesthesia

Rx **Troypofol-MCT**
Propofol 1% w/v MCT/LCT Injection
Excellent Quality Propofol



For Total Intra Venous Anaesthesia

Rx **Troypofol-MCT 2%**
Propofol 2% w/v MCT/LCT Injection
Excellent Quality Propofol





Alok Kumar

Senior Advocate

President - Vishva Hindu Parishad

Patron - Dadhichi Deh Dan Samiti

Ex. Dy. Speaker - Delhi Vidhan Sabha



Dr. Vinay Aggarwal

17.08.2025

Chief Patron

Pushpanjali MEDICON 2025

Dear Dr. Vinay Aggarwal

It gives me immense happiness to extend my warm greetings to Pushpanjali Medical Education & Research Centre on the occasion of Pushpanjali Medicon 2025, to be held on 7th September 2025 at The Leela Ambience Convention Hotel, Delhi.

Having been associated with Pushpanjali Medical Centre since its inception, I have had the privilege of witnessing its remarkable journey from a promising vision to a trusted name in healthcare. Over the years, PMC has consistently upheld the highest standards of medical service while remaining deeply rooted in its commitment to community well-being.

What makes Pushpanjali stand apart is not just its clinical excellence but its spirit of service. From organizing health awareness programs and free medical camps to providing advanced care with compassion, PMC has touched countless lives. Its initiatives have not only addressed immediate health concerns but also promoted preventive care—strengthening the fabric of our community.

Dr. Vinay Aggarwal and Pushpanjali Medical Centre have been a steadfast pillar of support for Dadichi Deh Daan Samiti, an organ donation trust dedicated to saving lives. Being the Founder Chairman of Dadichi Deh Daan Samiti, and my association with PMC, the cause of organ donation has gained remarkable momentum, transforming awareness into a widespread movement of compassion and hope.

I commend the organizing committee of Pushpanjali Medicon 2025 for curating an event that blends scientific excellence with a deep sense of social responsibility. My heartfelt wishes for the success of this year's Medicon, and may it continue to inspire the medical fraternity to combine skill with service, knowledge with compassion, and science with humanity.

With warm regards,

Alok Kumar
Alok Kumar, Sr. Advocate



Delhi School of Magic
Presents

India's Top Mentalist & Illusionist
Raj Kumar, Tushar & Aanchal

THE MIND READING REVOLUTION

TEDx Speakers, 35000+ Shows Across 50+ Countries, 70+ Television Appearances, Merlin Award & Merlin Medal Winners

★★★★★
MD & CEO - Bajaj Allianz
Mr. Tarun Chugh
Startled By Their Mind
Reading Abilities.
It was a Surreal Experience.

★★★★★
Chairman & CEO, India, SEA,
MEA - CBRE
Anshuman Magazine.
Their Performance left the entire
audience stunned to silence.

FOR BOOKING & QUERIES +91 9971110577, info.agoe@gmail.com

Dr. Ketan Desai

Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025



Dear Sir,

It is with immense pleasure and deep admiration that I extend my warm greetings to the organizers, faculty, and participants of Pushpanjali Medicon 2025, scheduled to be held on 7th September 2025 at The Leela Ambience Convention Hotel, Delhi.

Over the years, Pushpanjali Medicon has established itself as a prestigious academic platform—one that not only showcases scientific advancements but also nurtures a spirit of collaboration, mentorship, and service. This annual congregation of experts, young doctors, researchers, and healthcare leaders serves as a vibrant exchange of ideas, best practices, and innovative approaches, all aimed at shaping a stronger and more responsive healthcare system.

The chosen theme for this year—“Empowering Healthcare Excellence Across Communities”—is both timely and meaningful. In an era where rapid technological progress coexists with persistent disparities in healthcare delivery, it is imperative that our vision of excellence embraces inclusivity. True progress is measured not only by sophisticated treatments and cutting-edge equipment but by the ability to reach the remotest corners and the most vulnerable populations with compassion, competence, and dignity.

Healthcare today demands a multidisciplinary approach that integrates clinical expertise with research, policy, and community engagement. Platforms like Pushpanjali Medicon provide the ideal environment to deliberate on these priorities, inspire innovation, and reinforce our shared responsibility towards holistic patient care. As we steer through the evolving challenges of global health—from emerging diseases to the growing burden of non-communicable disorders—our collective effort in knowledge-sharing becomes not just valuable, but essential.

I commend the organizing team of Pushpanjali Medical Education & Research Centre for curating an event that blends academic rigor with social responsibility. I am confident that the deliberations, workshops, and keynote sessions will leave a lasting impact—motivating participants to return to their respective fields with renewed commitment and vision.

May Pushpanjali Medicon 2025 continue to inspire generations of healthcare professionals, driving forward a culture of excellence, empathy, and equity in medical practice. I wish the event resounding success and hope it serves as a beacon for transformative change in healthcare delivery.

With best regards,

Dr. Ketan Desai
Chief Patron, Past President
IMA, WMA, MCI



LIFE SCIENCES PVT. LTD.

(AN ISO 9001:2015 CERTIFIED COMPANY)



*With best
complement from
Synapes Life Sciences Pvt. Ltd.*

Makers of

MOXY-S[®]

Inj. Amoxycillin Sodium + Sulbactam (2:1) 1.5 Gm

ZOXIGOLD[®]

Inj. Ceftizoxime 1 gm+sulbactam 500mg

GOLDPIME[®]

Inj. Cefepime 1 gm + Sulbactam 500 mg
Inj. Cefepime 2 gm + Sulbactam 1 gm

1.5gm

3gm

GLUTAMOON[®]

Inj. Glutathione 600mg

Dr. Abhijat Sheth
M.S., M.Ch., FRCS (Glasgow)
President



आयुर्विज्ञान में
राष्ट्रीय परीक्षा बोर्ड
स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार
**National Board of Examinations
in Medical Sciences**
Ministry of Health & Family Welfare, Government of India

Message

It gives me immense pleasure to extend my warm greetings and best wishes to the organizers, delegates, and participants of *Pushpanjali MEDICON 2025*.

Empowering Healthcare Excellence Across Communities is not just a theme — it is a shared pledge to ensure that quality and affordable healthcare reaches every corner of the society. In an era where medical science is advancing at an unprecedented pace, our true measure of success lies in how effectively these advances improve lives across diverse populations across the length and breadth of India. Healthcare system of India is vast and diverse, with communities that range from highly urbanized centres to remote rural and tribal areas.

Medical excellence is not measured only by clinical skills or technological advancement, but by our ability to translate these strengths into better health outcomes for all segments of society. The importance of empathy, ethics, and cultural sensitivity among healthcare professionals cannot be ignored in the present era. This calls for a joint effort — where policymakers, regulators, medical educators, practitioners, and researchers work in agreement to bridge differences, strengthen community-based care, and uphold the highest standards of ethics and service.

This conference is a valuable platform for exchange of knowledge, ideas, and innovations in the field of medical science. I am confident that the scientific deliberations, interactive sessions, and collaboration opportunities at *Pushpanjali MEDICON 2025* will inspire new viewpoints and strengthen professional bonds among the medical fraternity.

I praise the dedication of the organizing team for their meticulous planning and commitment to academic excellence and medical education.

I wish Pushpanjali MEDICON 2025 grand success and look forward to its positive impact.

Abhijat Sheth

Dr. Abhijat Sheth
President, NBEMS

Bountiful®

Relvin™-IV

Thiamine Hydrochloride 250mg+Riboflavin 4mg+Pyridoxine Hydrochloride 50mg (Part-A) / 5ml Injection
Ascorbic Acid 500mg+ Nicotinamide 160mg + Anhydrous Dextrose 1000mg (Part-B) / 5ml Injection

Protihez®-Albumen-400gm

Albumen Protein 400 gm Jar

Protihez™-HP-SF-200gm

High Protein Preparation 50 % Whey Protein- 200 gm Jar

Protihez™-HP-SF- 400gm

High Protein Preparation 50 % Whey Protein- 400 gm Jar

Actitrax®-IV

Nutritive Infusion (Pure Crystalline
Amino Acids I.V. Infusion 100ml. Glass Bottle)

Nuvaxo®-500 mg

Cefuroxime Axetil Tablets 500 mg Tablets

Mucoful®-Plus

N-Acetyl-L-Cysteine 600mg and Lactoferrin 50 mg Tablets

Relvin™-Gold

Thiamine Hydrochloride 250mg, Riboflavin 4mg,
Pyridoxine Hydrochloride 50mg. Tablets

Mucoful®-AB

Acetylcysteine 600 mg + Acebrophylline 100 mg Tablets

Spoexa CV 200

Cefpodoxime Proxetil 200mg. & Clavulanic Acid 125mg. Tablets

Faexoga™-CV

Faropenem Sodium 200mg &
Potassium Clavulanate 125mg Tablets

Ximful™-200 DT

Ximful™-0

Cefixime 200mg+ Ofloxacin 200mg. Tablets

Suspire®-FX

Montelukast Sodium 10 mg + Fexofenadine Hydrochloride 120 mg

BTICEXUN-S®

Ceftriaxone 2000mg, Disodium Edetate 74mg,
Sulbactam 1000mg **Solution for Infusion**

Sanozox®-2gm

Ceftizoxime Sodium 2gm Injection

Edtexa 37.5mg

EDTA -37.5mg PFS Injection

BOUNTIFUL LIFESCIENCES PVT. LTD.

Corp. Office : B-9, Navkar Complex, Nr. Shreya Crossing, Ambawadi, Ahmedabad, Gujarat, India Pin-380015

Regd. Off. : Kh. No. 807 | Hall No. A | Ground Floor | Northern Peripheral Excess Road | Morti | RNE | Gzb, NCR India Pin-201003

Ph. : +91-9650435066 | +91-8178855048 | Info@bountifullifesciences.com W : www.bountifullifesciences.com

ExaMendy®



INDIAN MEDICAL ASSOCIATION (HQs.)

(Registered under the Societies Act XXI of 1860)
Mutually Affiliated with the British & Nepal Medical Associations
IIPA Building, Indraprastha Estate, Ring Road, Mahatma Gandhi Rd, New Delhi - 110002
Telephones: +91-11-23370009, 23378680, 23378819 / +91- 9999116376
Website: www.ima-india.org ; Email: hsg@ima-india.org



National President

Dr. Dilip Bhanushali
+91-9848041402
dilipbhanushali60@gmail.com

Imm. Past National President

Dr. R V Asokan
+91-9847061563
rvasokan@gmail.com

Honorary Secretary General

Dr. Sarbari Dutta
+91-9831006325
drsarbarid@gmail.com

Honorary Finance Secretary

Dr. Piyush Jain
+91-9810316769
dr.jainpiyush09@yahoo.co.in

Dr Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025



It is with great pleasure that I extend my warmest greetings and sincere congratulations to the entire team at Pushpanjali Medical Education & Research Centre on the occasion of Pushpanjali Medicon 2025 to be held on 7th September 2025 at The Leela, Delhi.

The chosen theme, *"Empowering Healthcare Excellence Across Communities,"* could not be more timely or meaningful. In an era where equitable access to healthcare remains both a challenge and a priority, Pushpanjali Medical Education & Research Centre's unwavering dedication to advancing quality medical education and community-oriented care is truly commendable.

Events like these are more than celebrations — they are platforms for inspiration, collaboration, and shared growth. They bring together the brightest minds from across disciplines to exchange ideas, share innovations, and reaffirm their commitment to service. This gathering symbolizes a step forward in building stronger healthcare ecosystems that serve not just individuals, but entire communities with compassion and competence.

The release of the event souvenir beautifully encapsulates the journey, accomplishments, and vision of the institution. It stands as a tribute to the collective effort, leadership, and resilience that continue to shape Pushpanjali Medical Education & Research Centre identity as a beacon of healthcare excellence.

I am confident that **PUSHPANJALI MEDICON 2025** will serve as a catalyst for deeper dialogue, renewed purpose, and enduring partnerships that uplift healthcare standards across the board.

Wishing the event resounding success and all participants a truly enriching experience.

Dr. Dilip Bhanushali
National President, IMA

TEAM SURGICAL CO.

Super Stockist :

**Gauze Than, Bandage, Bandage Cloth, Spunz, Cotton & Zig-Zag &
also Deals in:**

**3M, Portex, HMD, Johnsons & Johnsons Romsons, B.D., Surgical
Items & injectables**

ANSHUL JAIN

09811731304

0868531304

**618-A/4-B/1-C, Ist Floor, Kh No. 769/84, Block-5, Main Road,
Vishwas Nagar, Shahdara, Delhi-110032**

E-mail : surgical2005@yahoo.in

TIN NO. : 07490258756

DL-VIN-129444/20B

129445/21B



INDIAN MEDICAL ASSOCIATION (HQs.)

(Registered under the Societies Act XXI of 1860)
Mutually Affiliated with the British & Nepal Medical Associations
IIPA Building, Indraprastha Estate, Ring Road, Mahatma Gandhi Rd, New Delhi - 110002
Telephones: +91-11-23370009, 23378680, 23378819 / +91- 9999116376
Website: www.ima-india.org ; Email: hsg@ima-india.org



National President Dr. Dilip Bhanushali +91-9848041402 dilipbhanushali60@gmail.com	Imm. Past National President Dr. R V Asokan +91-9847061563 rvasokan@gmail.com	Honorary Secretary General Dr. Sarbari Dutta +91-9831006325 drsarbarid@gmail.com	Honorary Finance Secretary Dr. Piyush Jain +91-9810316769 dr.jainpiyush09@yahoo.co.in
---	--	---	--

Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025



It is with immense pride and heartfelt appreciation that I extend my warmest greetings to all participants, organizers, and delegates of **PUSHPANJALI MEDICON 2025**, the flagship annual conference of **Pushpanjali Medical Centre, Delhi**, held in collaboration with the Indian Medical Association – East Delhi Branch.

The theme for this year, **“Empowering Healthcare Excellence Across Communities,”** clearly reflects with the core mission of our medical fraternity. In an era where healthcare is rapidly evolving, it is imperative that we remain committed to inclusivity, innovation, and integrity in our service to society. **PUSHPANJALI MEDICON 2025** offers a vital platform for dialogue, collaboration, and visionary thinking—bringing together some of the brightest minds in medicine, policy, and academia.

As we gather to share knowledge and forge new pathways, let us remember that excellence in healthcare is not merely a goal—it is a responsibility. A responsibility to reach the underserved, to uphold ethical standards, and to inspire the next generation of healers.

I commend the organizers for their tireless efforts in curating a conference that promises to be both intellectually enriching and socially impactful. May this event open doors to new ideas, strengthen professional bonds, and reaffirm our collective commitment to a healthier, more equitable India.

Wishing **PUSHPANJALI MEDICON 2025** resounding success and enduring legacy.

With warm regards and best wishes,

Dr. Sarbari Dutta
Hony. Secretary General, IMA

Delhi Care System

Pharmaceutical Distributor

Nitesh Kumar: 8882475966, 9887202992

Anup Kumar: 9887202992

**Address: Space No. 104, 1st Floor, Gupta Arcade,
Plot No. 5, L.S.C. Shreshtha Vihar, Delhi -110092**

E-mail: delhicaresystem2019@rediffmail.com

Dr. Anilkumar J. Nayak

MBBS, M.S. (Ortho)

National President (Elect)

INDIAN MEDICAL ASSOCIATION HQs.



Message

Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025



Dear Sir,

It is with great pride and heartfelt appreciation that I extend my warmest greetings to Pushpanjali Medical Education & Research Centre on the occasion of Pushpanjali Medicon 2025 to be held on 7th September, 2025 at The Leela Ambience Convention Hotel, Delhi.

Pushpanjali Medicon has consistently served as a beacon of knowledge, innovation, and collaboration. It brings together budding medical professionals, experienced clinicians, researchers, and visionaries to share ideas, challenge conventions, and build a healthcare ecosystem that is not only technically advanced but also socially responsible.

This year's theme, "Empowering Healthcare Excellence Across Communities," resonates deeply with the evolving landscape of global healthcare. It reminds us that true medical excellence is not confined to advanced hospitals or urban centers—it thrives when it is inclusive, accessible, and rooted in the needs of every community, whether rural, underserved, or marginalized.

In an age where disparities in healthcare are still prevalent, this theme inspires us to look beyond boundaries and act with purpose—to educate, innovate, and serve with compassion.

I congratulate the organizing committee, faculty, and students of Pushpanjali Medical Education & Research Centre for their dedication and vision in organizing such a meaningful event. May this Medicon be a catalyst for impactful dialogue, learning, and transformation in healthcare delivery.

With best wishes for the continued success of Pushpanjali Medicon 2025.

Dr Anilkumar J. Nayak
National President – Elect, IMA

VEGA

LitStyle
Series

L3

Dry & Style Hair
in 1 Step

With

LitStyle L3 Volumizer
Hair Dryer Brush



MADE IN INDIA



Blow Dry Hair
in Half the Time



3 Heat &
2 Speed Settings



Compact &
Lightweight



Ceramic Coated
Styling Surface



Anti-Scalding
Tips



Please scan for
product information

www.vega.co.in

डॉ. अनिल गोयल

विधायक
कृष्णा नगर विधानसभा
दिल्ली सरकार



Dr. ANIL GOYAL

M.L.A
KRISHNA NAGAR CONSTITUENCY
GOVT. OF NCT OF DELHI

D.O. NO.....

DATE.....

To,
Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025



Subject: Message for the Souvenir - Pushpanjali MEDICON 2025

Respected organizers of Pushpanjali MEDICON 2025,

I extend my heartfelt greetings and congratulations to Pushpanjali Medical Centre and the Indian Medical Association (IMA), East Delhi Branch, for organizing Pushpanjali MEDICON 2025. The conference theme, "Empowering Healthcare Excellence Across Communities," is commendable

I am honored to contribute to the Souvenir for this significant event. My message is intended to inspire and encourage the thousands of healthcare professionals and medical aspirants who will be attending the conference.

I am delighted to see healthcare professionals, policymakers, and academicians coming together to discuss empowering healthcare excellence in our communities. The COVID-19 pandemic highlighted the critical role of our healthcare system, and it is through such collaborations that we can build a more resilient and accessible healthcare landscape for all. I commend your dedication to this noble cause and wish you a successful and impactful conference.

With profound regards,

Sincerely,

Dr. Anil Goyal, MLA
Krishna Nagar Assembly constituency
Senior Consultant Urologist
Medical Director Goyal Hospital & Urology Centre

Office : 5/9 ,Lajpat Rai Chowk ,Krishna Nagar ,Delhi 110051

Tel.No. 011-35613797 Mobile : 9811101454 , 9625204530 E-mail : dranilgoyalmla@gmail.com

SHREE KRISHNA HYGIENE SOLUTION

chemical hygiene solution



CLEANING SERVICE

Please consider on the following items
- Garbage bag colour, black Above are
only few items but we wide range of
Hospital requirements like All type of
Chemical Hygiene product ETC.

☎ +91-8800286924

📍 89 Gyan park krishna nagar

✉ krishnahygienesolution610@gmail.com



Made with PosterMyWall.com

ओम प्रकाश शर्मा

सदस्य, विधानसभा दिल्ली
सदस्य, दिल्ली विकास प्राधिकरण



कार्यालय: विधान सभा-59,
विश्वास नगर, विधायक कार्यालय,
नियर कडकड़डूमा कोर्ट,
दिल्ली - 110092
मो. 9810006053

ई-मेल : sharmaop77@yahoo.com
mlaopsharma@gmail.com

क्रमांक : ओ.पी.एस./एम.एल.ए/2017-18/

दिनांक

20 August 2025



MESSAGE

Dear Dr Vinay Aggarwal

Thanks for your letter dated 06/08/2025.

I am glad to note that your esteemed medical centre Pushpanjali and Indian medical association East delhi are jointly organising MEDICON 2025 on 7th September at Leela hotel. This will be (as all previous conferences) a Multispeciality event to upgrade the skills of medical professionals. Your centre has been a pioneer in treating patients in east Delhi with passion over the last many decades.

I extend my best wishes on this occasion. Congratulations in advance.

ओ.प्र.शर्मा

OM PRAKASH SHARMA



INDIAN MEDICAL ASSOCIATION (HQs.)

(Registered under the Societies Act XXI of 1860)
Mutually Affiliated with the British & Nepal Medical Associations
IIPA Building, Indraprastha Estate, Ring Road, Mahatma Gandhi Rd, New Delhi - 110002
Telephones: +91-11-23370009, 23378680, 23378819 / +91- 9999116376
Website: www.ima-india.org ; Email: hsg@ima-india.org



National President Dr. Dilip Bhanushali +91-9848041402 dilipbhanushali60@gmail.com	Imm. Past National President Dr. R V Asokan +91-9847061563 rvasokan@gmail.com	Honorary Secretary General Dr. Sarbari Dutta +91-9831006325 drsarbarid@gmail.com	Honorary Finance Secretary Dr. Piyush Jain +91-9810316769 dr.jainpiyush09@yahoo.co.in
---	--	---	--

MESSAGE



Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025

Dear Sir,

I am delighted to know that Pushpanjali Medical Education & Research Centre, in association with IMA East Delhi Branch is organizing the Pushpanjali MEDICON 2025 on the theme “Empowering Healthcare Excellence Across Communities” on 7th September 2025 at the Leela Ambience Convention Hotel, Delhi.

I am also delighted to know that a Souvenir will be released to mark this momentous occasion.

Pushpanjali MEDICON 2025 provides a timely platform for medical professionals, educators, and thought leaders to come together—not just to share insights and innovations—but to shape a healthcare narrative that is inclusive, ethical, and future-focused.

This gathering represents more than just an academic exchange. It reflects a shared commitment to building systems that are resilient, compassionate, and community-oriented. By fostering dialogue and collaboration, it lays the foundation for progress that is both meaningful and measurable.

Such a Conference affords an opportunity to meet and greet old friends and make new ones. It further provides a platform where all of us can deliberate about the challenges being faced by our profession, and devise ways and means to confront them.

I wish the **Pushpanjali MEDICON 2025** a grand success.

Dr. Piyush Jain
Hony. Finance Secretary, IMA



DELHI MEDICAL ASSOCIATION

Estd. 1914

(Registered under the Societies Act XXI of 1860)
(Delhi State Branch of I.M.A.)

DMA House, Medical Association Road, Daryaganj, New Delhi-110 002
Tel.: 23271726, 41707375 E-mail : delhimedicalassociation@gmail.com
Website : www.delhimedicalassociation.com, www.dmamembership.com



DR. GIRISH TYAGI

President

M.: 9868116491

Email: tyagigirish@hotmail.com

DR. SATISH LAMBA

Hony. State Secretary

M: 9810425906

Email: drsatishlamba1707@gmail.com

DR. A.S. POPLI

Hony. Finance Secretary

M: 9212017366

Email: poplias@yahoo.co.in

OFFICE BEARERS OF DMA

President Elect

Dr. Neelam Lekhi

M.: 9818264848

Imm Past President

Dr. Alok Bhandari

M.: 9811081892

Past President

Dr. Ashwini Dalmiya

M.: 9811542055

Sr. Vice President

Dr. Sunil Satrawal

M.: 9873617503

Vice President

Dr. Prashant Seth

M.: 9891429032

Hony. Jt. Secretaries

Dr. Abhishek Kumar

M.: 9891460425

Dr. Rita Bakshi

M.: 9810143703

Hony. Asst. Secretaries

Dr. Mukesh Verma

M.: 9868366406

Dr. Kumaar Gandhi

M.: 9810615155

Dr. Vipul Jain

M.: 9910205597

Associate Editor, DMA N/B.

Dr. Manjusha Goel

M.: 9811301945

Hony. Editor (DMA Journal)

Dr. Mukesh Gupta

M.: 9811029296

Associate Editor

(DMA Journal)

Dr. Rajiv Garg

M.: 9911966050

MESSAGE



It is a privilege to extend my heartfelt greetings on the occasion of **Pushpanjali Medicon 2025**, being organized on Sunday, 7th September 2025 at Hotel Leela Ambience Convention Center.

The chosen theme, *"Empowering Healthcare Excellence Across Communities"*, truly reflects the spirit of today's healthcare landscape. As our nation works towards universal, equitable, and quality healthcare, such platforms play a vital role in bridging knowledge gaps, fostering innovation, and encouraging policy dialogue.

By bringing together distinguished national leaders, policymakers, healthcare professionals, and academicians, this conference is set to provide valuable insights and strategies for strengthening India's healthcare system and ensuring its benefits reach every community.

I congratulate the organizing Team for their dedicated efforts in conceptualizing and executing this conference. I am certain that *Pushpanjali Medicon 2025* will leave a lasting impact and contribute significantly to advancing healthcare excellence in our country.

My best wishes for its resounding success.

Dr. Girish Tyagi
President



DELHI MEDICAL ASSOCIATION

Estd. 1914



(Registered under the Societies Act XXI of 1860)
(Delhi State Branch of I.M.A.)

DMA House, Medical Association Road, Daryaganj, New Delhi-110 002
Tel.: 23271726, 41707375 E-mail : delhimedicalassociation@gmail.com
Website : www.delhimedicalassociation.com, www.dmamembership.com

DR. GIRISH TYAGI

President
M.: 9868116491
Email: :tyagigirish@hotmail.com

DR. SATISH LAMBA

Hony. State Secretary
M: 9810425906
Email: drsatishlamba1707@gmail.com

DR. A.S. POPLI

Hony. Finance Secretary
M: 9212017366
Email: poplias@yahoo.co.in

OFFICE BEARERS OF DMA

President Elect

Dr. Neelam Lekhi
M.: 9818264848

Imm Past President

Dr. Alok Bhandari
M.: 9811081892

Past President

Dr. Ashwini Dalmiya
M.: 9811542055

Sr. Vice President

Dr. Sunil Satrawal
M.: 9873617503

Vice President

Dr. Prashant Seth
M.: 9891429032

Hony. Jt. Secretaries

Dr. Abhishek Kumar
M.: 9891460425

Dr. Rita Bakshi

M.: 9810143703

Hony. Asst. Secretaries

Dr. Mukesh Verma
M.: 9868366406

Dr. Kumaar Gandhi

M.: 9810615155

Dr. Vipul Jain

M.: 9910205597

Associate Editor, DMA N/B.

Dr. Manjusha Goel
M.: 9811301945

Hony. Editor (DMA Journal)

Dr. Mukesh Gupta
M.: 9811029296

Associate Editor

(DMA Journal)
Dr. Rajiv Garg
M.: 9911966050

Message



I am delighted to know that **Pushpanjali Medicon 2025** is being held on **7th September 2025** at Hotel Leela Ambience Convention Center with the theme **"Empowering Healthcare Excellence Across Communities."**

The focus on inclusivity, equity, and innovation in healthcare is highly commendable. This conference will serve as an excellent platform for leaders, policymakers, professionals, and academicians to exchange ideas and explore practical solutions for improving healthcare delivery in India.

I wholeheartedly congratulate the organizers for their vision and commitment in bringing together such a distinguished gathering. May the deliberations at this conference inspire new approaches and strengthen our collective journey toward a healthier nation.

Wishing the event great success.

Dr. Satish Lamba
Hony. State Secretary



DELHI MEDICAL ASSOCIATION

Estd. 1914

(Registered under the Societies Act XXI of 1860)
(Delhi State Branch of I.M.A.)

DMA House, Medical Association Road, Daryaganj, New Delhi-110 002
Tel.: 23271726, 41707375 E-mail : delhimedicalassociation@gmail.com
Website : www.delhimedicalassociation.com, www.dmamembership.com



DR. GIRISH TYAGI

President
M.: 9868116491
Email: tyagigirish@hotmail.com

DR. SATISH LAMBA

Hony. State Secretary
M: 9810425906
Email: drsatishlamba1707@gmail.com

DR. A.S. POPLI

Hony. Finance Secretary
M: 9212017366
Email: poplias@yahoo.co.in

OFFICE BEARERS OF DMA

President Elect

Dr. Neelam Lekhi
M.: 9818264848

Imm Past President

Dr. Alok Bhandari
M.: 9811081892

Past President

Dr. Ashwini Dalmiya
M.: 9811542055

Sr. Vice President

Dr. Sunil Satrawal
M.: 9873617503

Vice President

Dr. Prashant Seth
M.: 9891429032

Hony. Jt. Secretaries

Dr. Abhishek Kumar
M.: 9891460425

Dr. Rita Bakshi

M.: 9810143703

Hony. Asst. Secretaries

Dr. Mukesh Verma
M.: 9868366406

Dr. Kumaar Gandhi

M.: 9810615155

Dr. Vipul Jain

M.: 9910205597

Associate Editor, DMA N/B.

Dr. Manjusha Goel
M.: 9811301945

Hony. Editor (DMA Journal)

Dr. Mukesh Gupta
M.: 9811029296

Associate Editor

(DMA Journal)
Dr. Rajiv Garg
M.: 9911966050



Message

It is truly heartening to witness our great visionary leader, Past President IMA HQs, Dr. Vinay Aggarwal Sir, organizing the grand academic conference, Pushpanjali MEDICON 2025, for the fourth consecutive year with international standards. It is indeed a privilege to be associated with this prestigious event as part of the organizing team, and I extend my warm greetings to the organizers, speakers, faculties, and all participants of Pushpanjali MEDICON 2025.

As healthcare professionals, we are entrusted not only with the responsibility of treating illnesses but also with shaping the future of medical care in India. This year's theme, "Empowering Healthcare Excellence Across Communities," beautifully reflects our collective responsibility to deliver equitable, inclusive, and innovative healthcare.

Let us continue to strive for excellence, foster collaboration, and mentor the next generation of medical professionals who will carry forward our shared vision of compassionate, evidence-based, and patient-centric care.

I am confident that this conference will inspire meaningful dialogue, foster professional growth, and further strengthen the bonds that unite us in advancing the health and well-being of our communities, as all topics are diligently selected regarding recent advances in all medical fields, woman health, medico-legal issues affecting medical professionals and many more.

My best wishes to the entire Pushpanjali MEDICON team for the grand success and impactful journey of MEDICON 2025.

Warm regards,

Dr. Neelam Lekhi
President Elect,
Delhi Medical Association



DELHI MEDICAL ASSOCIATION

Estd. 1914

(Registered under the Societies Act XXI of 1860)
(Delhi State Branch of I.M.A.)

DMA House, Medical Association Road, Daryaganj, New Delhi-110 002
Tel.: 23271726, 41707375 E-mail : delhimedicalassociation@gmail.com
Website : www.delhimedicalassociation.com, www.dmamembership.com



DR. GIRISH TYAGI

President

M.: 9868116491

Email: tyagigirish@hotmail.com

DR. SATISH LAMBA

Hony. State Secretary

M: 9810425906

Email: drsatishlamba1707@gmail.com

DR. A.S. POPLI

Hony. Finance Secretary

M: 9212017366

Email: poplias@yahoo.co.in

OFFICE BEARERS OF DMA

President Elect

Dr. Neelam Lekhi

M.: 9818264848

Imm Past President

Dr. Alok Bhandari

M.: 9811081892

Past President

Dr. Ashwini Dalmiya

M.: 9811542055

Sr. Vice President

Dr. Sunil Satrawal

M.: 9873617503

Vice President

Dr. Prashant Seth

M.: 9891429032

Hony. Jt. Secretaries

Dr. Abhishek Kumar

M.: 9891460425

Dr. Rita Bakshi

M.: 9810143703

Hony. Asst. Secretaries

Dr. Mukesh Verma

M.: 9868366406

Dr. Kumaar Gandhi

M.: 9810615155

Dr. Vipul Jain

M.: 9910205597

Associate Editor, DMA N/B.

Dr. Manjusha Goel

M.: 9811301945

Hony. Editor (DMA Journal)

Dr. Mukesh Gupta

M.: 9811029296

Associate Editor

(DMA Journal)

Dr. Rajiv Garg

M.: 9911966050



Message

I am very glad to know that Pushpanjali Medical Centre Delhi is organizing its 4th Annual National Conference, Pushpanjali Medicon 2025 on Sunday 7th September and also releasing a Souvenir on that Day.

The theme of this year conference is "Empowering Health Care Excellence across Communities" speaks volumes of the Vision and Farsightedness of Chief Patron Dr Vinay Aggarwal Sir.

This theme will surely act like a bridge between Doctors and Communities, will help in betterment of Health care and improving Doctor Patient relationship too. I wish this Conference a Big Success, which I am sure will be due to Organizational skills of Dr. Ashok Grover, Dr Manish Kumar, Dr Karun Jain and Dr Kumar Gandhi and entire Organizing Team.

The entire organizing Team has worked very hard for a flawless grand show under leadership of Dr Vinay Agrawal. As Finance Secretary DMA I understand the importance of Finances in organizing such mega conferences and efforts and pain it takes to generate the finances. Hats off to the whole organizing Committee for this.

I wish them all the best and assure all the support if required from DMA.

Regards

Dr. A S Popli

Finance Secretary

Delhi Medical Association



Dr. Vinay Aggarwal
Chief Patron
Pushpanjali MEDICON 2025

Hello to all my fellow colleagues and aspiring healthcare professionals at **PUSHPANJALI MEDICON 2025**. It's a privilege to be part of this year's souvenir for a conference that is sure to be insightful and inspiring.

The theme, "**Empowering Healthcare Excellence Across Communities**," really hits home. It's a great reminder that our work goes beyond our clinics and hospitals. We're responsible for building a "healthier India one community" at a time, making sure everyone has access to top-notch, compassionate, and creative healthcare.

This conference is a great opportunity for us to get together. Let's use this time to share ideas, best practices, and work together on new strategies to deliver fair and inclusive healthcare. The future of healthcare in India is in our hands, and what we do together can have a lasting effect.

To the young medical students and professionals here, I urge you to always keep learning and innovating. Your passion and dedication are what will drive the next generation of great healthcare.

My sincere congratulations to the **Pushpanjali Medical Centre** and the **Indian Medical Association, East Delhi Branch**, for putting on this important event. I hope PUSHPANJALI MEDICON 2025 is a source of inspiration and a spark for positive change.

All the best,



Dr. Shitij Bali
Past Hony. Finance Secretary
Indian Medical Association



Ref: MPMCD-000375

MESSAGE

Healthcare is not just a profession-it is a promise. A promise to serve with knowledge, skill, and compassion. A promise to protect life, relieve pain, and bring hope in times of fear. The theme of "Empowering Excellence Across Communities" reflects the spirit of this promise. Pushpanjali MEDICON 2025 is more than a conference- it is a meeting of minds and hearts. It is where wisdom meets youth, where experience guides enthusiasm, and where science and humanity walk hand in hand. May this platform spark ideas and inspire our doctor fraternity to heal not only the body but also the spirit. May it remind every participant that their role in society is both a responsibility and a privilege.

I extend my warm wishes for the success of this annual event and for the continued journey towards a healthier, stronger, and more compassionate Anand Vihar and India

Regards,



(Dr. Monika Pant)

रमेश कुमार गर्ग

निगम पार्षद

वार्ड 204, प्रीत विहार, दिल्ली

सोसाइटी ऑफिस, गेट नं. 2

गगन विहार, दिल्ली-110051

मो. 9810403200



RAMESH KUMAR GARG

COUNCILLOR

PREET VIHAR, WARD NO. 204

SOCIETY OFFICE, GATE NO. 2

GAGAN VIHAR, DELHI - 110051

MOBILE NO. 9810403200

Ref No.

Date 18/08/2025

Dr. Vinay Aggarwal Ji,
Chief Patron,
Pushpanjali MEDICON - 2025



Please accept my warmest congratulations on publishing Souvenir - "Pushpanjali Medicon - 2025" at Annual Conference to be held in association with the Indian Medical Association.

Thank you for your unwavering dedication and compassionate care. Your commitment to healing and well-being is deeply appreciated. Pushpanjali Medical Centre is a vital part of our community, and we appreciate all that you do. I also want to assure you that your efforts have not gone unnoticed. The entire nation is grateful to doctors and medical staff for services to the needy ones especially during pandemic. I hope that you will continue to serve the people with the same dedication and passion.

The theme for this Annual Conference, "Empowering Healthcare Excellence Across Communities" is also chosen very wisely as through the theme itself, you are giving a clear message to the community to come together to serve the nation and keep the society healthy.

Once again, my heartiest congratulations to you and everyone in the team for the annual conference and Souvenir. I warmly thank you for giving me space to write my thoughts and wishes.

With profound regards,

Ramesh Garg Deputy
Chairman,
MCD, Health Committee C

Municipal Councillor, Preet Vihar Ward#204



Ramesh
RAMESH KUMAR GARG
Municipal Councillor
Ward No. 204, Preet Vihar
Municipal Corporation of Delhi



INDIAN MEDICAL ASSOCIATION EAST DELHI BRANCH

(Under Delhi State Branch, IMA)

35-X, Institutional Area, Karkardooma, Delhi 110092

Tel: 011-22373535, 7678421886

Email: imaedb@yahoo.co.in, Website: Http://www.imaedb.com



President

Dr. Shama Batra

M: 9810186163

Email: drshamabatra@gmail.com

Hony. Secretary

Dr. Nilu Gandhi

M: 9810976639

Email: drneelugupta2611@gmail.com

Hony. Secretary Finance

Dr. Preeti Gaur

M: 9871616808

Email: drsureshpreeti@yahoo.com

Imm. Past President

Dr. Radha Jain

Past President

Dr. Gladbin Tyagi

Vice Presidents

Dr. Deepa Gupta

Dr. Mamta Thakur

Editor

Dr. Chhavi Gupta

Editor Journal

Dr. T. K. Mathur

Dr. Sunanda Arora

Guest Editor

Dr. Narain Harisinghani

Dr. Suresh Gaur

Joint Secretary

Dr. M. K. Saxena

Dr. Ashe Sahai

Dr. Sushil Vimal

Dr. Sameer Rana

Dr. Sweena Arora

Dr. Himanshu Tyagi

Dr. Paras Gangwal

Joint Secretary Finance

Dr. TK Mathur

Dr. Anil Kush

Dr. Manoj Goyal

Dr. Shubham Garg

Joint Editor

Dr. Ashish Makkar

Dr. Renu Singhal

Dr. Angelika Batta

Asst. Secretary

Dr. Abha Sharma

Dr. Abha Arora

Dr. Manish Singh

Dr. Sunil Shangloo

Dr. Jeet Singh

Dr. Nirupama Tyagi

Dr. Vibha Bansal

Asst. Secretary Finance

Dr. Gopal Jha

Dr. Rajesh Malhotra

Dr. Kirti Nirmal

Dr. Gaurav Kansal

Asst. Editor

Dr. Archana Gupta

Dr. LP Dugar

Dr. Sanjay Kaushik

Dr. Vivek Jain

Message

It gives me immense pleasure to convey my best wishes on the occasion of **Pushpanjali Medicon**, organized by **Dr. Vinay Aggarwal** and the **Pushpanjali Group** in September.

Such academic gatherings are the true reflection of our medical fraternity's commitment towards **ज्ञान, सेवा और संवेदना**. They provide an excellent platform for learning, sharing experiences, and updating ourselves with the latest advances in medical science.

As President IMA EDB, I firmly believe that **निरंतर शिक्षा ही श्रेष्ठ चिकित्सक की पहचान है**. Programs like these help us to strengthen not only our knowledge but also our bonds of friendship and unity.

Pushpanjali Medicon stands as an inspiration for younger generations of doctors, showing how dedication and teamwork can create opportunities for professional excellence.

Events like this also remind us of our social responsibility— **एक अच्छा चिकित्सक केवल रोग नहीं देखता, वह रोगी को देखता है**—with empathy and compassion.

I sincerely appreciate the relentless efforts of **Dr. Vinay Aggarwal** and the **Pushpanjali** team, whose vision and leadership have made this event possible. Such initiatives enrich the medical community and uplift the standards of healthcare delivery.

I extend my heartfelt congratulations to the organizers and wish this Medicon great success. May it continue to grow year after year and inspire us all to serve our patients and society with renewed dedication, unity, and compassion.

Best wishes

Dr. Shama Batra

President, IMA EDB



Dr. Shama Batra
President, IMA EDB



INDIAN MEDICAL ASSOCIATION EAST DELHI BRANCH

(Under Delhi State Branch, IMA)

35-X, Institutional Area, Karkardooma, Delhi 110092

Tel: 011-22373535, 7678421886

Email: imaedb@yahoo.co.in, Website: Http://www.imaedb.com



President

Dr. Shama Batra

M: 9810186163

Email: drshamabatra@gmail.com

Hony. Secretary

Dr. Nilu Gandhi

M: 9810976639

Email: drneelugupta2611@gmail.com

Hony. Secretary Finance

Dr. Preeti Gaur

M: 9871616808

Email: drsureshpreeti@yahoo.com

Imm. Past President

Dr. Radha Jain

Past President

Dr. Gladbin Tyagi

Vice Presidents

Dr. Deepa Gupta

Dr. Mamta Thakur

Editor

Dr. Chhavi Gupta

Editor Journal

Dr. T. K. Mathur

Dr. Sunanda Arora

Guest Editor

Dr. Narain Harisinghani

Dr. Suresh Gaur

Joint Secretary

Dr. M. K. Saxena

Dr. Ashe Sahai

Dr. Sushil Vimal

Dr. Sameer Rana

Dr. Sweena Arora

Dr. Himanshu Tyagi

Dr. Paras Gangwal

Joint Secretary Finance

Dr. TK Mathur

Dr. Anil Kush

Dr. Manoj Goyal

Dr. Shubham Garg

Joint Editor

Dr. Ashish Makkar

Dr. Renu Singhal

Dr. Angelika Batta

Asst. Secretary

Dr. Abha Sharma

Dr. Abha Arora

Dr. Manish Singh

Dr. Sunil Shangloo

Dr. Jeet Singh

Dr. Nirupama Tyagi

Dr. Vibha Bansal

Asst. Secretary Finance

Dr. Gopal Jha

Dr. Rajesh Malhotra

Dr. Kirti Nirmal

Dr. Gaurav Kansal

Asst. Editor

Dr. Archana Gupta

Dr. LP dugar

Dr. Sanjay Kaushik

Dr. Vivek Jain



Message

"Dream deep, for every dream precedes the goal." – Rabindranath Tagore

Staying true to this timeless belief, we are delighted to welcome you to the **4th Pushpanjali Medicon 2025!**

Over the years, this one-of-its-kind annual conference by Pushpanjali Medical Centre has grown into a landmark in the medical fraternity—an event that even the largest corporate hospitals of Delhi NCR aspire to emulate.

This year, Medicon shines brighter than ever with: A stellar lineup of renowned national speakers and distinguished international faculty, An overwhelming milestone of 2,500 doctor registrations from across Delhi NCR, A vibrant exhibition of 100+ stalls—from cutting-edge pharmaceuticals to elegant jewellery and lifestyle showcases—bringing together knowledge, innovation, and celebration under one roof.

At the heart of this inspiring journey is the visionary leadership of Dr. Vinay Aggarwal, whose foresight and unwavering dedication have transformed Medicon into not just a scientific conference, but a festival of learning, collaboration, and camaraderie. As we embark on this new chapter of growth and excellence, we look forward to scaling even greater heights—guided by his vision and fueled by your enthusiastic participation.

Here's to Pushpanjali Medicon 2025—where dreams converge into goals, and goals transform into achievements!

Best wishes and Regards

Dr. Nilu Gandhi

Hony Secretary IMA-EDB



INDIAN MEDICAL ASSOCIATION

EAST DELHI BRANCH

(Under Delhi State Branch, IMA)

35-X, Institutional Area, Karkardooma, Delhi 110092

Tel: 011-22373535, 7678421886

Email: imaedb@yahoo.co.in, Website: Http://www.imaedb.com



President

Dr. Shama Batra

M: 9810186163

Email: drshamabatra@gmail.com

Hony. Secretary

Dr. Nilu Gandhi

M: 9810976639

Email: drneelugupta2611@gmail.com

Hony. Secretary Finance

Dr. Preeti Gaur

M: 9871616808

Email: drsureshpreeti@yahoo.com

President Elect

Dr. Sarvesh Tandon

Imm. Past President

Dr. Radha Jain

Past President

Dr. Gladbin Tyagi

Vice Presidents

Dr. Deepa Gupta

Dr. Mamta Thakur

Editor

Dr. Chhavi Gupta

Editor Journal

Dr. T. K. Mathur

Dr. Sunanda Arora

Guest Editor

Dr. Narain Harisinghani

Dr. Suresh Gaur

Joint Secretary

Dr. M. K. Saxena

Dr. Ashe Sahai

Dr. Sushil Vimal

Dr. Sameer Rana

Dr. Sweena Arora

Dr. Himanshu Tyagi

Dr. Paras Gangwal

Joint Secretary Finance

Dr. TK Mathur

Dr. Anil Kush

Dr. Manoj Goyal

Dr. Shubham Garg

Joint Editor

Dr. Ashish Makkar

Dr. Renu Singhal

Dr. Angelika Batta

Asst. Secretary

Dr. Abha Sharma

Dr. Abha Arora

Dr. Manish Singh

Dr. Sunil Shangloo

Dr. Jeet Singh

Dr. Nirupama Tyagi

Dr. Vibha Bansal

Asst. Secretary Finance

Dr. Gopal Jha

Dr. Rajesh Malhotra

Dr. Kirti Nirmal

Dr. Gaurav Kansal

Asst. Editor

Dr. Archana Gupta

Dr. LP dugar

Dr. Sanjay Kaushik

Dr. Vivek Jain



Message

Pushpanjali Medicon 2025 is a reflection of the tireless commitment and far-sighted vision of Dr. Vinay Aggarwal. His constant pursuit of academic excellence and innovation has elevated this conference into one of the most awaited scientific platforms in the medical fraternity. The rich blend of knowledge sharing, clinical updates, and multidisciplinary interactions truly mirrors his dedication to the cause of medical advancement. By bringing together experts, researchers, and young minds, he has created an enduring space for meaningful dialogue and collaboration.

Moreover, his unwavering passion for fostering continuous learning and nurturing emerging talent has significantly strengthened the foundation of this prestigious event. I extend my deepest appreciation for his remarkable efforts and outstanding contribution to healthcare education, which continue to inspire and uplift the entire medical community.

Dr. Sarvesh Tandon

President Elect 2026-27

IMA East Delhi branch



INDIAN MEDICAL ASSOCIATION EAST DELHI BRANCH

(Under Delhi State Branch, IMA)

35-X, Institutional Area, Karkardooma, Delhi 110092

Tel: 011-22373535, 7678421886

Email: imaedb@yahoo.co.in, Website: Http://www.imaedb.com



President

Dr. Shama Batra

M: 9810186163

Email: drshamabatra@gmail.com

Hony. Secretary

Dr. Nilu Gandhi

M: 9810976639

Email: drneelugupta2611@gmail.com

Hony. Secretary Finance

Dr. Preeti Gaur

M: 9871616808

Email: drsureshpreeti@yahoo.com

Imm. Past President

Dr. Radha Jain

Past President

Dr. Gladbin Tyagi

Vice Presidents

Dr. Deepa Gupta

Dr. Mamta Thakur

Editor

Dr. Chhavi Gupta

Editor Journal

Dr. T. K. Mathur

Dr. Sunanda Arora

Guest Editor

Dr. Narain Harisinghani

Dr. Suresh Gaur

Joint Secretary

Dr. M. K. Saxena

Dr. Ashe Sahai

Dr. Sushil Vimal

Dr. Sameer Rana

Dr. Sweena Arora

Dr. Himanshu Tyagi

Dr. Paras Gangwal

Joint Secretary Finance

Dr. TK Mathur

Dr. Anil Kush

Dr. Manoj Goyal

Dr. Shubham Garg

Joint Editor

Dr. Ashish Makkar

Dr. Renu Singhal

Dr. Angelika Batta

Asst. Secretary

Dr. Abha Sharma

Dr. Abha Arora

Dr. Manish Singh

Dr. Sunil Shangloo

Dr. Jeet Singh

Dr. Nirupama Tyagi

Dr. Vibha Bansal

Asst. Secretary Finance

Dr. Gopal Jha

Dr. Rajesh Malhotra

Dr. Kirti Nirmal

Dr. Gaurav Kansal

Asst. Editor

Dr. Archana Gupta

Dr. LP dugar

Dr. Sanjay Kaushik

Dr. Vivek Jain



Message

As we Step into this Remarkable Flagship Conference Pushpanjali Medicon 2025, We are reminded of the Profound responsibility we hold as Professionals, innovators and Leaders in the service of humanity.

This Conference is not merely a form of academic exchange but a Celebration of ideas , innovations and Collaborations that pave the way towards a healthier tomorrow. Each session , each shared insight has the Potential to transform challenges into opportunities and aspirations into achievements.

Excellence in Healthcare is not defined solely by Scientific advancement but also by Empathy, Integrity and a vision that Prioritises human dignity. Let this Flagship Conference Mega Event Pushpanjali Medicon 2025 Ignite in us the Spirit to push Boundaries, embrace innovation & cultivate partnerships that empower us to rise beyond limitations. Together we can shape a future where the pursuit of healthcare excellence becomes a legacy of Hope, Healing & Humanity.

This Souvenir stands as a Testament to the Collective spirit of Dedication, Resilience & Innovation that drives the Healthcare Fraternity. May this Souvenir inspire us all to Reaffirm our shared vision to Create Healthier Communities , and to leave behind a Legacy of Healthcare that shines with Excellence. To the Young Medical Aspirants You are the Torchbearers of Tomorrow. The journey you have chosen is Demanding, yet Profoundly Rewarding. Let Curiosity be your Constant Guide, Let integrity be your Strongest Foundation & Compassion your most Powerful Tool. In a World of Advancing Technologies and Evolving Challenges never lose sight of the human touch -the Essence of Medicine lies as much in listening with Empathy as it does with Healing in Science.

May this Souvenir serve as a Reminder that each Step taken in the Pursuit of Knowledge, each act of Care and each Contribution to Healthcare Excellence brings us closer to a Future where Health is not a Privilege but a Universal Right.

Together let us continue to Empower Healthcare with Innovation, Dedication and an Unwavering Commitment to Humanity.

Dr. Preeti Gaur

Finance Secretary

IMA EDB

For Treatment of Iron Deficiency Anemia in CKD,

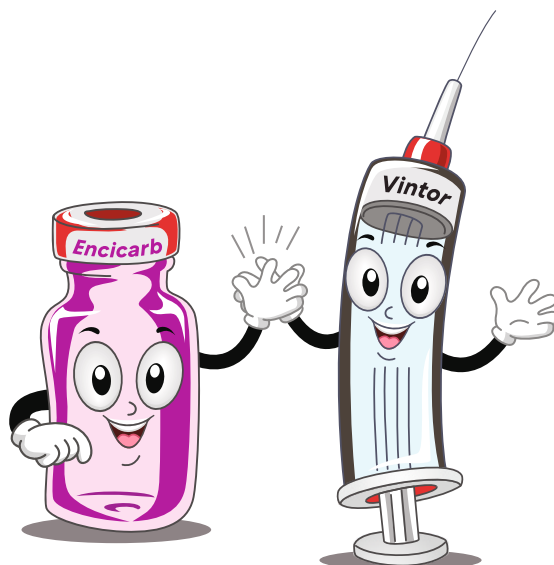
Encicarb[®] 100 mg / 2 ml
500 mg / 10 ml
Ferric Carboxymaltose Injection

For Treatment of Anemia in CKD,

Vintor[®] 2000 IU/ml
4000 IU/ml
6000 IU/ml
10000 IU/ml
Human Recombinant EPO Injection

A Seasoned Ally  of CKD Patients

Trust the Duo
For effective management of **Anemia**



For Prescribing Information



Encicarb



Vintor

CKD: Chronic Kidney Disease
For use of registered medical practitioner or hospital.
Report adverse event at safety@gennova.bio.
Gennova Biopharmaceuticals Limited, Pune, Maharashtra.
PVC Code: REN/0725/01

CMD'S Address



It is with immense joy and deep professional pride that I welcome you all to Pushpanjali Medicon 2025. What started as a humble initiative to bring healthcare professionals together has, over the years, evolved into a national platform championing excellence in medicine, medical education, and public health. The resounding success and overwhelming response to last year's Pushpanjali Medicon have inspired us to raise the bar even higher this year.

Our theme for this year—Excellence in Healthcare—has been carefully chosen to reflect the most pressing challenges and evolving needs of the medical landscape. Medicon 2025 is not just an academic congregation; it is a powerful forum to encourage solutions that go beyond the hospital corridors—reaching communities, policymakers, and institutions alike. It is our firm belief that meaningful change in healthcare happens when academic rigor is aligned with practical, on-ground impact.

What continues to strengthen our mission is the collaborative spirit of this event. Our continued engagement with policymakers, thought leaders, and esteemed professionals ensures that Medicon remains a dynamic and solution-oriented platform. The presence of distinguished dignitaries and national leaders this year reaffirms the relevance and urgency of the issues we are addressing.

This souvenir is not merely a compilation of events and sessions—it is a reflection of our shared vision, hard work, and achievements. It stands as a symbol of how far we've come, and the possibilities that lie ahead.

I extend my heartfelt gratitude to every speaker, delegate, sponsor, and team member who has contributed their energy and passion toward making this event a success. Let us continue to strive together for a healthier, more inclusive, and compassionate world. Let Pushpanjali Medicon 2025 be a beacon of knowledge, collaboration, and transformation.

Best wishes,

Dr. Vinay Aggarwal

Chairman & Managing Director – Pushpanjali Medical Research and Education Centre

Past National President – Indian Medical Association

Recipient of BC Roy National Award

Recipient of IMA Dr. AKN Sinha National Award

Dr. Ankit Varshney
DELHI SPORTS DOC™

Arthroscopy, Sports Medicine, Knee & Shoulder Specialist



DR. ANKIT VARSHNEY
MBBS, MS (Orth.) FASM

SPECIALITIES



Advanced Arthroscopy of
Knee, Shoulder, Hip, Ankle, Wrist
& Elbow



Joint Preservation



Sports Medicine



Shoulder Surgery



Biologic Injections



Geeta Phogat
Gold Medalist, CWG 2010,
Wrestling



Sakshi Malik
Olympic 2016 Medalist,
Wrestling



Pooja Dhanda
Olympic 2010, CWG 2018
Medalist, Wrestling



Rohit Tokas
CWG 2022 Medalist,
Boxing

Trusted By The Elite Athletes Of India | Practicing Exclusive Sports Orthopaedics & Shoulder



**Sant Parmanand
Hospital**

Kashmere Gate, Delhi



**Accurate
Orthopaedics &
Sports Medicine**

Ghaziabad, Delhi-NCR

FELLOWSHIPS

Arthroscopy & Sports Orthopaedics – KDA Hospital, Mumbai, India
Shoulder & Sports Trauma – HUMS, Seoul, South Korea
Orthopaedic Sports Medicine – Singapore General Hospital

For Appointment: **+91 81788 17132**

www.delhisportsdoc.com

From the Desk of Organising Chairperson



It gives me immense pleasure and pride to welcome you all to Pushpanjali Medicon 2025—an academic and cultural celebration that has now become a landmark event in the medical fraternity of Delhi-NCR and beyond. From its inception, Pushpanjali Medicon was envisioned not merely as a medical conference, but as a multidisciplinary platform that fosters education, connection, innovation, and outreach.

This year, we have not only upheld that vision—we have expanded it. With a curated blend of knowledge, skill-building, and community engagement, Medicon 2025 promises to leave a lasting impact.

We announced the event to our esteemed delegates with three multi-specialties online 'Quiz Competition' conducted in successive three months.

On-the-Spot Painting Competition is scheduled for 16th November 2025 at the prestigious Talkatora Stadium, New Delhi. This year's core focus areas for the painting competition are subjects of urgent public health relevance - Geriatric Care, Assisted Living, Road Safety, Obesity, Cancer, and Anemia. Workshop on First ACLS-BLS training was conducted on 6th September 2025 by American Heart Association instructors of Life Savers Association.

Dr JK Jain Oration will be delivered by Dr RV Asokan, Dr Shekhar Agarwal Memorial Oration will be delivered by Dr Amitava Gupta on “My Life's Journey through Hand Surgery” and Dr MM Aggarwal Memorial Lecture will be delivered by Dr Vijay Agarwal on “Beyond Protocols: Leadership as the Pillar of Safe Healthcare Delivery”.

The speaker sessions at Medicon 2025 span a broad array of specialties including Nephrology, Neurology, Cardiology, Orthopedics Pulmonology, Psychiatry. The diversity in topics reflects our core philosophy—that excellence in healthcare stems from both depth of knowledge and breadth of perspective.

Guest lectures on topics like “Management of Congestive Heart Failure”, “Changing Portrayals of Doctors in Hindi Cinema, and Conundrum of Ethical Dilemma” will be delivered by stalwarts in their respective field with lot to learn for everyone.

I extend my deepest gratitude to our speakers, delegates, sponsors, volunteers, and organizing team for their tireless efforts. Your passion and commitment have made this conference not just an academic event, but a meaningful movement for advancing healthcare.

Wishing you all a rewarding and memorable Medicon 2025.

Warm regards,

Dr. Ashok Grover
Organising Chairman
Pushpanjali Medicon 2025

STARDOM'S FINEST HOUR

Reserved for the last select few.

NOW WITH THE FINEST PAYMENT PLAN

40:60*

(For 25 Units Only)



LIMITED EDITION 2 & 3 BED RESIDENCES


ULTRA LUXURY
SPECIFICATIONS


OPULENT CLUB
HOUSE


GRAND DOUBLE HEIGHT
ENTRANCE LOBBIES


UNIQUE GLASS
FAÇADE


LOW DENSITY
DEVELOPMENT


EXPANSIVE 3 SIDE
OPEN HOMES

RERA REG NO. UPRERAPRJ677294 | www.up-rera.in | www.acegroupindia.com

*Payment Plan- 40% on booking | 60% on offer of possession.

From the Desk of Executive Secretary



It is with immense satisfaction and heartfelt gratitude that I share my reflections as the Executive Secretary of Pushpanjali Medicon 2025. This year's event has been nothing short of a landmark in our continued journey to build a more connected, collaborative, and compassionate medical community.

Serving as the Executive Secretary gave me the unique responsibility of overseeing the logistical and academic execution of a conference that has now become one of the region's most respected and anticipated gatherings in healthcare. What unfolded over the past several months was a testament to the power of teamwork, vision, and shared purpose.

The groundwork for Medicon 2025 began well before the main event. From coordinating academic tracks and faculty invitations to planning skill-based workshops and youth engagement initiatives, every detail was carefully mapped to ensure that we offered value at every level. The pre-conference activities—from BLS-ACLS certifications to the three-month-long Inter-specialty Quiz Competition—reflected our commitment to consistent academic engagement rather than a single-day conference model.

We will witness a seamless fusion of science and social relevance through the Painting Competition, which not only showcases the artistic talent of participants but also highlights critical healthcare challenges like Geriatric Care, Cancer, Anemia, Road Safety, and Obesity. These entries serve as a creative reflection of the social dimensions of medicine—reminding us that healthcare is ultimately about people, not just protocols.

One of the defining features of Medicon 2025 is the diversity of participation—from senior faculty and administrators to residents, students, and allied professionals. The inclusiveness of this platform has created a space where young minds can engage with seasoned experts in meaningful dialogue, and that has always been one of our core goals.

I also wish to highlight the behind-the-scenes effort of the volunteers, support staff, and committee members, who worked tirelessly to ensure that the event progresses smoothly—from registration to stage management to hospitality. Their dedication is truly the backbone of Medicon.

As we close this edition, I feel proud—not just for what we accomplish, but for the spirit we carry forward. Pushpanjali Medicon is more than a conference; it is a growing movement of healthcare excellence, and I am humbled to be part of its continuing journey.

Warm regards,

Dr. Manish Kumar
Executive Secretary
Pushpanjali Medicon 2025

From the Desk of Organising Secretaries



Dr. Karun Jain
Organising Secretary
Pushpanjali Medicon 2025



Dr. Kumar Gandhi
Organising Secretary
Pushpanjali Medicon 2025

Pushpanjali Medicon 2025 has emerged as a landmark scientific event, reflecting vision and execution at its best. Under Dr. Vinay Aggarwal's leadership, this conference brought together diverse specialties, fostering collaboration and creating a dynamic forum for clinical knowledge, research, and technological innovations. With over 2,000 delegates and 150 trade exhibition stalls, it set a new benchmark for multi-specialty conferences in India.

The conference's multi-specialty design enables cross-disciplinary learning, allowing doctors to broaden their horizons and integrate insights from allied specialties. The sessions balanced clinical updates, practical guidelines, and emerging technologies, strengthening knowledge and clinical application.

As Organising Secretaries, we pride ourselves on being part of this milestone journey. This success is a testament to Dr. Vinay Aggarwal's vision, transforming Pushpanjali Medicon 2025 into a celebration of medical learning, professional unity, and innovation. We're confident it will be remembered for years to come as a benchmark of academic excellence and collaboration.

Dr. Karun Jain

Dr. Kumar Gandhi

From the Desk of Chairperson Scientific Committee



It is with immense pride and enthusiasm that I extend a warm welcome to all esteemed delegates, faculty members, and participants to Pushpanjali Medicon 2025, scheduled to be held on 7th September 2025 at Leela Ambience Convention Hotel, Karkardooma, Delhi

This year's scientific program promises a true extravaganza of knowledge—a meticulously curated agenda that spans the breadth and depth of contemporary medical science. With three parallel sessions across Halls A, B, and C, the conference will showcase a constellation of national and international experts delivering thought-provoking lectures and engaging discussions on topics of vital clinical relevance. From groundbreaking advancements to nuanced clinical pearls, the sessions are designed to provide practical insights and evidence-based perspectives that will enrich your clinical acumen.

The conference will feature a souvenir booklet, compiling abstracts of all talks and serving as a lasting record of the intellectual exchange that defines Pushpanjali Medicon. It stands as a testament to the academic rigor and collaborative spirit that this conference embodies.

On behalf of the organizing committee, I extend a heartfelt invitation to all medical professionals to be part of this exceptional gathering. Come join us to immerse yourself in a day of enlightenment, networking, and inspiration. Whether you are a clinician, educator, researcher, or student, Pushpanjali Medicon 2025 is your platform to engage with pioneers, challenge paradigms, and expand your professional horizons.

We look forward to welcoming you and sharing an unforgettable day of medical wisdom.

Warm Regards

Dr. RPS Makkar
Organizing Scientific Chairperson
Pushpanjali Medicon 2025

Organizing Committee



Dr. Vinay Aggarwal
Chief Patron



Dr. Parkash Gera
Patron



Dr. Bipin Kumar Gupta
Patron



Dr. Yogesh Jhamb
Patron



Mr. Sudhir K. Singhal
Patron



Dr. Ashok Grover
Organising
Chairman



Dr. Neeraj Jain
Organising
Co-Chairman



Dr. Neeru P. Aggarwal
Organising
Co-Chairman



Dr. Anita Aggarwal
Organising
Co-Chairman



Dr. Nishesh Jain
Organising
Co-Chairman



Dr. Manish Kumar
Executive Secretary



Dr. Karun Jain
Organising
Secretary



Dr. Kumaar Gandhi
Organising
Secretary



Dr. Ankit Bhatia
Jt. Organising
Secretary



Dr. Sumer Sharma
Jt. Organising
Secretary



Dr. Manju Govil
Jt. Organising
Secretary



Dr. Deepak Batra
Jt. Organising
Secretary



Dr. Sahil Gupta
Jt. Organising
Secretary



Dr. Purneetha Singh
Jt. Organising
Secretary



Mr. Gaurav Grover
Jt. Organising
Secretary

Advisors



Dr. Sudesh Aggarwal



Dr. Sowjanya
Aggarwal



Dr. L D Sota



Dr. Garima Aggarwal



Dr. Rajesh Dhall



Dr. Piyush Jain



Dr. Vineet Jain



Dr. Ajay Lekhi



Dr. Swaraj Garg



Dr. Neelam Lekhi



Dr. Poonam Goyal



Dr. V K Monga

Scientific Committee



Dr. Ravinder Makkar



Dr. Swathi Jami



Dr. Pankaj Chaudhary



Dr. Gaurav Minocha



Dr. Sandeep
Aggarwal



Dr. Gopal Sharma



Dr. Atul Jain
(Ortho)



Dr. Manisha Dassi



Dr. Rahul Aggarwal



Dr. Pabitra Sahu



Dr. Batsalya Anand



Dr. Rupali Gupta

Souvenir Committee



Dr. Deepak Pande



Dr. Anita Jain



Dr. Renu Aggarwal

Organizing Committee Members

Dr. Atul Jain (ENT)

Dr. Aditi Bhutani

Dr. Mukesh Ajmera

Dr. Druhin Grover

Dr. Prabhbani Bindra

Dr. Ankit Tyagi

Dr. Chander Lata

Dr. Apoorva Reddy

Dr. Karan Bagga

Dr. Gautam Jain

Dr. Manoj Goel

Dr. Deepa Gupta

Dr. Deepika Verma

Dr. Preeti Gaur

Dr. Manoj Bansal

Dr. Mukesh Koshal

Dr. A K Kundalia

Dr. Radha Jain

Dr. Shama Batra

Dr. Sangeeta Goel

Dr. Neelu Gandhi

Dr. Puja Prasad

Dr. Ragini Gupta

Dr. R K Nabh

Dr. Praveen Jain

Dr. Hridesh Sant

Dr. Narinder Saini

Dr. Sushil Vimal

Dr. Rakesh Atray

Dr. Rakhi Rawat

Dr. Paras Gangwal

Dr. Pritesh Maheshwari

Dr. Soumya Sharma

Dr. Sneha Jodhani

Dr. Chirag Jain

Dr. Ruby Bansal

Dr. Sanyam Jain

Dr. Majid Khan

Dr. Deepak Sarin

Dr. Varun Goyal

Dr. Dipti Nabh

Board of Directors



Dr. Vinay Aggarwal
Chairman &
Managing Director



Dr. Sudesh Aggarwal
Director



Dr. Gaurav Aggarwal
Director



Dr. Sowjanya Aggarwal
Director



Dr. Garima Aggarwal
Director



Mr. S K Singhal
Director Finance

Management



Dr. Manish Kumar
Medical Director



Mr. Gaurav Grover
General Manager
Operations



Ms. Lalithamma Kp
Chief Administrator



Ms. Deepa Bhatnagar
Finance Head



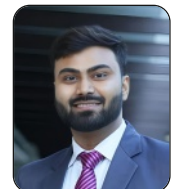
Ms. Shanty George
Nursing Superintendent



Ms. Shweta Gupta
Manager Internal
Operations



Mr. Manoj Choudhary
Facility Manager



Mr. Parveen Singh
Executive Assistant

Best-in-Class Healthcare in the Comfort of Your Home



24/7 Services



Step-Down ICU
& Critical Care



Nursing Care &
Health Attendants



Lab Tests &
Diagnostics



Physiotherapy
& Rehabilitation



Nursing
Procedures



Medical
Equipment



Doctor Consult/
Home Visit



Palliative &
Supportive Care



Adult
Vaccination



Medicine
Delivery*



Mother &
Child Care

*T&C Apply

Services available in : Delhi NCR | Mumbai | Chandigarh Tri-City | Dehradun | Nagpur | Lucknow



8744 888 888

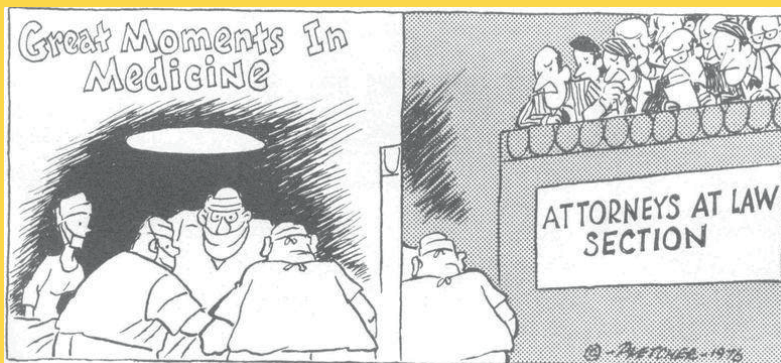
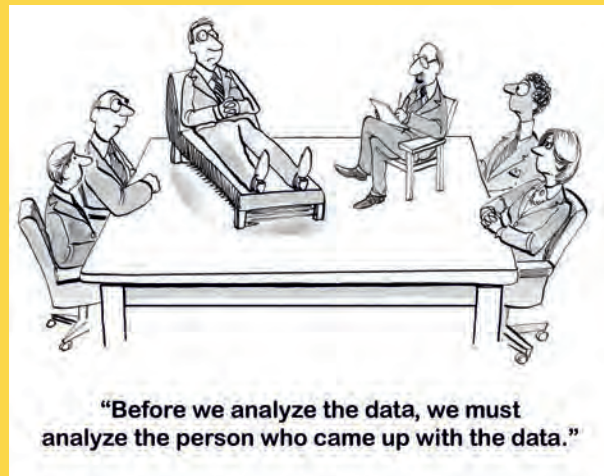


2



Medicon 2025

where the magic happens



Quiz Flyers

Our painting competition, a visual narrative on the themes of Geriatric Care, Assisted Living, Road Safety, Obesity, Cancer, and Anemia, brings to life the human side of healthcare through the vibrant imaginations of our school children.

Medicon 2025 also hosts a rich bouquet of scientific sessions, expert panels, and keynote lectures being delivered by some of the finest minds in medicine. A truly interdisciplinary celebration of healthcare, the event exemplifies the integration of clinical rigour with creative expression and community engagement.

With immense pride and joy, we present to you the 2025 edition of Pushpanjali Medicon, a flagship event that has, over the years, evolved into a dynamic confluence of medical science, public health education, and creative expression. From its modest beginnings, Medicon has now grown into one of the most anticipated multi-disciplinary healthcare summits in the region—bringing together clinicians, educators, policy influencers, wellness experts, and the larger community with a shared commitment to advancing healthcare excellence.

Building on the overwhelming response and legacy of last year's success, Pushpanjali Medicon 2025 takes a monumental step forward—not just in terms of scale, but in its inclusive, expansive vision. This year's event, being held at the iconic The Leela Ambience Convention Hotel, East Delhi on 7th September (Sunday) 2025, has drawn over 5,000 participants.

The run-up to the main event has been as engaging as the conference itself, with an array of academic and creative activities being held over a span of few months. These include BLS and ACLS workshops, Suicide Prevention workshops, Painting Competition and an inter-specialty medical quiz competition. The quiz rounds, that have witnessed participation from residents and practitioners across NCR and beyond, were designed to challenge and celebrate knowledge across multiple domains including medicine, surgery, paediatrics, orthopaedics, dermatology, psychiatry, and public health.



Brain storming at initial stage



Souvenir Committee at work



Disseminating info about Medicon
at a DMA Conference

ORATIONS

DR. J K JAIN MEMORIAL ORATION

Topic : Current Status of Healthcare in India and Challenges

Speaker : Dr. R.V. Asokan

Past National President IMA
Strategic Advisor - WHO (TB-Geneva)



DR. SHEKHAR AGARWAL MEMORIAL ORATION

Topic : My Life's Journey through Hand Surgery

Speaker : Dr. Amitava Gupta

Director, Norton Arm & Hand Institute
Clinical Professor of Orthopaedic Surgery,
University of Louisville, United States



DR. M M AGGARWAL MEMORIAL LECTURE

**Topic : Beyond Protocols: Leadership as the
Pillar of Patient Safety**

Speaker : Dr. Vijay Agarwal

President of CAHO
President Society for Child Development
Former Advisor GAPIO



GUEST LECTURES



Topic: Management of Congestive Heart Failure- EP Overview

Guest: Dr. Terrance Khastgir, MD

Electrophysiology, Cardiology & Cardiovascular
Disease Integris Baptist Medical Center,
United States of America

Topic : Faith, Ethics and Leadership in Modern Medicine

Guest : Dr. J. A. Jayalal

President, Commonwealth Medical
Association (2025–27)
Past National President,
Indian Medical Association (2020–21)
Professor & HOD of Surgery,
Kanyakumari Govt Medical College



Topic: Changing Portrayal of Doctors in Hindi Cinema

Guest: Dr. Satyendra K Tyagi

Consultant Gastroenterologist
MBBS, MD (Internal Med. PGI),
MAMS Meerut Medical Centre



RIVPRA Formulation Pvt. Ltd.

We are Pioneers & Innovators
in manufacturing
entire range Of
Nephrology and
Transplant medicines



TRUSTED BY MEDICAL FRATERNITY, VALUED BY CUSTOMERS

Our offering:

- | | |
|----------------------------------|-----------------------|
| • Sodium Bicarbonate | • Sirolimus |
| • Sodium Chloride | • Azathioprine |
| • Potassium Chloride | • Sevelamer Carbonate |
| • Calcium Polystyrene Sulphonate | • Lanthanum Carbonate |
| • Alpha ketoanalogue | • Calcium Acetate |
| • Tacrolimus | • Cinacalcet |
| • Mycophenolate Mofetil/Sodium | • Faropenem |
| • Cyclosporine | • Variconazole |
| • Everolimus | • Fosfomycin |

Introducing...

Formulated & Developed for First Time in India

Alpha Ketoanalogue Oral Suspension

Sodium Bicarbonate Oral Solution

• Single Strength Tablet • Double Strength Tablet • Sachet



Corporate Office: Radisson Blu, KM Trade Tower, 11th Floor, Office No:1008,
H-3, Kausambi, Ghaziabad-201 010, INDIA

www.rivpraformulation.com



67, Hargobind Enclave, Delhi- 110092

With state of the art equipment and expertise of most experienced radiologists in the region, we offer diagnostic and therapeutic radiology services par excellence.

OUR DIRECTORS CUM RADIOLOGISTS

DR PARVEEN GULATI

DR SANJAY HAK

SERVICES WE OFFER

- CT Scan
- Ultrasound
- Color Doppler
- 2D Echocardiography
- Digital X-Ray



advancediagnostic67@gmail.com



011-42208475; 011-43062308



PRECISION DELIVERED

At AKAS Infusions, we believe that accuracy and reliability define exceptional patient care. Our wide range of infusion solutions is designed to meet diverse medical needs with seamless delivery and advanced technology.



Infusion Solutions for Every Need

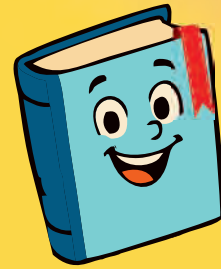
Made in India. Made for the World.

AKAS Medical Equipment,
SP127, 1st Main road, Ambattur
Industrial Estate, Chennai 600058

+91-98403 79116
sales@akasinfusions.com
www.akasinfusions.com

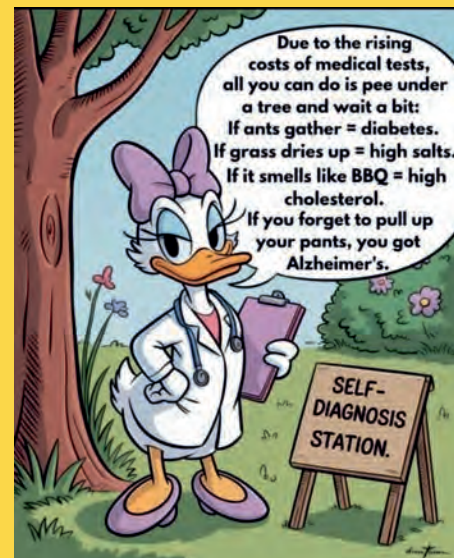


3



Medicon 2025 Abstracts

*Because you don't want to
read the whole paper*



Dr. Shekhar Agarwal Memorial Oration – “My Journey Through Hand Surgery”



Dr. Amitava Gupta

Director, Norton Arm & Hand Institute
Clinical Professor of Orthopedic Surgery,
University of Louisville
Chairman, AO North America Hand Education Committee

Hand surgery stands at the intersection of precision, artistry, and life-changing impact. From restoring mobility to preserving identity, the human hand is not just a tool—it's an expression of self. Over the decades, hand surgery has evolved from rudimentary repairs to sophisticated microsurgical reconstructions, thanks to pioneering minds and relentless innovation. Today, it encompasses trauma care, congenital deformity correction, nerve repair, and complex microsurgical techniques that redefine what's possible.

In this year's prestigious Dr. Shekhar Agarwal Memorial Oration, Dr. Amitava Gupta—one of the world's leading hand and microsurgeons—will take us on a compelling journey through his decades-long career. Trained in India, England, and the United States, Dr. Gupta's path has been shaped by global mentorship, groundbreaking institutions like the Christine M. Kleinert Institute and the Pulvertaft Hand Centre, and a deep commitment to restoring function and dignity to his patients.

His lecture, “My Journey Through Hand Surgery,” will weave together personal anecdotes, surgical milestones, and reflections on how the field has transformed over time. From the early days of tendon transfers to the marvels of nerve regeneration and limb salvage, Dr. Gupta's story is not just about surgical mastery—it's about vision, perseverance, and the human spirit.

This oration promises to inspire surgeons, students, and medical professionals alike, offering a rare glimpse into the life and legacy of a true luminary in hand surgery.

Mediconnect Distributor

**Deal in all kinds
of Critical Care Injectable**

Raghvendra Singh

Mobile: 6280612743, 8506984979

Dr. J K Jain Memorial Oration – “Current Status of Health Care in India and the Challenges”



Dr. R.V. Asokan,

Past National President, Indian Medical Association (2023-24)
Strategy and Technical Advisor for TB in WHO (Geneva)
State Secretary and State President for Kerala, (IMA) MD (General Medicine)
Practicing physician in Kollam district, Kerala
Director, Norton Arm & Hand Institute
Clinical Professor of Orthopedic Surgery, University of Louisville

By all standards India has done well in Healthcare. One has to look from where we started in 1947 and what Healthcare other nations have right now. Constant pursuit for excellence is no reason not to pause and acknowledge the significant accomplishments.

The journey has been arduous and is full of learning and unlearning. It is neither complete or comprehensive. Substantial milestones in lifespan, MMR, IMR, eradication of vaccine preventable diseases and pandemic preparedness have been achieved. This strength has come inspite of poverty and abysmal Health Budgets. There are gaps and areas of concern. One challenge has been that we moved from being a nation of 44 crores to 144 crores. Barring China no one has this dimension of humanity to look after. The diseases have moved from communicable diseases to non communicable. From advent of antibiotics to AMR.

How and why we are the best and how formidable are the challenges ahead? Are Corporate leadership and insurance industry the best options? What alternatives exist and why a sagacious political will is required? Why the Pavlovian obsession of the Government in defence should be re prioritised to Health? How can we as a nation overcome these challenges? If India succeeds it will be a grand success for the Humanity.

EXCELLENT AIR PRODUCTS

Deals In:
All Kinds of Medical & Industrial Gases

Ajay Chadha
9810081173

Varun Chadha
8860379249

**12/48, Pioneer Complex Site-IV, Sahibabad,
Industrial Area, Distt. Ghaziabad (U.P.)
Email: excellentairstproducts19@gmail.com**

Dr. M M Aggarwal Memorial Lecture– "Beyond Protocols–Leadership as The Pillar of Safe Healthcare Delivery"



Dr. Vijay Agarwal

MBBS, MD (Pediatrics)

President – CAHO (Consortium of Accredited Healthcare Organizations)

In an era where clinical guidelines and protocols abound, why do preventable errors and patient harm still occur with alarming frequency? This thought-provoking talk by Dr. Vijay Agarwal, President of CAHO and a pioneer in healthcare quality and patient safety in India, explores the critical role of leadership in translating protocols into safer outcomes.

The persistence of medical errors despite protocols points to the complexity of healthcare delivery—a dynamic environment that cannot be managed by rules alone. It calls for adaptive and systems leadership, where care providers lead not just with knowledge, but with awareness, agility, and the ability to foster collaboration and continuous learning.

This session focuses on practical lessons in decision-making, self-awareness, team empowerment, and cultivating a culture of safety. It challenges healthcare professionals to see themselves not just as providers of care but as enablers of safe systems.

Join us to understand how small changes in leadership mindset can have a powerful impact on patient outcomes—and how every clinician, regardless of their role, can become a pillar of safer healthcare delivery.



Guest Lecture – “Conundrum of Ethical Dilemma in Medical Practice”



Prof. Dr. J. A. Jayalal

President, Commonwealth Medical Association (2025–27)
Past National President, Indian Medical Association (2020–21)
Professor & HOD of Surgery, Kanyakumari Govt. Medical College
Governing Council Member, The TN Dr. MGR. Medical University

Ethical dilemmas are an inherent aspect of medical practice, presenting complex challenges that healthcare professionals must navigate while delivering effective patient care. This lecture explores the foundations of medical ethics, examining its historical evolution and the establishment of core principles such as autonomy, beneficence, non-maleficence, and justice. We will analyze various examples of ethical dilemmas encountered in clinical settings, including end-of-life decisions, informed consent issues, and conflicts in resource allocation, which illustrate the multifaceted nature of these challenges.

As healthcare increasingly incorporates advanced technologies, particularly artificial intelligence (AI), new ethical dilemmas have emerged. While AI can enhance diagnostic accuracy and treatment precision, it raises significant concerns regarding data privacy, algorithmic bias, and the potential obsolescence of human judgment. For example, AI-driven clinical decision-making may unintentionally reinforce existing healthcare inequalities due to biased training data, leading to disparities in patient care.



The reliance on AI also complicates accountability in cases of erroneous recommendations resulting in patient harm. Determining liability in such instances becomes a complex issue that challenges traditional ethical frameworks. Consequently, healthcare professionals must grapple with questions regarding transparency in AI-driven decisions and safeguards for patient data.

Addressing these ethical dilemmas requires a systematic approach that employs ethical frameworks and decision-making models to guide practitioners in evaluating their choices. This lecture will contrast ethical considerations with legal mandates, emphasizing that laws do not always align with ethical principles, thereby underscoring the necessity for a robust ethical framework in medical practice.

We will also highlight the importance of ongoing ethical training and discourse among healthcare professionals, as fostering an ethical practice environment enhances patient trust, improves decision-making outcomes, and promotes accountability. Ultimately, the benefits of ethical practice extend beyond individual interactions, contributing to the integrity and advancement of the healthcare system.

By addressing the conundrum of ethical dilemmas, particularly those exacerbated by AI, this lecture advocates for a deeper appreciation and implementation of ethical principles in medical practice, ensuring that healthcare remains committed to compassion and respect for human dignity.

Guest Lecture – “Management of Congestive Heart Failure– Electrophysiology (EP) Overview”



Dr. Terrance Khastgir

Electrophysiology, Cardiology & Cardiovascular Disease
Integrus Baptist Medical Center, United States of America

Congestive Heart Failure (CHF) remains a leading cause of morbidity and mortality worldwide, with millions affected by its progressive and debilitating course. In his expert talk, Dr. Terrance Khastgir—an internationally recognized electrophysiologist—will present a cutting-edge overview of electrophysiology-based interventions in CHF, with a special focus on Cardiac Contractility Modulation (CCM) devices.

Dr. Khastgir’s session will explore the evolution of device therapies in heart failure management, from traditional pacemakers and ICDs to the latest innovations in CCM. Unlike conventional pacing, CCM delivers non-excitatory electrical signals during the absolute refractory period, enhancing myocardial contractility without altering heart rhythm. This therapy has shown significant improvements in exercise tolerance, quality of life, and left ventricular function in patients with reduced ejection fraction who are not candidates for CRT.

Drawing from his extensive clinical and research experience, Dr. Khastgir will present data from trials that have shaped current guidelines, and ushered in a new era of precision electrophysiology.

For clinicians, this talk offers a transformative lens on CHF management. CCM devices, once considered niche, are now redefining therapeutic possibilities for a subset of patients previously deemed refractory to standard care. Dr. Khastgir’s insights will empower practitioners to integrate these technologies into practice, improving outcomes and expanding hope for patients with advanced heart failure.

With best compliments

Arifine-MT 
Aripiprazole Mouth Dissolving Tablets 2.5, 5, 10, 15 & 20 mg

Bacfen ⁵/₁₀ / ²⁵/₃₀ **XL** ¹⁰/₂₀ / ³⁰/₃₀
Baclofen 5 & 10mg Tablets / 25mg Dispersible Tablets
Baclofen Extended Release 10 / 20 & 30mg Capsules

Esclo Plus Forte
Escitalopram 5 / 10mg & Clonazepam 0.25 / 0.5mg Tablets

Quser XL
Sustained Release Quetiapine 100 / 200 / 300 & 400mg Tablets

Mirsol
Mirtazapine mouth dissolving 7.5, 15 & 30mg Tablets


icon
Life Sciences

Corp. Off. : Plot No. 18, Road No. 12, Techpark, IDA Nacharam, Hyderabad - 500 076.
Ph: 040-29303350/3850/3870 Website : www.iconlifesciences.in

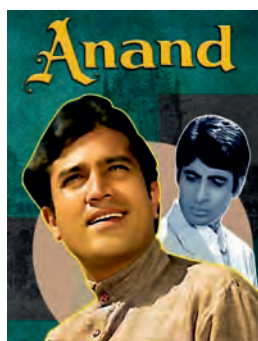
Guest Lecture – “Changing Portrayals of Doctors in Hindi Cinema”



Dr. Satyendra K. Tyagi

Consultant Gastroenterologist, Meerut Medical Centre
Senior Medical Professional | Health Policy Thinker | Cinephile & Social Commentator
Renowned for his Interdisciplinary Insights into Medicine, Media, and Society

Cinema, as a powerful storytelling medium, often serves as a reflection of societal values, norms, and expectations. In the Indian context, Hindi cinema—commonly referred to as Bollywood—has long shaped the public consciousness, including perceptions around the medical profession. The depiction of doctors in films has undergone a significant transformation over the decades, reflecting the evolution of the healthcare landscape, socio-political realities, and audience sensibilities.



In the early eras of Hindi cinema, doctors were portrayed as noble, selfless, and near-divine figures—symbols of compassion and sacrifice. These characters were often central to narratives of healing and social reform, reinforcing the perception of the medical profession as a sacred calling. Over time, however, these portrayals have become more complex, layered, and sometimes critical. Modern films increasingly depict doctors as commercially driven, morally conflicted, or emotionally detached professionals operating within a corporate healthcare system.

This shift in cinematic representation mirrors a larger societal dialogue on trust, ethics, and the commodification of healthcare. The changing portrayal impacts not only how society views doctors, but also how doctors perceive their own roles—especially among young medical students and trainees who internalize these images as part of their professional identity.



The analysis of iconic Hindi films reveals how the cinematic doctor has transitioned from the “healer-hero” archetype to a more nuanced figure—sometimes flawed, sometimes vilified, and occasionally redeemed. These portrayals often intersect with real-world healthcare challenges such as systemic inequity, burnout, medical negligence, and the erosion of doctor-patient trust.

Understanding this cultural lens is essential for the medical community to engage in self-reflection and narrative correction. By critically evaluating how cinema shapes perceptions, healthcare professionals can initiate conversations around restoring dignity, empathy, and trust in medicine.



This exploration is not merely academic—it is a cultural commentary that urges the medical fraternity to actively reclaim its image in public discourse, and recognize the influential role media plays in shaping the future of healthcare relationships in India.

A Unique Public Child Mental Health Initiative in India- At the Crossroads of Healing and Justice



Dr. Shekhar P. Seshadri

Professor (Health) Azim Premji Foundation
Former Senior Professor, Dept of Child & Adolescent Psychiatry,
NIMHANS, Bangalore

India's demographic landscape includes one of the world's largest populations of children and adolescents, many of whom live in vulnerable conditions—facing abuse, exploitation, neglect, displacement, and psychosocial trauma. Traditional models of healthcare and legal intervention often operated in silos, leaving critical gaps in the psychosocial rehabilitation and protection of these young individuals. Bridging this divide, the initiative SAMVAD (Support, Advocacy & Mental Health Interventions for Children in Vulnerable Circumstances and Distress), launched in 2020, was a pioneering public mental health effort rooted in both therapeutic care and legal empowerment. Supported by the Ministry of Women & Child Development and anchored in the clinical expertise of NIMHANS, SAMVAD reimagined child mental health through an interdisciplinary lens. It aligned mental health support with child protection laws such as the POCSO Act (2012) and the Juvenile Justice Act (2015), ensuring that children's psychological recovery was seen not as optional care, but as a fundamental right. By placing children at the center of the healing process—emotionally, legally, and developmentally—SAMVAD served as a model for how mental health services in India could become more inclusive, accessible, and rights-driven. This discussion encourages medical professionals to extend their roles beyond clinical walls—to become advocates for child dignity, safety, and holistic recovery, particularly for those at the margins of society.



TRANSCARE SYSTEMS

Dedicated to Joints, Arthroscopy & Pharma

Corporate Office:-
372 F.F., F.I.E., Patparganj Area, Delhi - 110092
Tel.: 9311407752, 9711287752, 9582227752
E-Mail.: ahujatranscare@rediffmail.com


































12/48, Pioneer Complex Site-IV, Sahibabad,
Industrial Area, Distt. Ghaziabad (U.P.)
Email: excellentairproducts19@gmail.com

Journey to Surgical Excellence: Cultivating the Traits to Become a Successful (Robotic) Surgeon



Dr. (Prof.) Anil Arora

Senior Robotic Knee & Hip Replacement Surgeon
Chairman & Chief Surgeon,
Head of Department – Orthopaedics & Robotic Knee & Hip Replacement Surgery,
Max Super Speciality Hospital, Patparganj, Delhi.
Chairman – AVEE Multispecialty Hospital, Sector -6, Vaishali, Ghaziabad, Delhi NCR.
Chairman & Chief Surgeon – Prof. Arora's Knee & Surgery Clinics, Delhi NCR.

The path to becoming a successful surgeon has always demanded technical mastery, precision, and unwavering discipline. In the modern era, however, the definition of surgical excellence has expanded to encompass a broader set of personal, cognitive, and technological competencies—especially with the emergence of Robot-Assisted Surgery. This evolution marks a paradigm shift in how surgeons are trained, how they think, and how they adapt.



Robotic surgery offers unprecedented accuracy, reproducibility, and control, particularly in fields like Knee & Hip Replacement where precision in joint alignment and soft tissue balancing directly impacts functional outcomes. Yet, the technology alone does not guarantee success. It is the mindset of the surgeon—their willingness to embrace innovation, continually upgrade their skills, and maintain an ethical, patient-centered approach—that defines true excellence.

Key attributes such as mental agility, focus, humility, leadership, and lifelong learning play as critical a role as technical skill in shaping a modern surgeon. Equally important is the ability to integrate evidence-based medicine with surgical artistry, understanding that no amount of automation can replace clinical judgment, empathy, or the human connection between doctor and patient.

The abstract also explores the role of mentorship, resilience in the face of surgical challenges, and the importance of structured training in high-tech environments. As the field of Robotic Knee & Hip Replacement evolves, so too must the educational frameworks that prepare surgeons for this new frontier—balancing anatomical understanding with digital fluency.

This reflection on the “journey” is not solely about acquiring competence in Robotic tools—it is about building a character that can lead surgical teams, inspire confidence in patients, and uphold the integrity of the medical profession.

In an age where machines assist but do not replace the surgeon's decision-making, the journey to excellence becomes as much about who you are as a professional as it is about what you do in the operating theatre.

Optimizing WHF Patient Care: Translating Evidence into Clinical Practice



Dr. Peeyush Jain
Director, Non Invasive Cardiology
Fortis Hospital, Okhla

Worsening Heart Failure (WHF) remains one of the most significant challenges in contemporary cardiology. It is not merely a stage in the natural progression of heart failure but a critical turning point, often associated with repeated hospitalizations, diminished quality of life, and high mortality. Each episode of WHF accelerates disease progression and increases the burden on both patients and the healthcare system, highlighting the need for timely, evidence-based, and patient-centered interventions.

Dr. Peeyush Jain emphasizes that while clinical research has produced a wealth of evidence-based strategies for heart failure management, the true challenge lies in effectively translating this knowledge into real-world practice. Bridging this gap requires not only adherence to guideline-directed medical therapy but also careful consideration of the individual patient's clinical profile, comorbidities, and socio-economic circumstances.

Guideline-directed therapies, including the use of ARNI, beta-blockers, mineralocorticoid receptor antagonists, and SGLT2 inhibitors, have shown remarkable efficacy in improving survival and reducing hospitalization rates. However, their success depends heavily on timely initiation, optimal dosing, and sustained adherence. Dr. Jain highlights the importance of structured follow-up, patient education, and family involvement to ensure long-term compliance and better outcomes.

Beyond pharmacotherapy, WHF management demands a multidisciplinary approach. Coordinated care involving cardiologists, internists, nurses, dietitians, and physiotherapists allows for comprehensive assessment and management of fluid balance, diet, exercise, and psychosocial well-being. Equally crucial is the integration of innovative strategies such as remote monitoring, telemedicine, and the use of digital health tools, which enable early detection of decompensation and proactive adjustments in therapy before hospitalization becomes necessary.

Dr. Jain also stresses the role of individualized care. Not every patient responds uniformly to guideline-directed therapy, and tailoring treatment to specific needs—whether through advanced diagnostics, biomarker-driven decisions, or consideration of newer interventional options—enhances clinical success. Patient engagement and shared decision-making are essential in ensuring that therapeutic plans are both effective and sustainable.

In conclusion, optimizing WHF patient care is about more than applying research findings—it is about ensuring that evidence translates into practical, real-world strategies that improve survival and quality of life. By combining timely diagnosis, evidence-based treatment, innovation, and holistic patient care, clinicians can significantly alter the trajectory of heart failure, offering hope and better outcomes to those affected by this challenging condition.

A Flexible Future: Transforming the Paradigm of HER2+ Breast Cancer Treatment



Dr. Gopal Sharma
Principal Director – Medical Oncology,
Max Super Speciality Hospital, Vaishali

HER2+ breast cancer, once considered one of the most aggressive subtypes, has witnessed a remarkable transformation in its treatment landscape over the past two decades. With the advent of targeted therapies, survival rates have improved dramatically, and the focus has shifted from merely extending life to enhancing its quality. The future of HER2+ breast cancer care is now defined by flexibility, personalization, and innovation.

In his second expert talk at the Pushpanjali Medical Conference, Dr. Gopal Sharma—Principal Director of Medical Oncology at Max Hospital—will present “A Flexible Future: Transforming the Paradigm of HER2+ Breast Cancer Treatment!!”. This session will explore how evolving therapeutic strategies, including antibody-drug conjugates (ADCs), tyrosine kinase inhibitors (TKIs), and subcutaneous formulations, are reshaping clinical practice and patient experience.

Dr. Sharma will delve into the shift from rigid treatment protocols to more adaptable, patient-centric approaches. He will highlight how newer agents like trastuzumab deruxtecan and tucatinib are expanding options for patients with brain metastases and refractory disease. The talk will also address the integration of molecular profiling, real-world data, and treatment sequencing to optimize outcomes.

Importantly, this lecture will emphasize the growing role of shared decision-making, treatment de-escalation in select cases, and the promise of combining HER2-targeted therapy with immunotherapy. Dr. Sharma's insights will provide a roadmap for oncologists navigating this dynamic and hopeful frontier.

This session is essential for clinicians committed to delivering cutting-edge, compassionate care in HER2+ breast cancer—where flexibility is not just a strategy, but a lifeline.

Dilemma in Choosing CDK 4/6 Inhibitors in HR+ HER2- Advanced Breast Cancer—Myth or Reality?



Dr. Gopal Sharma
Principal Director – Medical Oncology,
Max Super Speciality Hospital. Vaishali

Hormone receptor-positive (HR+), HER2-negative advanced breast cancer represents a major therapeutic challenge, especially in the era of targeted therapies. The advent of Cyclin-Dependent Kinase (CDK) 4/6 inhibitors has revolutionized the treatment landscape, offering significant improvements in progression-free survival and quality of life. Yet, with multiple agents—palbociclib, ribociclib, and abemaciclib—now available, clinicians face a growing dilemma: which CDK 4/6 inhibitor to choose, and when?

In his much-anticipated expert talk, “Dilemma in Choosing CDK 4/6 Inhibitors in HR+ HER2-Advanced Breast Cancer – Myth or Reality?!!”, Dr. Gopal Sharma will dissect the clinical nuances and real-world considerations that influence therapeutic decisions. Drawing from his extensive experience as Principal Director of Medical Oncology at Max Hospital, Dr. Sharma will explore comparative efficacy, toxicity profiles, patient selection criteria, and emerging biomarkers that guide personalized treatment.

This session will also address the evolving role of CDK 4/6 inhibitors in first-line versus later-line settings, their integration with endocrine therapy, and the implications of resistance mechanisms. With recent data challenging long-held assumptions, the talk will critically examine whether the “dilemma” is rooted in myth—or a reflection of genuine clinical complexity.

Dr. Sharma's insights promise to illuminate how these agents have reshaped oncological practice, moving beyond a one-size-fits-all approach to a more tailored, evidence-driven paradigm. Oncologists, researchers, and healthcare professionals will gain clarity on optimizing outcomes for patients navigating this intricate disease spectrum.

A must-attend session for anyone committed to advancing breast cancer care in the precision medicine era.

Difficult Asthma—Handle with Care



Dr. Deepak Talwar

Chairman & Senior Consultant,
Pulmonology and Critical Care.
Metro Centre for Respiratory Diseases, Noida

Asthma, though common, is far from simple—especially in its most challenging form. “Difficult asthma” represents a subset of patients who remain symptomatic despite optimal therapy, posing significant diagnostic and therapeutic dilemmas. These cases demand not only clinical acumen but also a nuanced understanding of pathophysiology, comorbidities, and emerging treatment modalities.

Dr. Deepak Talwar, a stalwart in Pulmonology with over four decades of distinguished service, will deliver an expert talk titled “Difficult Asthma – Handle with Care!!” at this year's Pushpanjali Medical Conference. As the founder of the Metro Center for Respiratory Diseases and a leading voice in respiratory medicine, Dr. Talwar brings unparalleled insight into the complexities of managing refractory asthma.

This session will explore the evolving definition of difficult asthma, its phenotypes, and the importance of differentiating it from severe asthma and asthma-COPD overlap. Dr. Talwar will highlight the role of advanced diagnostics—including bronchoscopy, imaging, and biomarkers—and discuss how precision medicine is reshaping asthma care. He will also delve into the impact of biologics, such as anti-IgE and anti-IL-5 therapies, which have revolutionized treatment for patients previously considered untreatable.

Importantly, the talk will address the psychosocial and environmental factors that often complicate management, emphasizing a holistic, multidisciplinary approach. Dr. Talwar's vast experience and case-based insights will offer attendees practical strategies to improve outcomes and reduce exacerbations in this high-risk group.

This lecture is essential for pulmonologists, general physicians, and healthcare professionals seeking to master the art and science of managing difficult asthma—where every breath counts, and every decision matters.

STEPping up the Obesity Care with Semaglutide 2.4 mg



Dr. Jasjeet S Wasir

Director - Endocrinology & Diabetes
Medanta Hospital, Gurgaon

Obesity is no longer viewed as a mere lifestyle issue—it is a chronic, relapsing, and multifactorial disease with profound implications for metabolic health, cardiovascular risk, and overall quality of life. Traditional approaches to weight management have often fallen short, leaving clinicians and patients searching for more effective, sustainable solutions. The emergence of Semaglutide 2.4 mg, a GLP-1 receptor agonist, marks a paradigm shift in obesity care, offering unprecedented efficacy in weight reduction and metabolic improvement.

In his expert talk titled “STEPping Up the Obesity Care with Semaglutide 2.4 mg!”, Dr. Jasjeet S Wasir—Director of Endocrinology and Diabetes at Medanta The Medicity, Gurugram—will delve into the groundbreaking findings of the STEP trials, which have redefined therapeutic strategies for obesity. As a primary faculty member at the Center for Advanced Diabetes Therapy and Technology, Dr. Wasir brings deep clinical insight and academic rigor to this transformative topic.

The session will explore how Semaglutide 2.4 mg has demonstrated significant weight loss outcomes, improved glycemic control, and reduced cardiometabolic risks in diverse patient populations. Dr. Wasir will discuss the mechanism of action, patient selection criteria, safety profile, and integration of this therapy into routine clinical practice. He will also address the broader implications for managing obesity as a disease, not just a symptom.

This talk is essential for endocrinologists, diabetologists, internists, and primary care physicians aiming to stay ahead in the evolving landscape of obesity management. With Semaglutide, clinicians now have a powerful tool to offer hope and tangible results to patients battling obesity—ushering in a new era of evidence-based, compassionate care.

C. P. Sharma Sumeet Sharma
+91 9899224442

KRISHNA
Estd. 1952
BOOK SELLERS & STATIONERS

Deals in :- Educational Books,
Office & School Stationery

D-6/25, Mandir Marg, Krishna Nagar,
Delhi-110051 (INDIA)
Tel.: 011- 47050390
E: 80sumeet@gmail.com
TIMINGS : 10.30 AM to 9.30 PM

Genetics in Heart Disease



Dr. Kamaldeep Y. Chawla

Director – Ayushman Heart & Wellness Centre, Vadodara
Senior Interventional Cardiologist | Founder – GeneSutra

Cardiovascular disease (CVD) continues to be the leading cause of death worldwide, with a significant proportion of cases occurring in individuals without traditional risk factors. This has led to growing interest in understanding the genetic basis of heart disease, giving rise to the field of cardiovascular genomics. Advances in molecular biology and sequencing technologies have uncovered numerous gene variants associated with increased susceptibility to various cardiac conditions, enabling a more personalized and predictive approach to care.

Genetic mutations linked to conditions such as familial hypercholesterolemia, hypertrophic cardiomyopathy, long QT syndrome, Brugada syndrome, and other arrhythmogenic disorders have emerged as critical markers for early detection and intervention. Genetic profiling can also provide insights into drug metabolism and efficacy—known as pharmacogenomics—thereby informing safer and more effective treatment strategies.

Incorporating genetic screening into clinical cardiology allows for risk stratification far earlier than conventional diagnostics, particularly in asymptomatic individuals with a family history of sudden cardiac death, premature coronary artery disease, or unexplained syncope. When used in conjunction with traditional risk assessment tools, genetic data enhances diagnostic precision, guides therapeutic decision-making, and helps identify candidates for targeted therapies or lifestyle interventions.



Furthermore, gene-based diagnostics hold transformative potential in preventive cardiology, allowing clinicians to adopt a proactive, rather than reactive, approach to disease management. Despite these advancements, the integration of genetics into routine practice remains limited by factors such as cost, access, limited awareness, and ethical considerations surrounding genetic privacy and testing in diverse populations.

As genomic medicine continues to evolve, the application of gene-based tools in cardiovascular care is set to become increasingly mainstream. Education and training of healthcare providers, patient counseling, and policy development will be crucial to bridging the gap between discovery and clinical application.

The emergence of precision cardiology—where treatment is tailored not only to clinical profiles but also to genetic makeup—marks a new frontier in heart health. Embracing this paradigm is key to early diagnosis, personalized therapy, and ultimately, improved cardiovascular outcomes across populations.

Approach to Diagnosis of Interstitial Lung Disease



Dr. Randeep Guleria

Chairman, Internal Medicine,
Respiratory & Sleep Medicine
Medanta, Gurugram

Interstitial lung diseases (ILDs) encompass a diverse group of pulmonary disorders characterized by inflammation and fibrosis of the lung parenchyma. Diagnosing ILDs can be challenging due to overlapping clinical, radiological, and pathological features. In this talk, Dr. Randeep Guleria will discuss a systematic approach to diagnosing ILDs, emphasizing the importance of integrating clinical history, physical examination, radiological findings, and histopathological features.

The presentation will cover the following key aspects:

1. **Clinical evaluation:** Identifying risk factors, symptoms, and signs suggestive of ILDs.
2. **Radiological assessment:** Role of high-resolution computed tomography (HRCT) in diagnosing ILDs.
3. **Pulmonary function testing:** Interpreting lung function tests in the context of ILDs.
4. **Histopathological diagnosis:** Importance of transbronchial lung biopsy and surgical lung biopsy.
5. **Multidisciplinary approach:** Collaboration between clinicians, radiologists, and pathologists to achieve accurate diagnosis.

By adopting a comprehensive and multidisciplinary approach, clinicians can improve diagnostic accuracy and provide optimal care for patients with ILDs. This talk aims to equip healthcare professionals with the knowledge and skills to navigate the complexities of ILD diagnosis.

With Best Compliments from

Pee Bee India

★★★★★ **ENDOSCOPY**

**Zest Buisness Spaces, 109, M.G. Road,
Near Doshi Nursing Home, Ghatkopar (E), Mumbai-77
E-mail : peebeeindia@gmail.com
Website: www.peebeeindia.com
Telephone: 022-35685124 Mobile: 9820065293
GSTIN: 27AUPPS6346G1Z0**

Men's Health and Sexual Medicine: New Integrated Speciality and Modes



Dr (Prof.) Rajeev Sood

Vice Chancellor, Baba Farid University of Health Sciences, Punjab
Founder Dean, ABVIMS & Dr RML Hospital
Chair, Department of Urology & Renal Transplant Chairman, ISU-US

Men's health and sexual medicine is emerging as a distinct, integrated specialty that addresses a spectrum of conditions traditionally managed in silos across urology, endocrinology, cardiology, psychiatry, and primary care. With rising awareness of men's unique health challenges, there is increasing recognition that sexual dysfunction, reproductive disorders, hormonal imbalance, mental health concerns, and chronic diseases such as diabetes, hypertension, and cardiovascular disease are deeply interlinked. Sexual dysfunction, in particular, often serves as a sentinel marker for systemic illness, underscoring the need for a multidisciplinary approach.

Advances in diagnostics—ranging from penile Doppler ultrasonography and hormonal profiling to genetic and molecular biomarkers—are enhancing precision in evaluation. Therapeutic innovations such as regenerative medicine (platelet-rich plasma, stem cell therapy), low-intensity shockwave therapy, novel pharmacological agents, and minimally invasive surgical techniques are reshaping the landscape of care. Equally, digital health platforms, telemedicine, and integrated lifestyle interventions are broadening access and patient engagement.

This session will highlight the rationale for developing men's health and sexual medicine as a consolidated specialty, bringing together expertise in reproductive urology, endocrinology, mental health, preventive medicine, andrology, and sexual counseling. Emphasis will be placed on new models of integrated care delivery, patient-centered outcomes, and the importance of addressing stigma and cultural barriers. By fostering collaboration across disciplines, the specialty aims to advance early detection, comprehensive management, and overall quality of life for men worldwide.

Umesh Kumar

Laundry & Dry Clean

A ONE BEST SERVICE

Address:

Block 7, Khichri Pur, Delhi - 110091

M: 9717324313, 9711224694, 9871325634

New Frontiers in Cardiology

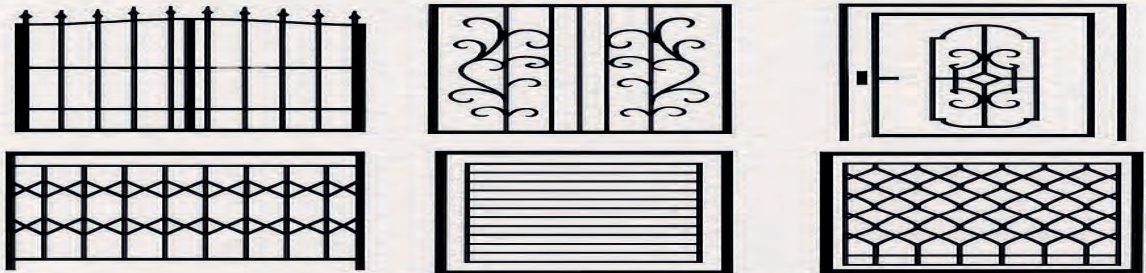


Dr. Balbir Singh

Group Chairman – Cardiac Sciences,
Pan Max & Chief of Interventional Cardiology
and Electrophysiology, Max Saket

Cardiology stands at the threshold of a transformative era, where innovation is not just enhancing care—it's redefining it. From precision diagnostics to minimally invasive interventions, the field is witnessing a renaissance that is reshaping clinical practice and patient outcomes. In his expert talk titled "New Frontiers in Cardiology!!", Dr. Balbir Singh, one of India's most respected cardiologists, will illuminate the cutting-edge advancements that are driving this evolution. With decades of leadership in interventional cardiology and electrophysiology, Dr. Singh will explore how technologies such as artificial intelligence, wearable cardiac monitors, and advanced imaging are revolutionizing early detection and risk stratification. He will delve into breakthroughs in structural heart interventions, including transcatheter valve replacements and left atrial appendage closure, which are offering life-saving options to patients previously deemed inoperable. The session will also highlight the expanding role of electrophysiology in managing arrhythmias, with innovations in 3D mapping, ablation techniques, and device therapy. Dr. Singh will discuss how these developments are enabling more personalized, precise, and safer cardiac care. Importantly, the talk will address the integration of digital health platforms and remote monitoring, which are empowering clinicians to manage chronic cardiac conditions beyond hospital walls. These new frontiers are not just technological—they represent a shift toward holistic, patient-centered cardiology. This lecture is essential for cardiologists, internists, and healthcare professionals committed to staying ahead in a rapidly evolving specialty. Dr. Singh's insights promise to inspire and inform, offering a glimpse into the future of heart care—where innovation meets compassion.

AKHTAR
FABRICATION WELDING WORKS
Special in :
Gate, Grill - Safety Door, Steel Rail,
M.S. Telling, Shades, Shutter
Jaal, Collapsible Gate, Window



AKHTAR MOB.
8447157521
F-419 Garuma garden sahibabad
gaziabad U.P. 201005

Caesarean Scar Pregnancy



Dr. Sowjanya Aggarwal

Director – IVF & Infertility, Laparoscopic & Robotic Gynae Surgery
Max Super Speciality Hospital, Vaishali
Femmenest & Pushpanjali Medical Centre

Caesarean scar pregnancy (CSP) is a rare but increasingly recognized form of ectopic pregnancy, characterized by implantation of the gestational sac within the fibrous tissue of a prior caesarean section scar. Its incidence has risen in parallel with the global increase in caesarean deliveries and improved detection through high-resolution ultrasonography. Although uncommon, CSP carries significant maternal morbidity, with risks of uterine rupture, massive hemorrhage, need for hysterectomy, and potential loss of fertility if not diagnosed and managed promptly..

Early diagnosis, typically by transvaginal sonography supported by Doppler imaging and occasionally MRI, is crucial in distinguishing CSP from cervical pregnancy and low-lying intrauterine gestations. Management strategies remain variable and depend on gestational age, hemodynamic stability, desire for fertility preservation, and available expertise. Options include medical therapy with systemic or local methotrexate, minimally invasive procedures such as ultrasound-guided aspiration, uterine artery embolization, and hysteroscopic or laparoscopic excision. Surgical interventions, including wedge resection or hysterectomy, may be warranted in advanced or complicated cases.



Long-term outcomes focus not only on maternal survival and fertility preservation but also on recurrence risk and subsequent pregnancy safety. Multidisciplinary decision-making is essential, integrating obstetrics, interventional radiology, and reproductive medicine to optimize individualized care.

This abstract emphasizes CSP as a clinical entity requiring heightened awareness, early recognition, and tailored management protocols. Future directions include the development of standardized guidelines, prospective outcome registries, and preventive strategies aimed at reducing caesarean delivery rates and subsequent scar-related complications.

UACR and eGFR as Screening Tools

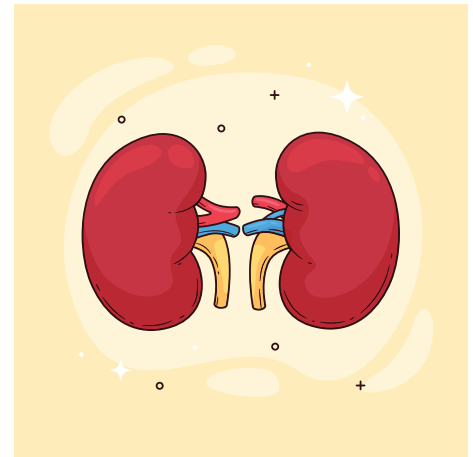


Dr. (Prof.) Manish Malik

Professor of Nephrology,
Sir Ganga Ram Hospital, New Delhi

Chronic Kidney Disease (CKD) poses a growing global health burden, significantly increasing the risk of cardiovascular disease, end-stage kidney failure, and all-cause mortality. One of the greatest challenges in CKD management is its often-silent progression, with symptoms manifesting only in advanced stages. Early identification of kidney damage or decline in filtration function is, therefore, critical to initiating timely interventions and improving long-term outcomes.

Two of the most effective, accessible, and evidence-based tools for early detection are the Urinary Albumin-to-Creatinine Ratio (UACR) and the estimated Glomerular Filtration Rate (eGFR). When used together, these markers provide a comprehensive picture of renal function and damage. UACR identifies albuminuria—an early indicator of glomerular injury—while eGFR estimates the kidney's filtering capacity based on serum creatinine, age, sex, and body size.



Regular screening using UACR and eGFR is particularly important in high-risk populations such as individuals with diabetes, hypertension, a family history of CKD, the elderly, and those with cardiovascular disease. These tools not only facilitate early diagnosis but also help stratify risk, guide clinical decisions, and monitor response to therapy. Additionally, they support preventive strategies like blood pressure optimization, glycemic control, lifestyle modifications, and the judicious use of nephrotoxic medications.

Integrating these simple tests into routine healthcare and primary care protocols can substantially reduce the burden of CKD-related morbidity. Furthermore, public health initiatives such as the Pradhan Mantri National Dialysis Programme and related kidney screening efforts underscore the national importance of early detection tools like UACR and eGFR.

Wider implementation of these screening parameters requires increased awareness among healthcare professionals, standardized protocols, and access to reliable laboratory infrastructure. When applied proactively, UACR and eGFR have the potential to shift kidney care from a reactive to a preventive paradigm—underscoring the principle that early detection is the first and most essential step in protecting kidney health.

Join us to understand how small changes in leadership mindset can have a powerful impact on patient outcomes—and how every clinician, regardless of their role, can become a pillar of safer healthcare delivery.

The Art and Science of Exercise–Movement is Medicine



Dr. Amit Sharma

Director – Joint Replacement, Arthroscopy & Sports Medicine
Yashoda Super Speciality Hospital, Kaushambi, Ghaziabad

Exercise has long been regarded as one of the most potent tools in preventive and therapeutic medicine. As scientific understanding deepens, it becomes increasingly evident that physical activity is not just a lifestyle choice but a medical intervention that influences nearly every physiological system in the body. Its impact extends beyond musculoskeletal fitness to include cardiovascular health, metabolic regulation, mental & emotional well-being, hormonal balance, and immune function.

The modern epidemic of sedentary lifestyles, compounded by poor dietary habits and stress, has given rise to an alarming increase in lifestyle-related disorders such as obesity, type 2 diabetes, cardiovascular disease, osteoarthritis, and depression. In this context, structured and medically-informed exercise programs offer a compelling solution—both for prevention and as adjunct therapy.

Understanding the science of exercise involves decoding its physiological effects, dosage-response relationships, and contraindications. Different forms of physical activity—strength training, aerobic conditioning, flexibility exercises, and neuromotor training—have distinct roles and benefits.

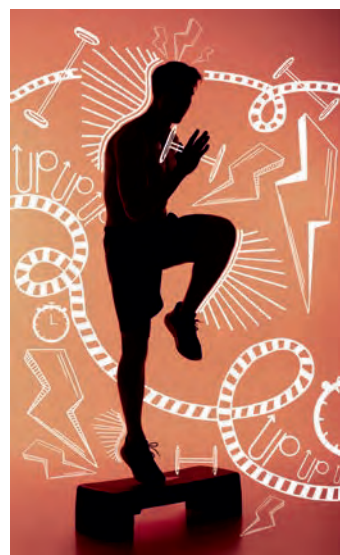
However, exercise is also an art, requiring personalization based on individual needs, comorbidities, age, and functional capacity. Factors such as biomechanics, form, intensity, recovery, and motivation significantly influence outcomes.

Prescribing exercise, therefore, must go beyond general recommendations. It involves precise planning, patient education, and sometimes interdisciplinary collaboration among physicians, physiotherapists, and fitness specialists. Equally important is addressing the risks of overtraining, poor technique, and exercise-related injuries, which can negate the benefits or even cause harm if left unmonitored.

The integration of exercise into clinical practice represents a paradigm shift—where healthcare providers embrace “movement as medicine.” From pediatric patients to the elderly, and from healthy individuals to those managing chronic conditions, physical activity must be viewed as a core component of long-term health.

Promoting a movement-first approach also demands cultural change—where doctors lead by example, patients are empowered with knowledge, and society recognizes exercise not as a luxury or waste of time, but a necessity. The goal is to transform awareness into action and inspiration into routine.

Exercise, when guided and purposeful, becomes not just a habit, but a healing force—uniting science and intention in the pursuit of lifelong wellness.



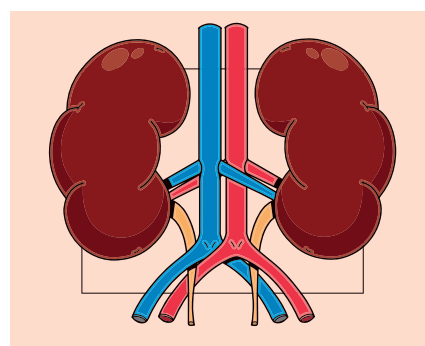
Drug-Induced AKI-Prevention is Cure



Dr. Vijay Kumar Sinha

Senior Consultant – Nephrology,
Max Multi Speciality Centre, Noida

Drug-induced Acute Kidney Injury (AKI) is a common and preventable cause of renal impairment across clinical settings. It accounts for a substantial portion of hospital-acquired AKI cases, particularly among patients with pre-existing comorbidities or those receiving complex medication regimens. Despite its frequency and impact, drug-induced AKI often remains underdiagnosed until significant renal damage has occurred.



A wide range of pharmacological agents are associated with nephrotoxicity, including but not limited to non-steroidal anti-inflammatory drugs (NSAIDs), aminoglycosides, vancomycin, amphotericin B, calcineurin inhibitors, and iodinated contrast media. These agents can impair kidney function through multiple mechanisms such as altered renal hemodynamics, direct tubular toxicity, interstitial nephritis, and crystalluria. The risk is significantly heightened in vulnerable populations such as the elderly, individuals with diabetes, chronic kidney disease (CKD), volume depletion, or those admitted to intensive care units.



Effective prevention of drug-induced AKI begins with thorough risk stratification and identification of high-risk patients. Safe prescribing practices require dose adjustments based on renal function, careful drug selection, avoidance of known nephrotoxic combinations, and regular monitoring of kidney parameters, particularly estimated glomerular filtration rate (eGFR) and serum creatinine levels. Timely recognition of early warning signs—such as a rising creatinine level or reduced urine output—is critical for

minimizing renal injury.

Prophylactic strategies also include ensuring adequate hydration, using alternative agents when possible, and close pharmacovigilance during treatment with high-risk drugs. Clinical outcomes improve markedly when nephrotoxic exposures are minimized or eliminated at the earliest sign of injury.

The concept of “prevention as cure” in drug-induced AKI highlights a broader shift toward proactive nephrology. It emphasizes system-based safety checks, interdisciplinary communication, and patient-centered care as integral to safeguarding renal function. Raising awareness among healthcare professionals and integrating preventive strategies into routine clinical practice are vital steps toward reducing the burden of AKI and improving overall patient outcomes.

Approach to a Patient with Cognitive Decline (Dementia)



Dr. (Prof.) Suman Kushwaha

Professor & Head – Neurology
Head – Cognitive Neurology Unit, IHBAS, Delhi

Evaluating dementia is a comprehensive and multidisciplinary process that aims to identify cognitive decline, determine its underlying cause, and guide appropriate management and care.

Assessment begins with thorough clinical history, which includes direct interviews with the patient regarding , memory, and other cognitive impairments. Family members or caregivers who can provide insight into behavioural changes and daily functioning are also interviewed. A detailed medical history is essential to uncover any past illnesses, medications, substance use, or psychiatric conditions that may contribute to cognitive symptoms.

Physical and neurological examinations follow, helping to detect systemic conditions such as thyroid dysfunction or vitamin deficiencies, and assess motor function, reflexes, coordination, and signs of stroke or Parkinsonism. Cognitive testing is a cornerstone of dementia evaluation, using tools like the Mini-Mental State Examination (MMSE), Montreal Cognitive Assessment (MoCA), and Alzheimer's Disease Assessment Scale (ADAS-Cog) to measure domains such as memory, attention, language, visuospatial skills, and executive function. These tests help differentiate between mild cognitive impairment and more advanced dementia.



Laboratory investigations, including blood tests, are conducted to rule out metabolic or infectious causes and treatable cause . Neuroimaging—such as MRI or CT scans—can reveal structural brain changes, strokes, tumours, or hydrocephalus. In some cases, PET scans are used to detect amyloid plaques or reduced glucose metabolism, particularly in Alzheimer's disease. Psychiatric evaluation is also crucial, as mood disorders like depression or anxiety can mimic or worsen cognitive symptoms. Behavioural and psychological symptoms of dementia (BPSD), such as agitation, delusions, or apathy, are assessed to tailor management strategies.

Functional assessment evaluates the patient's ability to perform activities of daily living (ADLs), both basic (e.g., bathing, dressing) and instrumental (e.g., managing finances, cooking), which helps determine the severity of cognitive impairment. Differential diagnosis is essential to distinguish between reversible causes—such as depression, delirium, medication side effects, or infections—and irreversible conditions like Alzheimer's disease, vascular dementia, Lewy body dementia, or frontotemporal dementia. Communicating the diagnosis requires sensitivity and respect, ensuring that the individual is informed honestly and supported emotionally. Discussions should include prognosis, treatment options, and care planning. Cultural and ethical considerations are especially important in diverse populations, such as in India, where evaluations must be culturally sensitive and free from bias.

Overall, dementia evaluation is a systematic and patient-centred process that integrates medical, psychological, and social dimensions to ensure accurate diagnosis and compassionate care.

Beyond the Body: Understanding, Identifying & Addressing Psychosomatic Issues in Clinical Practice



Ms. Damini Grover

Counselling Psychologist | Life Coach | Author
Founder – I'M Powered Centre for Counselling & Well-being

In modern clinical practice, a growing number of patients present with persistent physical symptoms for which no clear medical explanation can be found. These manifestations, often termed psychosomatic disorders, exist at the complex intersection of mind and body. They reflect the body's way of expressing psychological distress—whether through chronic pain, gastrointestinal discomfort, fatigue, or cardiorespiratory symptoms. Despite their prevalence, psychosomatic conditions frequently go unrecognized or misdiagnosed, leading to prolonged suffering, unnecessary investigations, and fragmented care.



Understanding psychosomatic health requires shifting from a purely biomedical lens to a bio-psycho-social model of health. Emotional suppression, unresolved trauma, chronic stress, anxiety, and depression often play a central role in the development and persistence of these symptoms. The physical body becomes a canvas for psychological conflict, making it essential for healthcare providers to look beyond laboratory results and into the emotional lives of their patients.

Early identification begins with listening—an empathetic, non-judgmental therapeutic alliance can often reveal patterns that traditional diagnostics cannot. Assessment tools, guided conversations, and awareness of red flags can aid in distinguishing psychosomatic symptoms from organic disease. More importantly, integrating psychological evaluation into routine clinical care can significantly improve outcomes, reduce patient frustration, and restore trust in the healthcare process.

Addressing psychosomatic issues involves multidisciplinary intervention, including psychotherapy, stress management techniques, mindfulness, cognitive-behavioral approaches, and when necessary, medication. Psychoeducation plays a key role in helping patients understand the link between emotions and bodily symptoms, thereby empowering them to take charge of their healing journey.

This topic holds growing relevance in today's fast-paced world, where psychological distress is escalating across age groups and social strata. With increasing awareness about mental health, there is an urgent need to equip clinicians with tools to bridge the divide between physical and emotional health.

Ultimately, recognizing psychosomatic issues is not about downplaying a patient's symptoms—it is about seeing them more fully. It's about restoring dignity to distress and offering a path to healing that honors both body and mind.

A.I. Meets EYE: How Artificial Intelligence and Robotic-Precision Lasers Are Revolutionizing Eye Surgery



Dr. Rakesh Gupta

Founder & Chairman – Shreya Eye Centre, Delhi & Indirapuram
Ambidextrous Eye Surgeon | Innovator | International Faculty

Ophthalmology is witnessing a paradigm shift, driven by the convergence of artificial intelligence (AI) and robotic-precision laser technologies. These transformative tools are reshaping how eye diseases are diagnosed, treated, and even prevented—heralding a new era of personalized, data-driven, and high-precision eye care.

AI-powered algorithms now play a pivotal role in the early detection of complex retinal and corneal disorders through superior image analysis, pattern recognition, and predictive modeling. From screening diabetic retinopathy and mapping corneal irregularities to identifying glaucoma suspects, AI has significantly enhanced diagnostic accuracy while reducing clinician workload. This enables earlier interventions, slows disease progression, and improves long-term visual outcomes.

In parallel, robotic-assisted laser platforms have redefined the landscape of cataract and refractive surgery. Bladeless precision, reproducible outcomes, and micron-level accuracy have elevated surgical safety and efficiency. Techniques such as Femtosecond Laser-Assisted Cataract Surgery (FLACS), flapless Kerato Lenticule Extraction (CLEAR / SMILE / SILK), topography-guided Contoura Vision exemplify how machine precision can align seamlessly with patient-specific parameters to deliver superior visual outcomes.

These technologies are especially transformative in complex scenarios—such as high astigmatism, keratoconus, and pediatric cases—where conventional manual techniques may fall short. Furthermore, innovations like ambidextrous micro-instrumentation for Complicated Cataracts, shielded phaco techniques, and Bimanual VacuuRhexis, pioneered by Indian experts, have expanded the frontiers of minimally invasive, safe ophthalmic surgery even in complicated cases



However, the success of these tools hinges not just on their capabilities, but on the surgeon's adaptability, ethical stewardship, and continuous learning. AI and robotics are not here to replace the surgeon—but to empower them with precision, foresight, consistency, and innovating newer surgical skills

This presentation offers a futuristic lens on how the synergy between artificial intelligence and surgical intelligence is revolutionizing ophthalmology—making eye care smarter, safer, and more inclusive. In this era, vision restoration transcends science to become a technology-driven art.

Approach to Sudden Vision Loss / Optic Neuritis



Dr. Namita Kaul

Director - Neurology,
Medanta Hospital, Noida

Sudden vision loss is a distressing and often alarming symptom that can signal a range of underlying pathologies, some of which require immediate attention. In this comprehensive and clinically enriching keynote session, Dr. Namita Kaul will provide a detailed overview of the diagnostic and management approach to sudden visual impairment, with a special focus on optic neuritis—a common yet complex neuro-ophthalmic condition.

Optic neuritis, often presenting as acute, unilateral vision loss accompanied by pain on eye movement, is frequently associated with demyelinating diseases such as multiple sclerosis. However, its differential diagnosis is broad, spanning ischemic, inflammatory, infectious, and compressive etiologies. Dr. Kaul will guide the audience through the process of distinguishing optic neuritis from other causes of acute visual loss, such as anterior ischemic optic neuropathy, retinal vascular occlusions, or compressive lesions of the optic nerve.

Through real-life clinical case discussions, she will illustrate how a systematic history-taking, detailed ocular examination, and appropriate use of ancillary investigations can lead to timely diagnosis. Special emphasis will be placed on the role of neuroimaging, particularly MRI with contrast, in confirming the diagnosis and identifying associated white matter changes that may predict future neurological risk.

In addition, Dr. Kaul will delve into current treatment protocols, including the use of high-dose corticosteroids and immunomodulatory therapies. The session will also address red flags that necessitate urgent referral, indicators of atypical optic neuritis, and the importance of multidisciplinary collaboration in patient care.

This keynote aims to empower clinicians, especially neurologists, ophthalmologists, and general physicians, with practical insights into the early recognition and optimal management of optic neuritis and other causes of sudden vision loss. By enhancing diagnostic precision and facilitating timely intervention, healthcare professionals can significantly improve patient outcomes and reduce the risk of permanent visual impairment.

Whether you are a postgraduate student, a resident, or a practicing clinician, this session promises to offer critical updates and actionable knowledge that will enhance your clinical acumen in dealing with one of the most urgent complaints in both neurology and ophthalmology.

Post-COVID Emergence of Avascular Necrosis of Hip & its Management



Dr. Karun Jain
Senior Orthopaedic Surgeon
Pushpanjali Medical Centre

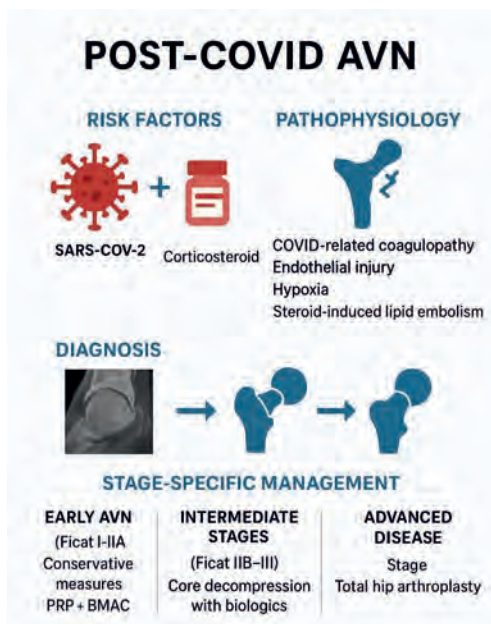
The post-COVID period has witnessed a marked increase in avascular necrosis (AVN) of the femoral head, particularly among individuals with prior SARS-CoV-2 infection and corticosteroid exposure. Proposed pathophysiological mechanisms include COVID-related coagulopathy, endothelial injury, hypoxia, and steroid-induced lipid embolism. Epidemiological reports indicate a **2–5-fold rise** in incidence, frequently affecting younger adults and demonstrating a higher propensity for early bilateral involvement.

Magnetic resonance imaging (MRI) remains the gold standard for early detection. Management is stage-dependent: early AVN (Ficat I–IIA) may benefit from conservative measures and orthobiologic interventions such as platelet-rich plasma (PRP)

and bone marrow aspirate concentrate (BMAC); intermediate stages (IIB–III) are best addressed with core decompression augmented by biologics; advanced disease (stage IV) warrants total hip arthroplasty.

Take-home message:

Post-COVID AVN represents an emerging epidemic within the pandemic. Maintaining high clinical vigilance, advocating early MRI screening in at-risk patients, and applying timely orthobiologic and joint-preserving techniques can delay disease progression and reduce the need for premature hip replacement in younger patients.



Autoimmune Epilepsy–Advances in Therapeutics



Dr. Bhawna Sharma

Consultant Neurologist,
SMS Medical College Hospital, Jaipur

Autoimmune epilepsy (AE) is a distinct and increasingly recognized subtype of epilepsy, first identified in 2002 and classified by the International League Against Epilepsy (ILAE) in 2017 as a separate etiological category. It accounts for approximately 5–7% of adult epilepsy cases and up to 25% of refractory status epilepticus. AE results from immune-mediated disruption of the balance between excitatory glutamate and inhibitory GABA neurotransmission, often triggered by neuronal autoantibodies or molecular mimicry following infection. The disease spectrum includes acute symptomatic seizures secondary to autoimmune encephalitis (ASSAE) and autoimmune-associated epilepsy (AAE), which may persist beyond the acute inflammatory phase.

Clinical presentations vary widely, including catastrophic forms such as new-onset refractory status epilepticus (NORSE) and febrile infection-related epilepsy syndrome (FIRES), as well as Rasmussen's encephalitis and myelin oligodendrocyte glycoprotein (MOG)-associated cerebral cortical encephalitis (FLAMES). Diagnosis requires a high index of suspicion in patients with new-onset, drug-resistant seizures, neuropsychiatric symptoms, or compatible MRI and cerebrospinal fluid (CSF) findings. MRI and ^{18}F -FDG PET can reveal characteristic patterns, while EEG abnormalities are present in most cases. Confirmatory diagnosis involves detection of specific neuronal autoantibodies in serum or CSF, with cell-based assays being the gold standard. Clinical scoring systems such as the Antibody Prevalence in Epilepsy and Encephalopathy (APE2) score and the Antibody Causing Epilepsy Syndrome (ACES) score aid early identification, even before antibody results are available.



Management follows the principle of initiating immunotherapy promptly, without waiting for antibody confirmation, once competing diagnoses are excluded. First-line treatment includes high-dose corticosteroids, intravenous immunoglobulin (IVIG), and plasma exchange. Second-line options such as rituximab and cyclophosphamide are used in refractory cases, and emerging third-line therapies (e.g., bortezomib, tocilizumab, ocrelizumab, anakinra) target specific immune pathways. Anti-seizure drug selection must be individualized, avoiding agents that exacerbate psychiatric symptoms or interfere with immune mechanisms.

With early recognition and aggressive, targeted immunotherapy, AE generally has a favorable prognosis, with substantial neurological and functional recovery in most patients. Ongoing follow-up is essential to monitor relapse, adjust immunotherapy, and mitigate treatment-related adverse effects. The growing understanding of AE pathophysiology, biomarkers, and therapeutic strategies offers an expanding window for timely intervention and improved outcomes in this potentially reversible cause of epilepsy.

Busting Myths About Colorectal Cancer



Dr. Vivek Mangla

Senior Director - Gastrointestinal and Hepatopancreatobiliary
(GI & HPB) Surgical Oncology
Max Super Speciality Hospital, Vaishali

Colorectal cancer (CRC) is the third most common cancer worldwide, affecting both men and women. It originates in the large intestine and typically develops from polyps over time. Early detection, treatment advances, and lifestyle changes have improved patient outcomes.

Risk Factors: CRC primarily affects individuals over 50, but cases in younger adults are rising. Key risk factors include family history, genetic conditions (Lynch syndrome, familial adenomatous polyposis), and lifestyle choices such as a diet high in red/processed meats, obesity, smoking, and heavy alcohol consumption.

Early Detection: CRC often has no symptoms in early stages but may present with persistent bowel habit changes, blood in stools, abdominal discomfort, weight loss, and fatigue. Colonoscopy is the gold standard for screening, recommended from age 45 for high-risk individuals. Detecting and removing precancerous polyps can prevent cancer development.

Treatment Advances: Surgery is the primary treatment for localized CRC, while rectal cancer often requires chemotherapy and radiation before surgery. Minimally invasive techniques (laparoscopic & robotic surgery) enhance recovery. Targeted therapies and immunotherapy are promising for advanced cases.



Outcomes: Early-stage CRC has a cure rate exceeding 90%. Cure can be achieved in nearly 3/4ths patients with Stage III CRC. Significant proportion of stage IV cases achieve good survival rates with modern treatments with a lot of patients achieving cure with removal of tumours spread in liver or lungs.

Lifestyle Changes: Healthy diet, regular exercise, quitting smoking and alcohol use lower CRC risk and improve treatment outcomes.

Awareness & Support: March is CRC Awareness Month, with a number of awareness, screening, and support programs being organized worldwide. With early detection, advanced treatments, and healthy habits, CRC patients can achieve better survival and quality of life.

Why You will Have to Pay from Your Own Pocket Despite an Indemnity Policy?



Dr. Gaurav Aggarwal
MBBS, MD, DNB, ACME, LLB

Professional indemnity insurance is promoted as a shield for doctors against high-value negligence claims, particularly where consumer courts order substantial compensation. In reality, many practitioners discover—often after an adverse judgment—that insurers refuse to pay, leaving them to cover awards running into lakhs or crores from personal funds. This results from misplaced confidence in “blanket” coverage and inadequate attention to exclusion clauses, procedural obligations, and financial limits.

We shall discuss 30 denial triggers, illustrated with multi-specialty patient scenarios, showing that even well-meaning doctors can be left exposed by policy fine print and procedural pitfalls. Awareness, proactive compliance, and timely medicolegal engagement are critical to ensuring indemnity insurance fulfilling its role as a protective shield, not a false promise.



PHARMA DISTRIBUTORS

- GALAXY PHARMACY (Green City Hospital Delta-1 GN)
- GALAXY PHARMACY (Lions Eye Hospital Kavi Nagar)
- GALAXY PHARMACY (Saini Enclave Delhi)
- GALAXY PHARMACY (Shanti Nursing Home Delhi)

We are also interested in outsourcing of (IPD/OPD) Pharmacy Outlet In Hospital

We deals in all kinds of anti cancer & critical care products

Mail ID- Galaxypharmacy2019@gmail.com

Phone no-742873250/011-46573098/9811842871

B1, Basement plot no-13 neelkanth chamber savita vihar delhi-110092

The Role of New-Generation Insulins in Diabetes Management



Dr. Priyamvada Tyagi

Consultant – Endocrinologist
Max Hospital, Patparganj & Noida

Diabetes mellitus remains one of the most significant chronic diseases worldwide, requiring long-term treatment to maintain blood glucose control. Insulin therapy continues to be central for patients with type 1 diabetes and many with advanced type 2 diabetes. Over time, insulin formulations have evolved from conventional preparations with variable action to advanced analogs that better mimic natural insulin secretion. The arrival of new-generation insulins marks an important step forward in this evolution, offering safer, more effective, and more convenient therapy options.

Insulins such as insulin degludec have been specifically designed to address the shortcomings of earlier analogs. They provide a longer duration of action with improved pharmacodynamic stability, leading to a smooth and consistent glucose-lowering effect that lasts beyond 24 hours. This predictability reduces the risk of hypoglycemia, especially nocturnal episodes, which have been a persistent challenge in diabetes management.

These insulins also bring flexibility to dosing, allowing patients to adjust their regimens according to lifestyle without compromising safety. This ease of use not only enhances adherence but also improves overall quality of life. Importantly, the reduction in glucose variability contributes to better long-term outcomes, lowering the risk of complications such as cardiovascular disease, nephropathy, and neuropathy.



Beyond individual benefits, new-generation insulins represent progress toward more personalized and precise diabetes care. When combined with structured lifestyle interventions, monitoring, and patient education, they empower healthcare providers to deliver treatment that is both effective and patient-centered.

By reducing variability, minimizing risks, and simplifying daily management, new-generation insulins set a new benchmark in diabetes therapy. Their continued adoption promises to improve outcomes for millions of patients, bringing greater safety, stability, and confidence in managing this lifelong condition. Advocates for a deeper appreciation and implementation of ethical principles in medical practice, ensuring that healthcare remains committed to compassion and respect for human dignity.

Medicolegal Challenges in Obs and Gynae



Dr. Atul Bansal

Senior Consultant Anaesthesiology
Max Super Speciality Hospital, Vaishali

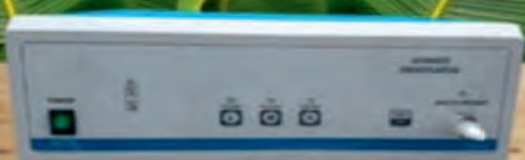
Obstetrics and gynaecology is one of the highest risk specialities for litigations in India, with medicolegal disputes steadily rising. Common areas of conflict include maternal and neonatal morbidity or mortality, management of high risk pregnancies, surgical complications, delayed interventions and lapses in consent and documentations. Increasing patient awareness, aggressive litigation under the consumer protection act, and evolving judicial interpretations, have further amplified the vulnerability of practitioners.

Today's discussion will critically examine the current medicolegal scenario in India, with emphasis on litigation trends, landmark judgements and their direct implications for obstetrical and gynecological practice. Through real word case analysis, participants will gain insight into the legal expectations surrounding informed consent, timely decision making, record keeping, communication and adherence to standard treatment guidelines.

This session aims to empower obstetrician and gynecologist to minimise legal risk while maintaining ethical patient centered care. By understanding the medicolegal landscape, clinician can strengthen both professional security and trust in the doctor patient relationship.

Unokart Enterprises

MOTO-750
ENDOSCOPY
WATER
JET PUMP


NEO-350E
ENDOSCOPY
CO₂ PUMP


Delhi
Ph: 9560067267 Email: info.urokart@gmail.com

Recognition of Critical Illness in Obstetric Patient



Dr. Jyotsna Suri

Professor, Unit Head & In-Charge - Obstetric Critical Care,
VMMC & Safdarjung Hospital, New Delhi

The early recognition of maternal deterioration is absolutely critical for optimum management of the obstetric patient. This can be very challenging in a pregnant woman mainly because of the physiological changes of pregnancy; early warning scores modified for use in pregnancy keeping in consideration the above have been recommended over the years.

MOEWS: The modified obstetric early warning scoring system (MOEWS) is a color coded chart which denotes the various physiological parameters of the patient. Most of these charts use heart rate, respiratory rate, systolic and diastolic blood pressure, temperature, alertness level and oxygen saturation as the parameters. At any point of time if the woman triggers 2 amber scores or 1 red score, the obstetrician should be called to assess the patient.

Another score which was developed by Carle et al, is scientifically designed and the numerical values allotted to the various parameters are statistically weighted.

Shock Index (SI): Shock index is a very useful hemodynamic parameter which is derived by dividing Heart Rate (HR) with systolic BP (SBP) ($SI = HR/SBP$). Any value above 1 in pregnancy is compatible with a diagnosis of shock in the appropriate clinical setting.

qSOFA and obstetrically modified qSOFA: A very important and easily performed score at the bedside of the patient is the quick SOFA (qSOFA). This score is a quick triage to identify sick patients or those who are likely to require HDU/ICU care. Any value more than or equal to 2 is considered abnormal and the level of care of these patients should be stepped up.

Hence to conclude it can be said that strict monitoring of a pregnant woman especially during labour and early postpartum period is very crucial as most of the maternal mortalities occur during this period. Use of various hemodynamic parameters and different scores can help in early identification and prompt action to have better maternal outcome.



LDL Cholesterol Management and Targets in Cardiovascular Disease



Dr. Ashwani Mehta

Senior Consultant Cardiologist,
Professor - GRIPMER
Director - Heart Failure Program & Research
Sir Ganga Ram Hospital, New Delhi

Cardiovascular disease (CVD) remains the leading cause of morbidity and mortality worldwide, with dyslipidemia recognized as a key driver of atherosclerosis and its complications. Among lipid parameters, low-density lipoprotein cholesterol (LDL-C) is the most significant modifiable risk factor and has become the central focus of preventive cardiology. Mounting evidence demonstrates a direct, graded relationship between LDL-C levels and cardiovascular risk, making effective management essential in reducing the burden of heart attacks, strokes, and premature mortality.

Aggressive and sustained reduction of LDL cholesterol through evidence-based therapies and lifestyle interventions is the cornerstone of cardiovascular risk management. Current guidelines increasingly advocate for lower LDL-C targets, particularly for high- and very-high-risk individuals, with thresholds now set as low as <55 mg/dL in certain patient groups. These evolving targets reflect the principle that “lower is better and safest” when it comes to LDL cholesterol.

Therapeutic strategies have advanced considerably in recent years. Statins remain the first-line agents due to their proven efficacy in lowering LDL-C and reducing cardiovascular events. However, for patients who do not achieve targets with statins alone, combination therapies are now standard practice. Ezetimibe, which inhibits intestinal cholesterol absorption, provides incremental benefits when added to statins. More recently, PCSK9 inhibitors have emerged as powerful agents capable of achieving dramatic LDL reductions, especially for patients with familial hypercholesterolemia or refractory hyperlipidemia.

Lifestyle modification remains a critical foundation of management, encompassing dietary regulation, regular exercise, weight control, smoking cessation, and control of comorbidities such as diabetes and hypertension. Patient education and engagement are vital for adherence and long-term success. Personalized care is increasingly shaping lipid management, with therapy tailored to each patient's baseline risk, comorbid conditions, genetic predispositions, and treatment tolerability. The availability of novel therapies, including small interfering RNA-based treatments targeting PCSK9 synthesis, promises to further expand the therapeutic landscape in the near future.

In conclusion, optimal LDL-C management is not simply a biochemical target but a powerful tool to prevent life-threatening cardiovascular events. By combining aggressive lipid-lowering strategies, innovative therapies, and individualized patient care, clinicians can dramatically reduce atherosclerotic risk and improve long-term cardiovascular outcomes. Achieving and sustaining optimal LDL cholesterol levels remains one of the most effective strategies in the fight against cardiovascular disease.

Missing Stage Zero—Challenges to Conquer Head and Neck Cancer



Dr. Pawan Gupta

Senior Director - Head & Neck Oncology
Max Super Speciality Hospital, Vaishali

Head and neck cancers (HNC) remain a major global health challenge, with significant morbidity and mortality, particularly in regions with high prevalence of tobacco, alcohol, and betel nut use, as well as HPV-associated disease. Unlike other malignancies such as cervical or colorectal cancer, where “stage zero” or precancerous lesions are well-defined and targeted through screening, head and neck oncology continues to grapple with the absence of a universally recognized premalignant stage in routine clinical practice. Oral leukoplakia, erythroplakia, submucous fibrosis, and dysplastic lesions represent potential precursors, yet their variable natural history, lack of standardized biomarkers, and inconsistent screening practices hinder early intervention.

The concept of a “stage zero” in HNC is critical for shifting the paradigm from late-stage treatment to true prevention and early detection. Challenges include heterogeneity of premalignant lesions, limited sensitivity and specificity of available diagnostic adjuncts, lack of population-based screening programs, and disparities in awareness and access to care. Advances in molecular diagnostics, salivary biomarkers, optical imaging, and artificial intelligence–driven risk stratification offer promising avenues for identifying individuals at highest risk.

Coming era will explore the scientific and clinical barriers to defining and detecting “stage zero” in head and neck cancer, and discuss strategies to bridge this gap. Establishing validated biomarkers, integrating preventive oncology into primary care, and designing cost-effective screening protocols remain essential steps toward conquering HNC through earlier diagnosis and intervention.



Divine Charitable Blood Centre



Shiv Kumar Yadav
Blood Bank Director
M: 7828387638

Aman Sharma
Marketing Manager
M: 8178283531

Address: 3rd Floor Jeevan Anmol Hospital
Mayur Vihar Phase 1 Delhi 110091

Screening For Aneuploides: Interpretation of Reports



Dr. Reema Bhatt

Senior Consultant & Head - Foetal Medicine
Amrita Hospital, Faridabad

Prenatal screening for aneuploidies has become an integral component of obstetric care, offering early risk stratification for trisomy 21, trisomy 18, trisomy 13, and sex chromosome abnormalities. First-trimester combined screening (11–13+6 weeks) integrates maternal serum markers [free β -hCG, PAPP-A] with nuchal translucency (NT) measurement, generating risk ratios expressed relative to maternal age-adjusted background risk. Second-trimester biochemical screening (quadruple test: AFP, β -hCG, uE3, inhibin A) and contingent protocols remain valuable where cfDNA testing is not universally available.

With cell-free DNA (cfDNA/NIPT), interpretation relies on parameters such as fetal fraction, z-scores, and assay-specific cutoffs, with sensitivity >99% for trisomy 21 but reduced accuracy in cases of low fetal fraction, high maternal BMI, multiple gestations, or placental mosaicism. Reports typically categorize risk as high or low, but clinicians must recognize that cfDNA remains a screening, not diagnostic, tool. Importantly, false positives may arise from confined placental mosaicism or maternal chromosomal abnormalities, while false negatives may occur in low fetal fraction scenarios.

Accurate interpretation requires integration of laboratory values (e.g., MoM multiples for biochemical markers, NT percentiles), risk algorithms, and ultrasound findings. High-risk results necessitate confirmatory diagnostic testing via chorionic villus sampling or amniocentesis with karyotype or chromosomal microarray. Counseling should address residual risk, test limitations, and implications for subsequent pregnancy management.

This panel will review clinician-focused strategies for interpreting aneuploidy screening reports, emphasizing integration of biochemical, ultrasonographic, and cfDNA findings to enhance diagnostic accuracy and optimize patient counseling.



Aniket Gupta

Audiologist & Speech Pathologist

M: +91 9899955202

FACILITIES:

Hearing Tests | Speech Therapy | Hearing Aids | Cochler Implant

A-105, 1st Floor
Raj Has Plaza, Kala Pathar Road,
Opp. Aditya Mall, Ahinsa Khand-1,
Indrapuram, Ghaziabad, UP - 201 014
Timing: 10:00 am to 7:00 pm
Ph.: 0120-4247036

127, (Basement)
Hargobind Enclave,
Karkardoom, Opp. Amar
Jyoti School, New Delhi - 110 092
Timing: 10:00 am to 7:00 pm
Ph.: 011-43036557

A-3, Shivalik, Malviya Nagar
Opp. Aurobindo Marg,
New Delhi - 110 017
Timing: 10:00 am to 7:00 pm
Ph.: 011-49423504

Web: www.tarangclinics.com | E-mail: tarangclinicsdelhi@gmail.com

Helpline No.: 8506814814

Transplant Innovations: An Interactive Session



Dr. Manisha Dassi

Associate Director - Nephrology
Max Super Speciality Hospital, Vaishali

Transplant medicine continues to advance rapidly, with innovations transforming outcomes across solid organ and stem cell transplantation. The field has evolved beyond conventional surgical techniques to embrace precision medicine, organ preservation technologies, immunomodulatory strategies, and bioengineering. Novel approaches such as normothermic machine perfusion, hypothermic oxygenated perfusion, and ex vivo graft assessment are expanding the donor pool while improving graft viability. Concurrently, advances in immunogenetics, desensitization protocols, and the development of targeted biologics are enhancing graft survival and minimizing rejection.

The session will also explore breakthroughs in regenerative medicine, including stem cell-derived organoids, 3D bioprinting, and xenotransplantation, which hold promise for addressing the persistent gap between organ demand and availability. Equally important are innovations in artificial intelligence, big-data analytics, and digital health platforms that are redefining donor-recipient matching, early rejection detection, and post-transplant surveillance.

We hereby aim to provide a platform for multidisciplinary discussion on the translational and clinical relevance of these innovations, highlighting both opportunities and challenges. Key focus areas will include ethical considerations in emerging therapies, cost-effectiveness and access in low- and middle-income countries, and strategies for integrating cutting-edge science into day-to-day clinical practice. By fostering interactive dialogue, the session seeks to engage clinicians, researchers, and trainees in shaping the future of transplantation with the dual goals of improving survival and enhancing quality of life for transplant recipients.

Indian Dialysis Centre **Satyabhama Hospital Pvt.Ltd.**

(Home Dialysis Service Available)

Mr. Guljar Alam (Director)
M: 9015045182, 7840046182

RZ-10, Naresh Park, Near Pani Tanki, Najafgarh Road, Delhi-110041
Ph.: 011-25943107, 25949727 For Booking Helpline No. : 9311116607, 8506008075
E-mail: mr.guljar.alam@gmail.com

NPWT Dressing: Boon for managing Diabetic Foot Ulcer



Dr. Ashok Damir

Director, Diabetic Foot & Wound Care,
BLK-MAX Super Speciality Hospital, New Delhi

Diabetic foot ulcers (DFUs) remain one of the most serious and challenging complications of diabetes, often leading to prolonged hospitalizations, recurrent infections, and in severe cases, lower limb amputations. Conventional dressings, while widely used, often fail to provide the optimal environment required for sustained healing. Over the past two decades, Negative Pressure Wound Therapy (NPWT) has emerged as a groundbreaking modality in the management of DFUs, transforming outcomes for patients across the globe.

NPWT works by applying controlled negative pressure to the wound bed through a sealed dressing system connected to a vacuum pump. This mechanism helps in several ways: it removes excess exudate, decreases local edema, promotes perfusion, and stimulates the formation of healthy granulation tissue. By continuously drawing the edges of the wound together, NPWT enhances natural wound contraction, thereby accelerating closure. Additionally, the closed environment significantly reduces the risk of secondary infection, which is a critical factor in preventing complications and amputations.

Clinical studies and real-world experiences have shown that NPWT reduces the time to healing, lowers the incidence of recurrent infections, and helps avoid major surgical interventions. For patients, this translates into shorter hospital stays, fewer procedures, and an overall improvement in quality of life. It also allows earlier mobilization and rehabilitation, enabling patients to return to normal activities with reduced psychological and physical burden.

From a physician's perspective, NPWT has become an invaluable tool in managing complex diabetic wounds. Its versatility allows it to be used as an adjunct therapy along with debridement, revascularization, and infection control measures. Moreover, its efficacy in reducing healthcare costs by minimizing prolonged admissions and surgical amputations underscores its importance in modern diabetic foot care protocols.

In conclusion, NPWT is not just a dressing but a paradigm shift in wound care management. By combining science, technology, and clinical expertise, it provides a powerful solution for one of the most persistent challenges in diabetic care. As awareness and accessibility increase, NPWT is set to become the standard of care for diabetic foot ulcers, offering renewed hope for millions of patients worldwide.

Panel Discussion: Managing operable foetal Conditions: Prenatal Diagnosis, Timing of intervention & long term outcomes



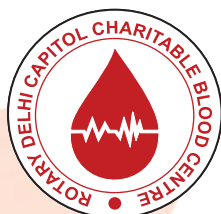
Dr. Apoorva Reddy
Consultant, Fetal Medicine
Femme nest, Delhi



Dr Samanta Dhulipala
Attending Consultant,
Maternal - Fetal Medicine
Max Super Speciality Hospital, Vaishali

Advances in prenatal imaging and molecular diagnostics have markedly improved the detection of surgically correctable fetal anomalies, enabling earlier risk stratification and individualized care. Conditions such as congenital diaphragmatic hernia (CDH), spina bifida, obstructive uropathy, heart diseases, intestinal obstructions and even rare ones like twin-to-twin transfusion syndrome (TTTS) are now routinely identified in utero, allowing consideration for diagnosis and adequate counseling for both pre and postnatal intervention. The timing of such interventions remains a critical determinant of outcome, requiring a balance between disease progression and long term outcomes.

This panel discussion will critically appraise current evidence on prenatal diagnosis, optimal timing of postnatal intervention, and long-term outcomes in operable fetal conditions. By integrating clinical data with parental counseling and outcome registries, the session aims to define best practices and identify gaps that warrant future collaborative research. The ultimate goal is to refine strategies that not only improve postnatal survival but also optimize functional and quality-of-life outcomes in affected children.



ROTARY DELHI CAPITOL CHARITABLE BLOOD CENTRE

रक्तशाला

With best regards

Dr. Saameer Kumar
Director

Rtn Ravinder Goel
President

118-A/B-1, GTB Chowk, Dilshad Garden, Near Jeevan Jyoti Clinic & Hospital, New Delhi-110095 Ph.: 011-40450126
rotary.dccbc@gmail.com

PRODUCTS AVAILABLE ARE :

- PACKED HUMAN RED BLOOD
& CORPUSCLES
- PLATELETS CONCENTRATE
- FRESH FROZEN PLASMA
- CRYOPRECIPIRATE
- PLATELETAPHERESIS
- LEUCO-DEPLETED PRBC
- CRYO-POOR-PLASMA

Medicolegal Challenges in Fetal Ultrasound



Dr. Neelam Lekhi
Senior Consultant Radiologist

Fetal ultrasound has become an indispensable tool in modern obstetric care, offering critical insights into fetal development, congenital anomalies, and pregnancy outcomes. However, as its clinical utility has expanded, so too have the medicolegal complexities surrounding its use. In her expert talk titled “Medicolegal Challenges in Fetal Ultrasound!!”, Dr. Neelam Lekhi—an esteemed radiologist and a leading voice in medical governance—will unpack the evolving legal landscape that clinicians must navigate in this sensitive domain.

From the stringent regulations under the PCPNDT Act to the ethical dilemmas of prenatal diagnosis, fetal ultrasound sits at the intersection of clinical precision and legal scrutiny. The session will explore key challenges such as documentation standards, consent protocols, gender determination controversies, and the implications of missed or misinterpreted findings. Dr. Lekhi will also address the growing need for legal literacy among radiologists and obstetricians, emphasizing how proactive compliance and transparent communication can safeguard both patient welfare and practitioner integrity.

This topic holds immense relevance in today's clinical practice, where even routine scans can carry significant legal weight. The increasing awareness among patients, coupled with judicial activism, has transformed how fetal imaging is approached—not just as a diagnostic tool, but as a medico-legal responsibility.

Dr. Lekhi's multifaceted leadership across medical associations brings a unique perspective that blends clinical expertise with policy insight. Her talk promises to be both enlightening and empowering, offering practical strategies and real-world scenarios that resonate with practitioners across specialties.

This session is a must-attend for radiologists, gynecologists, legal advisors, and healthcare administrators committed to ethical excellence and legal compliance in prenatal care.

Post Menopausal Bleeding: Is it Cancer?



Dr. Swasti

Director - Surgical Oncology (Gynecology)
Max Super Speciality Hospital, Vaishali

Postmenopausal bleeding (PMB) is a clinical symptom that causes concern due to its association with underlying pathology, including endometrial cancer. While the majority of cases arise from benign causes, such as vaginal atrophy or polyps, approximately 10% of women with PMB are found to have uterine or endometrial cancer.

Clinical Significance

PMB occurs in women one year or more after cessation of menstruation and always warrants investigation, as it is abnormal. Endometrial carcinoma presents with PMB in about 90% of cases and is often in an early, curable stage. However, only 9–10% of women presenting with PMB are ultimately diagnosed with endometrial cancer. The incidence of other malignancies such as ovarian, bladder, and gastrointestinal cancers is comparatively lower but still significant, warranting thorough clinical evaluation.

Risk and Diagnostic Approach

The risk of cancer associated with PMB is highest in the first few months following bleeding but remains elevated for several years, particularly for endometrial, ovarian, and bladder cancers. Hormone replacement therapy can sometimes cause PMB, but persistent or recurrent bleeding after initial use should be investigated further for malignancy. The diagnostic approach involves history, examination, imaging (such as transvaginal ultrasound), and histopathological assessment to identify the underlying cause.

Conclusion

PMB is a warning sign, and while most cases are benign, a significant minority signify malignancy, most notably endometrial cancer. Early recognition and appropriate investigation are critical to rule out underlying cancer and to ensure optimal health outcomes for postmenopausal women.

SHREE KRISHNA HYGIENE SOLUTION
chemical hygiene solution

CLEANING SERVICE

Please consider on the following items
- Garbage bag colour, black Above are only few items but we wide range of Hospital requirements like All type of Chemical Hygiene product ETC.

+91-8800286924
89 Gyan park krishna nagar
krishnahygienesolution610@gmail.com

Made with PosterMyWall.com

Breast Cancer: Case-Based Panel Discussion



Dr. Rajinder Kaur Saggu

Senior Director - Surgical Oncology (Breast)
Max Super Speciality Hospital, Vaishali

Breast cancer management has undergone a paradigm shift—from rigid protocols to personalized, multidisciplinary care. In this compelling panel discussion titled “Breast Cancer: Case-Based Panel Discussion!!”, Dr. Rajinder Kaur Saggu will moderate an elite panel of specialists who bring diverse expertise to the table, reflecting the collaborative nature of modern oncology.

The session will feature real-world cases that highlight the complexity and nuance of breast cancer treatment across stages and subtypes. Panelists include Dr. Rashi Agarwal (Radiation Oncology), Dr. Shreya Sardana (Breast Surgery), Dr. Disha Tiwari and Dr. Gopal Sharma (Medical Oncology), Dr. Rakhi Rawat and Dr. Sowjanya Agarwal (Gynaecology & Reproductive Surgery), Dr. Abhishek Gupta (Nuclear Medicine), and Dr. Ritu Verma (Interventional Radiology). Together, they will dissect cases from diagnosis to survivorship, exploring how imaging, pathology, genetics, fertility preservation, and targeted therapies converge to shape outcomes.

This discussion underscores the importance of case-based learning in clinical practice. It reflects how multidisciplinary tumor boards and precision medicine have revolutionized decision-making, allowing clinicians to tailor interventions based on tumor biology, patient preferences, and comorbidities. The inclusion of reproductive and robotic surgery perspectives also highlights the growing emphasis on quality of life and long-term survivorship.

Attendees will gain insights into emerging trends such as neoadjuvant therapy, oncoplastic techniques, and the integration of nuclear imaging in staging and response assessment. This session is a must-attend for oncologists, surgeons, radiologists, and gynecologists seeking to stay ahead in the evolving landscape of breast cancer care.

Expect a dynamic exchange of ideas, evidence, and experience—where every case tells a story, and every story shapes the future of oncology.

Role of Fibroscan in Predicting Liver Diseases



Dr. Kaushal Madan

Principal Director & Head - Clinical Hepatology
Max Super Speciality Hospital, Saket

Liver disease is often silent until advanced stages, making early detection and accurate staging critical to improving outcomes. Traditionally, liver biopsy was the gold standard for assessing fibrosis, but its invasiveness, sampling variability, and patient discomfort posed significant limitations. The advent of transient elastography—popularly known as Fibroscan—has revolutionized hepatology by offering a non-invasive, rapid, and reliable method to assess liver stiffness and steatosis.

In his expert talk titled “Role of Fibroscan in Predicting Liver Diseases!!”, Dr. Kaushal Madan, Principal Director & Head of Clinical Hepatology at Max Saket, will explore how Fibroscan has transformed the diagnostic and prognostic landscape of liver care. With vast experience in hepatology, liver transplant, and biliary sciences, Dr. Madan will share insights into how this technology is being integrated into routine clinical practice across India.

This session will highlight Fibroscan's utility in evaluating chronic liver diseases such as hepatitis B and C, non-alcoholic fatty liver disease (NAFLD), alcoholic liver disease, and cirrhosis. Dr. Madan will discuss how liver stiffness measurements correlate with fibrosis stages, guide treatment decisions, and help monitor disease progression or regression over time. He will also address its role in risk stratification for hepatocellular carcinoma and portal hypertension.

Importantly, the talk will emphasize how Fibroscan has democratized liver diagnostics—making it accessible, repeatable, and patient-friendly. It has empowered clinicians to make timely interventions, reduce reliance on invasive procedures, and personalize care with greater precision.

This lecture is a must-attend for gastroenterologists, hepatologists, internists, and general practitioners committed to advancing liver health through innovation and evidence-based practice.

Current Perspectives of Interventional Pulmonology in India



Dr. Karan Madan

Professor, Pulmonary Medicine & Sleep Disorders,
AIIMS, New Delhi

Interventional Pulmonology (IP) has emerged as a transformative subspecialty within respiratory medicine, offering minimally invasive diagnostic and therapeutic solutions for complex airway, pleural, and parenchymal lung diseases. In India, the field has witnessed rapid evolution over the past decade, driven by technological advancements, growing expertise, and an increasing burden of respiratory disorders.

Dr. Karan Madan, a distinguished Professor at the All India Institute of Medical Sciences (AIIMS), New Delhi, and a leading faculty member in Pulmonary Medicine and Sleep Disorders, will present his expert talk titled “Current Perspectives of Interventional Pulmonology in India!!”. With a strong academic foundation and extensive clinical experience, Dr. Madan will provide a panoramic view of how IP is reshaping respiratory care across the country.

This session will explore the expanding role of advanced bronchoscopy techniques, including endobronchial ultrasound (EBUS), cryobiopsy, and navigational bronchoscopy, in diagnosing lung cancer, sarcoidosis, and interstitial lung diseases. Dr. Madan will also highlight therapeutic interventions such as airway stenting, bronchial thermoplasty, and pleuroscopy, which have significantly reduced the need for surgical procedures and improved patient outcomes.

Importantly, the talk will address the challenges unique to the Indian healthcare landscape—such as access, training, and infrastructure—and propose strategies to build capacity and standardize care. Dr. Madan's insights will underscore the importance of multidisciplinary collaboration and the integration of IP into routine pulmonology practice.

This lecture is essential for pulmonologists, thoracic surgeons, and healthcare professionals aiming to stay at the forefront of respiratory innovation. Interventional Pulmonology is not just a specialty—it's a revolution in how we diagnose, treat, and care for patients with respiratory disease.

Optimal Medical Therapy for Heart Failure



Dr. Anil Saxena
Chairman Cardiology
Fortis Hospital, Okhla

Hear failure remains one of the most pressing challenges in cardiovascular medicine, affecting millions globally and placing a significant burden on healthcare systems. Once considered a progressive and irreversible condition, heart failure management has been revolutionized by advances in pharmacotherapy and clinical guidelines that emphasize evidence-based, individualized care.

In his expert talk titled “Optimal Medical Therapy for Heart Failure!”, Dr. Anil Saxena—Executive Director of Electrophysiology and Cardiac Pacing at Fortis Escorts Heart Institute—will present a comprehensive overview of the evolving landscape of heart failure treatment. With decades of experience in cardiac care and a pioneering role in electrophysiology, Dr. Saxena brings a unique perspective on integrating medical therapy with device-based interventions.

This session will explore the latest therapeutic strategies, including the use of ACE inhibitors, ARNI, beta-blockers, SGLT2 inhibitors, and mineralocorticoid receptor antagonists. Dr. Saxena will discuss how these agents, when used in optimal combinations and dosages, have significantly improved survival rates, reduced hospitalizations, and enhanced quality of life for patients with heart failure.

Importantly, the talk will highlight the paradigm shift from symptom-based treatment to proactive, guideline-directed medical therapy (GDMT), emphasizing early intervention and titration protocols. Dr. Saxena will also address the role of cardiac pacing and electrophysiological support in patients with advanced heart failure, underscoring the synergy between pharmacologic and device-based therapies.

This lecture promises to be a vital resource for cardiologists, internists, and general practitioners seeking to stay abreast of cutting-edge practices in heart failure management. Attendees will gain actionable insights into optimizing therapy and transforming outcomes for one of the most complex and impactful conditions in modern medicine.

Diagnostic Haematology in the Molecular Era



Dr. Anil Handoo

Principal Director & HOD - Laboratory Services
BLK-Max Super Speciality Hospital, Delhi

The field of diagnostic haematology has undergone a seismic transformation in recent years, driven by the advent of molecular technologies that have redefined how clinicians detect, classify, and manage hematologic disorders. In an era where precision medicine is no longer aspirational but essential, molecular diagnostics have become the cornerstone of modern haematology.

Dr. Anil Handoo, Principal Director & Head of Laboratory Services at BLK-Max Super Speciality Hospital, Delhi, will deliver a thought-provoking expert talk on “Diagnostic Haematology in the Molecular Era!” at this year's Pushpanjali Medical Conference. With decades of experience and leadership in laboratory medicine, Dr. Handoo will explore how molecular tools—ranging from PCR and flow cytometry to next-generation sequencing—have revolutionized the diagnostic landscape.

This session will delve into how molecular haematology enables early and accurate detection of conditions such as leukemias, lymphomas, myeloproliferative neoplasms, and inherited blood disorders. It has empowered clinicians to move beyond morphology and immunophenotyping, offering deeper insights into genetic mutations, disease prognosis, and therapeutic targets. The result: more personalized treatment plans, better monitoring of minimal residual disease, and improved patient outcomes.

Dr. Handoo will also highlight real-world case studies and discuss the integration of molecular diagnostics into routine laboratory workflows, addressing challenges such as cost, accessibility, and interpretation. His talk promises to be a masterclass in bridging traditional haematology with cutting-edge molecular science.

This is a must-attend session for clinicians, pathologists, and laboratory professionals seeking to stay ahead in a rapidly evolving field that is reshaping clinical practice and redefining standards of care.

Supermax



**WHO GMP
CERTIFIED
PHARMA
COMPANY
INDIA**



Category of drugs we deal with:

- | | | |
|----------------------------|--------------------------|--------------------------|
| 1 Nephrology | 2 Endocrinology | 3 Urology |
| 4 Respiratory | 5 Anti-Diabetic | 6 Cardiovascular |
| 7 Gynecology | 8 Rheumatology | 8 Neurology |
| 9 Dermatology | 10 Anti-Infective | 11 Antipsychiatry |
| 12 Gastrointestinal | 13 Ophthalmic | 14 Antihistaminic |

With Best Compliments from:

Supermax Drugs & Pharmaceuticals Pvt. Ltd.

Corporate Office : DGL-215, DLF Galleria Mall, Mayur Vihar Phase-I Extension,
New Delhi – 110091, India

Unit I:- H-1231, DSIDC Industrial Area, Narela, Delhi-110040, India

Unit-II : Khasra No.322, Nanhera, Anantapur, Bhagwanpur,Rorkee-247668
Distt. Haridwar Uttarakhand, INDIA

Unit III-H-1374, DSIDC Industrial Area, Narela, Delhi-110040, India

Email id: supermaxdrugs@gmail.com, business@supermaxdrugs.com



With Best Compliments from


Bonitas[®]
LIFE SCIENCES
An ISO 9001 : 2015 Certified Company

Makers Of :

COMBIVM-WOMEN

SUPPORTS ENERGY, IMMUNITY & STRONG BONES

COMBIVM-ADULT

SUPPORTS ENERGY, IMMUNITY , HEART HEALTH
+ MUSCLE FUNCTION

BONCORED[®] 10

SUPPORTS ENERGY, IMMUNITY, ENHANCES METABOLISM
& MUSCLE PERFORMANCE

SHADES
SPECS
LENSES
FRAMES

a81
OPTIC LAND



A-81 Yojna Vihar, Delhi - 92

011.4240 8000, 88263 90081 info@a81.in

Best Wishes from Gaur Surgicals



Rad 97 Pulse Oximeter



Rad 97 With NIBP Pulse Oximeter



Rad 97 with Nomoline



Masimo NIRS (Near Infrared Spectroscopy) Monitor



Rad G Handheld Pulse Oximeter with 5 Parameter

- Spo2
- PR
- PI
- PVI
- Rrp

Pentax Disposable Bronchoscope (One Pulmo)

- Display is 1920*1080 (full HD)
- Come with i-scan features
- 3 MM inner diameter provide improve suction capacity
- 4 hr Battery Backup with data storage and transfer is available



GAUR 
SURGICALS

**For More Information Please contact us :-
Gaur Surgicals**

B-142 , Okhala Industrial area phase - 1 , New
Delhi -110020
Mobile - 9811330540,9811330537
website -www.goursurgicals.com



**BOOK LAUNCH during
Pushpanjali MEDICON 2025**



Special prize during the Conference

ADVANCED **LIFE SUPPORT** **MADE EASY**

Author:
Dr. Rakesh Kumar

Editors: Dr. Sunil Kumar, Dr. Shakti Datt Sharma, Dr. Anil Misra

**Contributors: Dr. Neera Gupta Kumar, Dr. Ranju Singh,
Dr. Kavita Rani Sharma, Dr. Rajender Kumar, Dr. Keerty Sharma**

- **Simplified approach for learning and practicing advanced life support (ALS)**
 - *Initial chapters present a systematic approach to manage various arrest or peri-arrest situations to facilitate grasping the essence of providing ALS*
 - *Description of skills of BLS & ALS is presented separately as appendices*
 - *Text suitably supplemented with large number of tables, figures, pictures and user friendly algorithms*

Scientific Programme

Hall A

Session 1 - Nephrology

Leader: Dr. Neeru P Aggarwal, Coordinator: Dr. Manisha Dassi

Time	Topic	Speakers	Chairpersons
09:00am to 09:20am	Drug induced AKI- Prevention is Cure!	Dr. Vijay Kumar Sinha Director- Nephrology, Max Hospital	Dr. SC Chhabra Dr. Siddhartha Satapathy Dr. B.K. Tiwari Dr. Arvind Arya
09:20am to 09:40am	UACR and eGFR as Screening Tools to detect early Nephropathy	Dr. Manish Malik Vice Chairperson, Nephrology, SGRH	Dr. Dilip Bhalla Dr. AK Bhalla Dr. Varun Verma Dr. V K Gupta
09:40am to 10:10am	Transplant Innovations: An Interactive Session	Panellists: Dr. O.P. Kalra Dr. Rajeev Sood Dr. Neeru P Aggrawal Dr. Garima Aggrawal Dr. Shitij Bali	Moderator: Dr. Manisha Dassi

Session 2 - Pulmonology, Urology

Leader: Dr. Ankit Bhatia, Coordinator: Dr. Deepa Gupta, Dr. RPS Makkar

10:10am to 10:30am	Difficult Asthma - Handle with Care!	Dr. Deepak Talwar Sr Consultant and Chairman - Metro Respiratory Centre, Metro Group of Hospitals	Dr. Sharad Joshi Dr. Mayank Saxena Dr. P. K. Sharma Dr. Anirudh Lochan
10:30am to 10:48am	(Guest Lecture) Men's Health and Sexual Medicine- New Emerged Speciality and Role of IMA	Dr. Rajeev Sood Vice Chancellor, Baba Farid University of Health Sciences, Punjab. Founder Dean, ABVIMS & Dr RML Hospital. Chair, Department of Urology & Renal Transplant. Chairman, ISU-US	Dr. Anil Goyal Dr. Shitij Bali Dr. Ramesh Datta Dr. Jayesh Lele
10:48am to 10:56am	Setting up the Men's Health Clinic and Management Guidelines	Dr. Raman Tanwar	
10:56am to 11:00am	Panel Discussion	Dr. Anil Goyal Dr. Shitij Bali	

Session 2 - Cardiology

Leader: Dr. Gaurav Minocha, Coordinator: Dr. Heemanshu Lodhi

11:00am to 11:20am	Genetic testing to Predict Heart Disease and Lifestyle Diseases: target to Precision Medicine	Dr. Kamaldeep Y. Chawla Interventional Cardiologist, Baroda	Dr. Shridhar Dwivedi Dr. Sanjay Sood Dr. Pawan Sharma
--------------------	--	---	---

Time	Topic	Speakers	Chairpersons
11:20am to 11:40am	New Frontiers in Cardiology	Dr. Balbir Singh Cardiac Sciences, Pan Max & Chief of Interventional Cardiology and Electrophysiology, Max Saket, Delhi	Dr. SC Manchanda Dr. Anurag Singhal Dr. Gaurav Minocha Dr. RPS Makkar
11:40am to 12:10pm	LDL Cholesterol Management and targets in Cardiovascular Disease	Dr. Ashiwani Mehta Senior Consultant Cardiologist, Professor, GRIPMER Director - Heart Failure Program & Research, Sir Ganga Ram Hospital, New Delhi	Dr. Rahul Ramteke Dr. Samir Kubba Dr. Pankaj Chaudhary Dr. Pooja Garg
12:10 to 12:30pm	Optimising Challenges to Drug Therapy in HFrEF	Dr. Anil Saxena Senior Cardiologist, Escorts	Dr. Vijay Kumar Dr. T M Agarwal Dr. Anupam Prakash Dr. A S Popli
12:30 to 12:50pm	Optimizing WHF patient care: Translating Evidence into Clinical Practice	Dr. Peeyush Jain Director Non-Invasive Cardiology Fortis Escorts	Dr. Rahul Yakhmi Dr. Sumit Kumar Dr. Mukesh Ajmera Dr. Navin Atal
Guest Lecture Coordinator: Dr. RPS Makkar			
12:50 to 01:30pm	Management of Congestive Heart Failure- EP Overview	Dr. Terrance Khastgir MD, Cardiology Electrophysiology, Cardiology, and Cardiovascular Disease, Integrus Baptist Medical Centre, USA	Dr. Balbir Singh Dr. Kamaldeep Y. Chawla Dr. Ashwani Mehta Dr. A K Pandey
01:30 to 01:50pm	Approach to Diagnosis of ILD	Dr. Randeep Guleria Chairman of the Institute of Internal Medicine, Respiratory and Sleep Medicine, Medanta Gurgaon, Former Director, AIIMS	Dr. Ashok Grover Dr. Nitin Rathi Dr. Priyanka Agarwal Dr. Atush Alipuria Dr. Sai Kiran Chaudhary
01:50 to 02:10pm	Current perspectives of Interventional Pulmonology in India	Dr. Karan Madan Professor, Department of Pulmonary, Critical Care and Sleep Medicine, AIIMS, New Delhi	Dr. Arjun Khanna Dr. Nitesh Tayal Dr. Nishesh Jain Dr. Neelesh Goyal
Session 4 - Psychiatry Leader: Dr. Druhin Grover			
02:10 to 02:40pm	A Unique Public Child Mental Health initiative in India - at crossroads of healing and justice	Dr. Shekhar Seshadri (Health) Azim Premiji Foundation. Former Senior Professor, Dept of Child & Adolescent Psychiatry of Child & Adolescent Psychiatry, NIMHANS, Bangalore	Dr. Rajesh Sagar Dr. Achal Bhagat Dr. Abhinav Monga Dr. Rajesh Kumar

Time	Topic	Speakers	Chairpersons
02:40 to 03:10pm	Beyond the Body: Understanding, Identifying and Addressing Psychosomatic issues in Clinical Practice	Damini Grover Counselling Psychologist and Life Coach, Founder I'M Powered- Centre for Counseling & Well-Being	Dr. Neeraj Jain Dr. Prabhani Bindra Ms. Anu Gehlot Dr. Deepika Verma
Session 5 - Neurology Leader: Dr. B K Gupta, Coordinator: Dr. Vibhor Gupta			
03:10 to 03:40pm	Approach to Dementia	Dr. Suman Kushwaha Director Professor, HOD Neurology, IHBAS	Dr. Meena Gupta Dr. R K Dhamija Dr. Jyoti Bala Dr. Rahul Jain
03:40 to 04:10pm	Autoimmune Epilepsy- Advances in Therapeutics	Dr. Bhawna Sharma Consultant Neurologist, SMS Medical College Hospital, Jaipur	Dr. Neera Chaudhary Dr. Nirmala Lahoti Dr. Rajesh Gupta Dr. Sabrish Dharampal
04:10 to 04:40pm	Approach to Patient with Sudden Vision Loss	Dr. Namita Kaul Research Fellow Epilepsy (AIIMS), Director-Neurology, Medanta Noida	Dr. Vivek Kumar Dr. Amit Batra Dr. Ashwani Goyal Dr. Sahil Gupta

Hall 2

Time	Topic	Speakers	Chairpersons
Session 1B - Medical Ethics			
09:00am to 09:30am	Medicolegal Pitfalls	Dr. Gaurav Agarwal Forensic and Medicolegal Expert	Dr. V. K. Monga Dr. D. R. Rai Dr. Sarvesh Tandon Dr. Ajay Bedi Dr. Arvind Narayan
Guest Lecture Coordinator: Dr. Kumar Gandhi			
09:30 to 10:00am	Faith, Ethics, and Leadership in Modern Medicine	Dr. J.A Jayalal Past National President, IMA Professor and HOD Surgery, Kanya Kumari Govt Medical College	Dr. Narendar Saini Lt. Gen. (Rtd. Dr. H. L Gulati) Dr. V. K. Goyal Dr P. D. Garg
Session 2B - GLP1-RAs in Obesity Coordinator: Dr. Nishesh Jain			
10:00am to 10:15am	Why Obesity is a Chronic Disease?	Dr. Meena Chhabra Senior Visiting Consultant & Diabetologist, Sir Ganga Ram Hospital	Moderator: Dr. Anil Motta Dr. Hanish Gupta
10:15am to 10:30am	Surmounting Obesity with Tirzepatide	Dr Himanshu Sharma Consultant Endocrinologist, Max and Sarvodya Hospitals	Chairpersons: Dr. Rajesh Kesari Dr. Aman Rohtagi Dr. Mukesh Kumar

Time	Topic	Speakers	Chairpersons
10:30am to 10:45am	Tirzepatide vs Semaglutide- Evidence from Head-to-Head Trial	Dr. Naresh Dang Senior Physician & Diabetologist, Max Hospital	
10:45am to 11:00am	Q & A	All Faculty	
Dr. Shekhar Agarwal Memorial Oration Coordinator: Dr. Karun Jain			
11:00am to 11:30am	My Life's Journey through Hand Surgery	Dr. Amitava Gupta Director, Norton Arm & Hand Institute, Clinical Professor of Orthopaedic Surgery, University of Louisville, Chairman, AO North America Hand Education Committee	Dr Arun Goel Dr R.K. Dusaj Dr Anil Dhall Major Gen. Manmohan Singh Dr Sameer Mehta Dr Arvind Bansal
Session 3B - Orthopedics Coordinator: Dr. Karun Jain			
11:30am to 11:50am	Journey to surgical excellence -cultivating the traits to become a successful Robotic surgeon	Dr. (Prof.) Anil Arora Chairman and HOD Orthopedics and Joint Replacement Surgery, Max Hospital	Dr. Hemant Gupta Dr. Rajiv Jain Dr. Manmohan Aggarwal Dr. Sanjay Yadav Dr. Manoj Goel
11:50am to 12:10am	Art and Science of Exercise: person specific exercise prescription	Dr. Amit Sharma Principal Consultant Orthopedics, Yashoda Hospital, Kaushambi	Dr. L Tomar Dr. Atul Jain Dr. Inder Ahuja Dr Deepak Batra
12:10pm to 12:25pm	Post Covid emergence of Avascular Necrosis of Hip and its Management	Dr Karun Jain Senior Orthopedic Surgeon, Pushpanjali Medical Centre, and Director, Shri Mahaveer Orthopedics & Sports Injury Centre, New Delhi	Dr. Avnish Srivastava Dr. Ravi Chauhan Dr. Nitin Sharma Dr. Sanyam Jain Dr. Akshay Lekhi
12:25pm to 12:40pm	Cadexomer Iodine and Metronidazole mixed ointment: A cost effective solution for Diabetic foot	Dr. Gaurav Mittal Unit Head & Senior Consultant, General Surgery, Shanti Mukund Hospital	Dr. Ajay Shukla Dr Ajay Jain Dr Sachin Chaudhary Dr Varun Singh Dr Krushit Patel
12:40 to 12:55pm	NPWT Dressing: Boon for Managing Diabetic foot Ulcer	Dr. Ashok Damir Head of Diabetic Foot & Wound Care Management, BLK- Max Hospital	Dr Yogesh Jhamb Dr Rajeev Bansal Dr GS Garg Dr Nilu Gandhi Dr Satyam Taneja
Guest Lecture Coordinator: Dr. Kirti Nirmal			
12:55 to 01:25pm	A.I. Meets EYE: Artificial Intelligence, Robotics, and Human Skills - Can We Evolve Together?	Dr. Rakesh Gupta, Chairman and Managing Director, Shreya Eye Centre	Dr Yashodha Lohiya Dr Seema Srivastava Dr Ashok Hansaria Dr Neeraj Verma Dr Vivek Jain

Session 4B - Diabetes
Coordinator: Dr Purneetha Singh

Time	Topic	Speakers	Chairpersons
01:25pm to 01:45pm	Advancing Excellence- The Role of New Generation Insulins in Diabetes Management	Dr.Priyamvada Tyagi Senior Endocrinologist, Max Hospital	Dr. Vandana Garg Dr. Ashish Gupta Dr. Himanshu Sharma Dr. Navin Bhatia
01:45pm to 02:05pm	The Soulful solution: Advancing Cardio-Kidney- Metabolic Health with Oral Semaglutide	Dr Monashis Sahu Senior Consultant Endocrinologist, Dr Sahu's Gynae and Hormone Centre, Delhi	Dr. Rajeev Lochan Dr. Paras Gangwal Dr. N K Govil Dr. Anil Agarwal
02:05pm to 02:25pm	STEPping up the Obesity Care with Semaglutide 2.4 mg	Dr J S Wasir Director, Division of Endocrinology and Diabetes, Medanta Gurugram	Dr Sanjay Garg Dr Lalit Dr Swathi Jami Dr Aditi Garg Jain
02:25pm to 02:45pm	Selecting the Outcomes Beyond Weight Loss	Dr Pankaj Agarwal Sr. Consultant, Endocrinologist, Ghaziabad	Dr Rajiv Gupta Dr Tarun Goel Dr Amrit Singh Matharu Dr Sumer Sharma

Guest Lectures
Coordinator: Dr. Ankita Gupta, Dr. Kirti Nirmal

02:45pm to 03:05pm	Hydrochlorthiazide- Reassurance of Cardiovascular Protection from Newer Evidences	Dr. Subhash Chandra Chairman - Interventional Cardiology, BLK-Max Super Speciality Hospital, Delhi	Dr. Manoj Kumar Dr. Ajay Kumar Gupta Dr. H B Singh Dr. Harsh Mittal
03:05pm to 03:20pm	Overview on Chest Pain Management Pathway	Dr. Gaurav Minocha Senior Director - Cardiac Sciences Max Healthcare	Dr. Vimal Nakra Dr. Amrendra Pandey Dr. Sajal Gupta

Session 5B - ENT
Coordinator: Dr Piyush Jain

03:20pm to 03:40pm	Enhancing Patient Outcomes with FESS for Allergic Rhinitis Comorbidities	Dr. Sharad Maheshwari Senior Consultant ENT, Max Hospital	Dr. G.K Tandon Dr. R K Nabh Dr. Rahul Agarwal Dr. Ajay Gupta Dr. Rajeev Gupta
--------------------	--	---	---

Session 6 - Gastroenterology
Leader: Dr. Neeraj Jain, Coordinator: Dr. Pabitra Sahu

03:40pm to 04:00pm	Emerging Role of pro-biotics as primary Therapeutic Modality in GI disorders	Dr Ramesh Roop Rai Senior Gastroenterologist, Jaipur	Dr. Subhashish Majumdar Dr. Satyendra K. Tyagi Dr. Neeraj Jain Dr. Umesh Varma Dr. Deepak Pande
04:00pm to 04:20pm	Role of Fibroscan in predicting liver diseases	Dr Kaushal Madan DM (Gastro) Principal Director & Head - Clinical Hepatology - Gastroenterology, Max Saket	Dr. Deepak Lahoti Dr. Pabitra Sahu Dr. Meenakshi Jain Dr. Sushil Vimal
Special Segment 04:20pm to 04:50pm	Changing portrayal of Doctors in Hindi Cinema	Dr. Satyendra K. Tyagi Consultant Gastroenterologist, Meerut Medical Centre	Dr. Shekhar Seshadri Dr. Ashok Sharma Dr. Mukesh Koshal Dr. Gladbin Tyagi Dr. Samanta Dhulipala

Hall C

Session 2C - Obstetrics and Gynaecology

Leader: Dr. Anita Aggarwal

Coordinators: Dr Rupali Gupta, Dr Monika Agarwal, Dr Ragini Gupta

Time	Topic	Speakers	Chairpersons
09:00am to 09:20am	Recognition and response of maternal deterioration	Dr. Jyotsana Suri Professor and unit Head and Incharge Critical Care Obstetrics, VMMC & Safdarjung Hospital	Dr. Anita Aggarwal Dr. Reena Mehra Dr. Dipti Nabh Dr. Deepa Gupta Dr. Meena Harisinghani
09:20am to 09:40am	Medicolegal Challenges in OBGYN Practice	Dr. Atul Bansal Senior Consultant, Dept of Anaesthesia and Critical Care, Max Hospital	Dr Kishore Rajurkar Dr Anita Jain Dr Ila Gupta Dr Sushma Dikhit Dr Kumar Gandhi
09:40am to 10:00am	Panel Discussion: Anomalies - Managing Operable Fetal Conditions: Prenatal Diagnosis, Timing of Intervention, and Long-term Outcomes	Dr. Apoorva Reddy Senior Gynaecologist & Fetal Medicine Expert, Femme Nest, Delhi Dr. Samanta Dhulipala Senior Radiologist and Attending Consultant in Maternal Fetal Medicine, Max Hospital	Panelists: Dr. Anita Sharma Dr. Poonam Goyal Dr. Sangeeta Goel Dr. Gaurav Kumar Dr. Pritesh Maheshwari Dr. Atul Jain Dr. Anshul Bhargava
10:00 to 10:30am	Caesarean Scar Pregnancy	Dr. Sowjanya Aggarwal Senior Gynaecologist, IVF, Laparoscopic & Robotic Surgeon; and Director, Femme Nest and Max Healthcare	Dr. Sangeeta Goel Dr. Shama Batra Dr. Jyoti Mishra Dr. Rajni Mittal Dr. Neha Kapoor
10:30am to 10:50am	Screening for Aneuploides: interpretation of reports	Dr. Reema Bhatt Senior Consultant & Head OBGYN, Amrita Hospital, Faridabad	Dr. Rini Goyal Dr. Chanderlata Dr. Puja Prasad Dr. Rakhi Rawat
Guest Lecture			
10:50am to 11:10am	Medicolegal Challenges in Fetal Ultrasound	Dr. Neelam Lekhi Senior Consultant Radiologist, President-Elect – DMA	Dr. Ajay Lekhi Dr. Sucharita Jain Dr. Meenu Satija Dr. Tarini Taneja
Dr. M M Aggarwal Memorial Lecture Convenor : Dr. Parkash Gera			
11:10pm to 11:40pm	Beyond Protocols: Leadership as the Pillar of Patient Safety	Dr. Vijay Agarwal President of Consortium of Accredited Healthcare Organizations (CAHO)	Dr. Parkash Gera Dr. Gaurav Aggarwal Dr. Garima Aggarwal Mr. Sudhir Singhal

Time	Topic	Speakers	Chairpersons
Session 3C - Oncology Leader: Dr. Gopal Sharma, Coordinator: Dr. Sumer Sharma			
11:40am to 12:00pm	Redefining the Management of NSCLC with Atezolizumab - Now & Next	Dr. Samir Khatri Senior Director, Medical Oncology, Max Hospital	Dr. Chirag Jain Dr. Shubham Garg Dr. Atul Jain
12:00pm to 12:20pm	Colorectal Cancer: Busting Myths	Dr. Vivek Mangla Senior Director- GI and Hepatobiliary Surgical Oncology, Max Healthcare	Dr. Shabnam Bhandari Grover Dr. Nitin Likha Dr. Sandeep Aggarwal Dr. Manju Govil
12:20pm to 12:35pm	Redefining Standards: optimizing 1L HR+/HER- ABC Treatment with CDK4/6i	Dr. Gopal Sharma Principal Director- Medical Oncology, Max Hospital	Dr. Rajat Saha Dr. Shyam Agarwal Dr. Rekha Sharma Dr. Sandeep Aggarwal
12:35pm to 12:50pm	Chemotherapy induced Nausea and Vomiting- New Advances in Treatment	Dr. Disha Tiwari Senior Medical Oncologist, Max Hospital	Dr. Kanika Gupta Dr. Ashish Jain Dr. Sunanda Dr. Jyoti Shukla
12:50pm to 01:10pm	A Flexible Future: Transforming The Paradigm of HER2 Positive Breast cancer Treatment	Dr. Gopal Sharma Principal Director- Medical Oncology, Max Hospital	Dr. Prachii Agarwal Dr. Preeti Gaur Dr. Radha Jain Dr. Ruby Bansal
01:10pm to 01:25pm	Post Menopausal Bleeding: Is it Cancer?	Dr. Swasti Senior Surgical Oncologist, Max Hospital	Dr. Meenakshi Sharma Dr. Shweta Lochan Dr. Sweena Arora Dr. Meena Harsinghania Dr. Anshika Lekhi
01:25pm to 02:00pm	Breast Cancer: Case Based Panel Discussion	Panelists: Dr. Rashi Agarwal Dr. Shreya Sardana Dr. Disha Tiwari Dr. Gopal Sharma Dr. Rakhi Rawat Dr. Sowjanya Aggarwal Dr. Abhishek Gupta Dr. Ritu Verma	Moderator: Dr. Rajinder Kaur Saggu Senior Oncoplastic Breast Surgeon, Max Hospital
Guest Lecture Coordinator: Dr. Sumer Sharma			
02:00pm to 02:30pm	Diagnostic Hematology in the Molecular Era!	Dr. Anil Handoo Principal Director & Head of Laboratory Services at BLK-Max Super Speciality Hospital, Delhi	Dr. Nivedita Dhingra Dr. Chhavi Gupta Dr. T K Mathur Dr. Archana Sood Dr. Rohit Kapoor
02:30pm to 02:45pm	Anaemia Management in Critical Care: Shifting Paradigms with Modern IV Iron Formulations	Dr. RPS Makkar Senior Consultant, Medicine	Dr. Rajiv Saini Dr. Sunil Singhal Dr. B.P Arneja Dr. M K Saxena

Time	Topic	Speakers	Chairpersons
02:45pm to 03:05pm	Tissue valve substitutes in Indian patients	Dr. A. Sampath Kumar Senior Consultant CTVS, Pushpanjali Medical Centre & Emeritus Professor, AIIMS	Dr. Gaurav Mahajan Dr. Ankit Jain Dr. Pradeep Sharma
Dr. J K Jain Memorial Oration Convenor : Dr. Manish Singh			
03:05pm to 03:35pm	Current Status of Healthcare in India and Challenges	Dr. R.V Asokan Past National President IMA, Advisor WHO (TB Geneva)	Dr. Vinay Agarwal Dr. D.R. Rai Dr. Rajan Sharma Dr. Sharad Aggarwal Dr. Rajiv Garg
Guest Lecture Coordinator: Dr. Raj Khirasariya			
03:35pm to 03:45pm	Pacific OneHealth - "Healthcare As It Should Be"	Dr. Sandeep Srivastava Co-founder & President - Pacific OneHealth	Dr. A S Vasudev Dr. Sujeet Singh
03:45pm to 04:05pm	Mental Health Issues in Healthcare Professionals, How to Cope & Enjoy Life	Dr. Piyush Jain Sr. Paediatrician Hon. Finance Secretary IMA HQ.	Dr. Ajay Kumar Dr. Abhijeet Dr. Ayushie Jain Dr. Ishoo Rai Taneja
04:05pm to 04:15pm	Groundbreaking Study on AI-Powered Early Warning Systems for Early Detection of Patient Deterioration in non-ICU Wards of High-Volume Tertiary Care Hospitals	Dr. Anindya Dasgupta, Clinical Engagement & Insights, Dozee	
04:15pm to 04:35pm	BNW Developers	BNW	



PATEL HOSPITAL

WE SERVE, GOD HEALS



Facilities Available:

- | | |
|----------------|-----------------|
| 👉 ORTHOPAEDICS | 👉 GYNAECOLOGY |
| 👉 MEDICINE | 👉 PAEDIATRIC |
| 👉 RADIOLOGY | 👉 PHYSIOTHERAPY |
| 👉 ULTRASOUND | 👉 SURGERY |
| 👉 EQUIPPED ICU | 👉 DERMATOLOGY |
| 👉 NICU | 👉 LABORATORY |

Dr. Deepak Batra

Medical Director
Senior Consultant
Orthopedic Surgeon



OPENING SOON

Dr. Shama Batra

Medical Superintendent
Senior Consultant
Obstetrics & Gynaecologist

DERMA VENTURE

A Complete Skin Care Unit

24/7 Emergency Services
IPD FACILITIES AVAILABLE

Adjacent to Laxmi Nagar Metro Station

U-158, Shakarpur, Main Vikas Marg, Delhi-110092

Mob. : 8766298398



RD INFRASTRUCTURES



WHAT WE DO:

- Turnkey Construction Projects
- Interior Design & Renovation
- Modular Kitchens & Wardrobes
- Civil & Electrical Works
- Residential & Commercial Development
- Customized Home & Office Makeovers
- Expertise in Collaboration

WHY CHOOSE US?

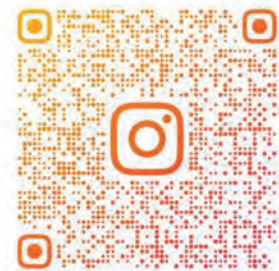
- Experienced Team & Skilled Craftsmanship
- Timely Project Completion
- Transparency Pricing
- Premium Quality
- Materials
- One Stop Solution:
- Planning to Execution

OFFICE ADDRESS:

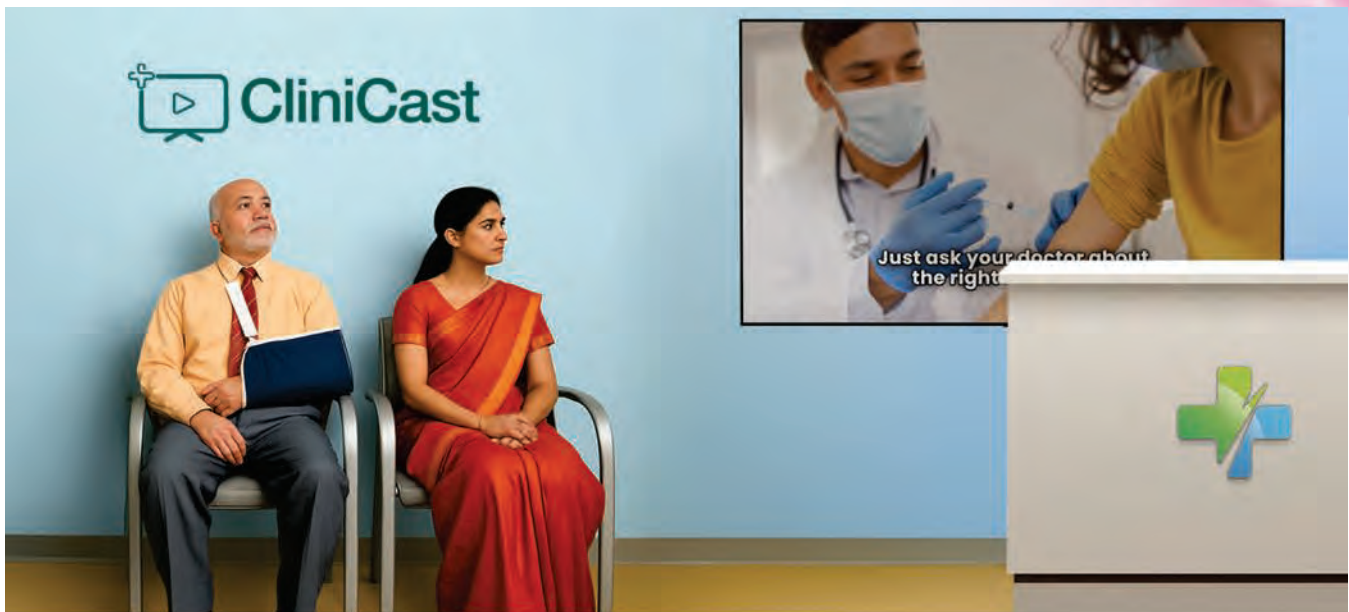
1st Floor, 169 Vigyan Vihar,
Delhi - 110092

EMAIL:
into@rdinfrastructures.com

CONTACT INFO:
+91 9899437237



@RDINFRASTRUCTURES



**Engage patients through clinic TVs,
with complete control.**

Why leading hospitals choose CliniCast?



**Custom & scalable
doctor-first videos in
clinic-TVs**



**Pharma-supported
patient education**



**Improved patient
satisfaction and
adherence in OPDs**



**Higher patient visits
and OPD traffic**



**New revenue
streams from
in-Clinic TVs**



**Complete control
over in-clinic
TV content**

Get Started with CliniCast

Sidharth Lahoti +91 989 9222 550
Srinivas Sarkar +91 974 3144 888



Advertisement

BEST WISHES SPECaide

INTERIORS PRIVATE LIMITED
suppliers of high quality office furniture , carpet and LVT.

Ms. Shraddha
MOB. 8882941379



SPECaide
INTERIORS PRIVATE LIMITED

BEST WISHES



OPSIS PROJECTS INDIA PVT. LTD.
MOB. 9090087100

Breathe Better, Live Better With Deckmount

Deckmount is India's leading medical device manufacturer, delivering innovation and reliability through CPAP and BiPAP machines, oxygen concentrators, ECGs, and sleep diagnostic solutions to improve quality of life.

- World-class technology designed for Indian needs
- Comfort-focused devices for home and hospital care
- Trusted by doctors, loved by patients



Reach out to us at: +91 99689 71669 | 1800 3092 499 | 260, Udyog Vihar, Phase 4, Gurugram 122015, Haryana, India

BEST WISHES

From
**SERUM INSTITUTE
OF INDIA**

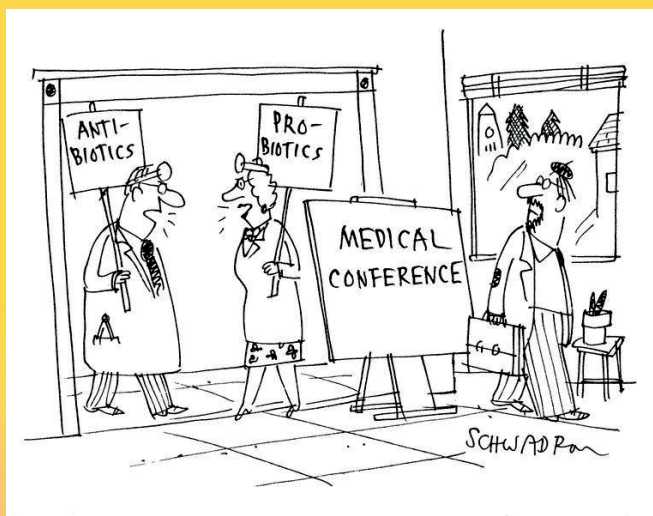
CONTACT:
8802077251
Mr. SATISH

4



Highlights from Conference 2024

Knowledge convergence



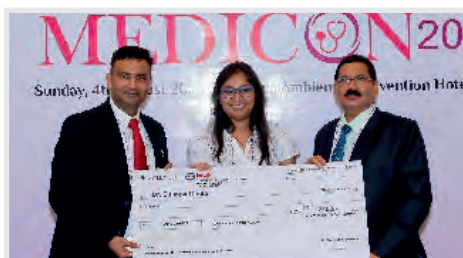
Pushpanjali MEDICON2024

Theme: Empowering Healthcare Excellence

Pushpanjali Medicon 2024 was truly a transcendent experience, exceeding our wildest expectations. The conference not only met but surpassed its ambitious goals, setting a new benchmark for national conferences. The highlights of the conference included -

PMC Quiz Series 2024

As part of Pushpanjali Medicon 2024, themed "Empowering Healthcare Excellence," a three-part online quiz series was held to enhance learning and engagement. Conducted on 20th April, 18th May, and 30th June 2024, each session saw over 200 participants, including doctors, clinicians, and PG/DNB students. Five winners were recognized per session for their outstanding performance, making the initiative a vibrant and interactive highlight of the conference's pre-event activities.



First Quiz, 20th April 2024



Dr. Lakshika



Dr. Ankita Gupta



Dr. Divya Darpan



Dr. Purneetha Singh



Dr. S K Poddar



Second Quiz, 18th May 2024



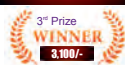
Dr. Aleena Ivan Theodore



Dr. Divya darpan



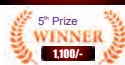
Dr. Ayush Jasrotia



Dr. N M Hrudai Nag



Dr. Yuktibhargava



Third Quiz, 30th June 2024



Dr. Anita Rajorhia



Dr. Sarthak Bhardwaj



Dr. ATUL VERMA



Dr. Shimpy Gupta



Dr. Aman Bansal



Pre-Conference BLS-ACLS Workshop 2024

The BLS-ACLS Pre-conference Workshop, held on 21st July 2024 at Fortune ITC Hotel, Delhi, was a grand success under the leadership of Dr. Vinay Aggarwal. Nearly 200 delegates actively participated in hands-on emergency response training. Led by expert instructors from LSA and a dedicated anaesthesia team, the workshop emphasized the importance of preparedness for medical emergencies. The event's success was made possible by the tireless efforts of the organising team and IMA EDB office bearers.



Pre-Conference ECG Workshop

As part of the pre-conference activities for Pushpanjali Medicon 2024, a highly successful ECG Workshop was held on 28th July 2024 with over 300 enthusiastic delegates. Led by Course Director Dr. Anand Kumar Pandey and a team of renowned cardiology experts, the workshop offered in-depth training in ECG interpretation. Interactive sessions, including a quiz, enhanced engagement. The event was supported by IMA-EDB and guided by Dr. Vinay Aggarwal and Dr. Ashok Grover.



HEALTH WALK

The Health Walk organized on Doctors' Day last year was a grand and historic success, witnessing participation from over 10,000 doctors, paramedics, and students across Delhi. Held under the visionary leadership of Dr. Vinay Aggarwal, the event showcased the unity, commitment, and spirit of the medical fraternity. The presence of esteemed guests, including Union Ministers and senior IMA officials, added to the event's prestige. The meticulous planning and execution by leaders like Dr. Girish Tyagi, Dr. Ajay Lekhi, Dr. Ashwini Dalmia, and others ensured its flawless success. Special appreciation goes to the DMA leadership, dedicated organizing team, and volunteers from Pushpanjali Medical Centre and other institutions. Generous support from sponsors such as Max Estates, Sun Pharma, Tata 1mg, and Lexus India also played a crucial role. The Health Walk truly became a symbol of solidarity and dedication, setting a remarkable benchmark for future celebrations in the medical community.



MEDICON2024

The above events terminated with the grand **Pushpanjali Medicon 2024** on 4th August 2024, with over 3,000 participants from Delhi, NCR, and across the country, along with distinguished faculty members from around the nation.

Orations, Memorial, & Guest Lectures which were the highlights of this conference included -

Dr. Shekhar Agarwal Oration: Dr. Mathew Varghese's inspiring talk on "The Classic, the Modern, and the Ethical in Care of the Disabled" offering valuable insights into social orthopaedics.



Dr. JK Jain Oration: Dr. Vijay Aggarwal challenging us on patient safety with his talk, "Are We Doing Enough to Keep Our Patients Safe?"

Dr. M.M. Aggarwal Memorial Lecture: Dr. Garima Aggarwal's tribute lecture on AI's transformative role in clinical practice honouring her grandfather's legacy.



Guest Lectures included Dr. Shiv Sarin on fatty liver disease, Dr. Deepak Jumanji on "Sex Has No Expiry Date," Dr. Jay Mehta on endometriosis treatments, and Dr. Sowjanya Aggarwal on recent developments at Pushpanjali Medical Centre & Femme Nest centre of IVF & Gynaecology.



Thoughtfully curated scientific program, spanning two halls with a range of engaging sessions, brought forth meaningful insights and enriched discussions. Another highlight of the conference was the session on medical ethics, featuring esteemed speakers who shared their expertise on critical topics, including criminal laws, consumer forums, and the legal challenges healthcare professionals may face. Their invaluable perspectives left a lasting impact on all attendees. The trade exhibition area offered an exciting opportunity to explore the latest healthcare advancements and connect with industry experts.





The conference's resounding success is a shining tribute to the power of teamwork, dedication, and visionary leadership of Dr Vinay Aggarwal (CMD), Dr B K Gupta (Organizing Chairperson), and Dr Ashok Grover (Scientific Chairperson).

Post Conference celebratory banquet at Le Meridien



Trade Exhibition

The Trade Exhibition at Pushpanjali Medicon 2024 brought together a diverse range of renowned brands, offering participants a vibrant showcase of products, innovations, and services. Leading names from the healthcare, pharmaceutical, and technology sectors set up interactive stalls, engaging with doctors, delegates, and visitors throughout the event. The exhibition served as a dynamic platform for networking, knowledge exchange, and exploring the latest advancements in medical and allied fields.



Feedback from delegates

RAREFIED HEIGHTS

I had called Pushpanjali as blue rose. Now the Pushpanjali Medicon 2024 has pushed that metaphor behind. I'm in search of words to describe what befall of Delhi. Only a nuclear bomb blast would have made a bigger news. The word grand fails to capture the academic feast by 48 superlative faculties.

A well chosen venue could handle the aspirations of 1500 doctors. There were many whose hearts were torn between the two Halls. A faculty lounge, an exhibition which show cased everything medical and gourmet food: something fit for a King. The mere scale was breathtaking. That it could be held itself was beyond imagination.

These are rarefied stratospheric events. My salutations to you Vinay sir. Long way to go for ordinary mortals like us to comprehend the mere scale of the event. You are an institution of management skills. We are contented with picking up pebbles aside the ocean that you are. May Bhagwan bless you, your family and Pushpanjali.

DR RV ASOKAN
IMA National President

PUSHPANJALI MEDICON,
what a wonderful show!!!
Great content, superb
arrangements and fantastic
crowd. Congratulations to the
organisers, especially the leader of
leaders,
Dr. Vinay.
Regards,
Dr. Ajay Bedi

Congratulations Dr
Vinay for spectacular
achievement.
Not an easy job in
Private sector to
organize such a mega
event. But you did it
that too flawless
Dr B S Sethi

Pushpanjali Medicon 2024 broke all previous records.....
by all standards.....
the footfall today had their own story to tell
From the stage of designing, conceptualising and executing
the conference, it was the Master, all the way.
A meticulously planned event of such a magnitude took
everyone's breath away.
From Academics to Exhibits, everybody involved in
organising made sure that every attendee got what he came
to get, from 'gyan' to 'dukaan', nothing remained
untouched or unvisited.
Kudos to the Organising team and the MAN behind the
show, Dr Vinay Aggarwal sir.
You deserve all the bouquets & the accolades.
A passion of getting a job well done accomplished today
with a resounding success
A standing ovation from all of us, Dr Vinay sir!

Regards
Dr Sunil Shangloo

Great gathering of speakers, chairpersons or audiences
and very knowledgeable sessions a grand successful
programme salute to Dr. Vinay Aggarwal sir who
gave opportunity to experienced faculty and budding
scholars of medical fraternity at one platform
Thank you sir
Dr Sushil Vimal
Vice President IMA EDB

Dear Big Bro As always it was a great conference
but I felt it was even better and more grand than
last year's All credit to you
God bless you always
Dr Pravin Gulati

Heartiest Congratulations @Dr. Vinay Sir
and Team Pushpanjali Medicon for such
an excellent National level conference. This
is such a Mega Academic Event par
excellence in every aspect, was possible
only because of leadership skills, guidance
and sheer hardworking of Dr Vinay
Aggarwal Sir and his team for last six
months. Thank you so much Respected Sir
for making us the part of the organising
team. Wishing you all the success in all
your future endeavours.

Regards
Dr Ajay Lekhi
Dr Neelam Lekhi

KUDOSE to Dr Vinay Aggarwal for organising
the mega event PUSHPANKALI MEDICON
2024
You have once again proved YOU ARE THE BIG
SHIWMAN OF MEDICAL FRATERNITY
ARRANGING 45 speakers of very good and
important topics in a day is not a easy job
2-3 days conference in a day only you can do
KUDOSE to your Pushpanjali team with
dynamic team of EAST DELHI who stood like a
rock under your leadership and guidance
Congrats to all members of Organising team also
Hats off to you Vinay

Dr D R Rai

Well planned and organised, everything
was perfect.
Good attendance. Informative scientific
sessions with good speakers.
Aamir
USV PVT Limited

It was very nice experience well organized
conference, session was also good. Thanks
to all Organizers team to manage very
well.
Regards
Parmeshwar Yadav
La Renon Health Care

It was a good conference which
helped to develop scientific
orientation.
The attendance of doctors was very
good.
Thanks & Regards
Emcure Pharmaceutical Ltd.

It was a good conference which helped to
develop scientific orientation.
The attendance of doctors was very good.
Thanks & Regards
Emcure Pharmaceutical Ltd.

Very nice hospitality of this
Conference it was great
Alkem laboratories Ltd

The level of expertise in today's Conference is
excellent.
Exceeded our expectations.
Also a Very systematic, organized & insightful
Execution.
Also I would appreciate the coordination &
Proactiveness of Mr. Praveen Ji.
Thank you
Regards
Arun Deval
Sr. Area Business Manager
Intas Pharmaceutical Ltd (CVS SBU)
(Div :Nexa, Vector, Supriva, Suprima, Xenitfi)

What an Event it was, such a mesmerising experience for
everyone.
This was not a regular one day event, It included series of events
such as Health walk.
We want to thank, Dr Vinay Aggarwal for giving us the
opportunity to educate the participants about financial
planning and helping us in our mission to create awareness
about financial literacy among doctors.
We would like to also thank, Dr Vineet Jain, Gaurav Grover ji,
Dr Piyush jain, and Dr Manish for giving us the platform.
Special thanks to Shiveta mam and Praveen ji, for all the
hardwork & outstanding arrangement.

Regards
Nishchay & Pradeep Jain
Addwell Wealth

It's not easy to handle such a huge number of delegates but the
team pushpanjali hats off to all of you for a wonderful program.
I am so glad to be a part of this huge huge program
Special thanks to Dr Vinay Aggarwal Sir and Dr. Kumar
Gandhi
Regards
Sachin Jain, Voizmed pharma

It was wonderful well organised conference, we are
thankful to participate in scientific and informative
session like "SINGAL SOL TO ALL ISSUE" Dr. Neeraj
Jain Sir
Interesting topic AI technology by Dr. Garima Aggarwal
Lead less pace maker by Dr. Viveka
Infact all session were interesting.
Great attendance in Dr.S .K.Wangoo Dr. S.K.Sarin Sir
and only one word about Dr. Vinay Aggarwal Sir "So
down to earth
With Regards
Akhil
Indchemie

It's a great, well
organized and successful
program. Covering topics
of All specialties at one
platform.
Congratulations and
Kudos to Organizing
Team
Regards
Anoop Dwivedi
Torrent Pharma
Neuron

The conference was exceptionally well-organized. From
the seamless registration process to the timely sessions,
everything was efficiently managed. The venue was well-
chosen, with ample facilities and comfortable seating
arrangements, making it conducive for learning and
networking.
The selection of topics was relevant and thought-
provoking, addressing both current trends and future
challenges.

Overall, the conference was a highly enriching experience.
It provided an excellent platform for professional
development, collaboration, and knowledge sharing. The
attention to detail and thoughtful planning were evident
throughout, making it a valuable event for all
participants.

Regards
Neha Sharma
Territory Sales Manager
Matriderm-GRH



Körperkraft

PHYSIOTHERAPY, REHAB & RECOVERY

Restoring Health. Rebuilding Lives.

Opening shortly at A-11, Pushpanjali, Vikas marg !

At Körperkraft, we understand science, compassion and innovation to help you move better, heal faster, and live stronger.

Our specialized programs include:

- ✓ Advanced Pain Management
- ✓ Sports & Spine Rehabilitation
- ✓ Post-Surgical Recovery
- ✓ Orthopedic & Neurological Care
- ✓ Posture & Ergonomic Training
- ✓ Anti natal & Post natal Programs



Dr Md Majid Khan (PT)
(Founder)



Dr Mehreen Khan (PT)
(Co-Founder)

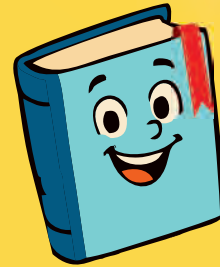
📍 C-8, Chander Nagar (Panchvati Gate), Ghaziabad, Uttarpradesh

📞 9811677160

📱 @korperkraft

🌐 korperkraft.com

5



Academic Activities

Because medicine isn't the only thing we do



Pushpanjali Study Circle (Monthly Clinical Meet)



Dr Ankit Bhatia
Consultant, Pulmonology

The Pushpanjali Study Circle is a monthly Continuing Medical Education (CME) initiative by Pushpanjali Medical Centre that has grown into a prestigious academic forum in East Delhi. Held regularly at Zavi Hall, Fortune Park, Vivek Vihar, the Study Circle brings together a diverse community of doctors, including consultants, specialists, and senior residents from across various disciplines.

Each session is accredited for 2 hours of CME credit by the Delhi Medical Council (DMC), adding significant academic value to the program. The meetings are structured around a three-part schedule:

The first segment typically features a talk by a subject expert on a core clinical or diagnostic topic.

The second session often addresses broader themes such as medical ethics, public health policy, new medical regulations, or legal concerns affecting healthcare professionals.

The final segment presents a case-based discussion—usually a rare or diagnostically challenging case—to encourage clinical reasoning and audience participation.

Notable past speakers have included professors from premier institutes, senior consultants from superspeciality hospitals, and policymakers from the medical and legal spheres. Topics have ranged from cervical cancer prevention, bone marrow transplant, and robotic surgery, to medico-legal challenges under the Bharatiya Nyaya Sanhita (BNS), environmental health threats like air pollution, and even Artificial Intelligence in medicine.

The Study Circle is coordinated by a dedicated team of clinicians: Dr. Ajay Lekhi (Past President DMA), Dr. Ankit Bhatia (Pulmonologist), Dr. Manish Kumar (Medical Director), and Dr. Nishesh Jain (Internal Medicine), with the continued support of senior mentors like Dr. Vinay Aggarwal, Dr. Ashok Grover, Dr. B. K. Gupta, and Dr. Parkash Gera.

The event concludes with refreshments, providing an informal networking opportunity that strengthens camaraderie among local healthcare professionals. Over time, the Pushpanjali Study Circle has become a much-anticipated academic fixture in the calendar of Delhi's medical community, combining rigorous learning with clinical relevance and interdisciplinary collaboration.



Pushpanjali Obs Gyn Academic Club



Dr Anita Jain

Senior Consultant, Obstetrics & Gynaecology
Pushpanjali Medical Centre

Medical knowledge is increasing exponentially and new methods of dealing with common obstetrical and gynecological problems are being introduced every day. The busy practitioner has to make a difficult choice between prescribing something new, of which she does not have complete knowledge, and being left behind.

The Department of Obstetrics and Gynecology at Pushpanjali Medical and Research Centre has always been known for its commitment to clinical excellence. In keeping with this reputation, we initiated the 'PMC OBGYN Academic Club' under the leadership of Dr. Anita Aggarwal.

AIM: To discuss current and modern clinical practices in Obstetrics and Gynecology.

MEMBERS: All OBGYN and fetal medicine practitioners associated with Pushpanjali have joined this club. These include Dr. Anita Aggarwal, Dr. Sangeeta Goel, Dr. Anita Jain, Dr. Sowjanya Aggarwal, Dr. Rekha Sarin, Dr. Ragini Gupta, Dr. Puja Prasad, Dr. Rakhi Rawat, Dr. Deepti Nabh, Dr. Rini Goyal, Dr. Reena Mehra, Dr. Rupali Gupta, Dr. Vibha Chauhan, Dr. Manju Govil, Dr. Chanderlata, Dr. Monika Aggarwal, Dr. Neha Kapoor, and Dr. Apoorva Reddy.

FORMAT: In contrast to the current practice of multiple, short, 10-minute talks, in which latest advances are mentioned, we have decided to study only one topic in one meeting.

Our meetings are held quarterly and on the 3rd Wednesday of that month. The topic is chosen by popular demand, and the speaker by volunteering or gentle coercion!

The speaker delivers an in-depth oration on the chosen topic including the current management options and recent advances, while comparing and contrasting their advantages and disadvantages. The floor is then opened to the house and other members share their questions, experiences, recommendations and misgivings. Finally the speaker summarizes the learnings of the session and the key takeaways. The meetings end with light banter, much laughter, delicious snacks and the choice of topic and speaker for the next session.



The topics which we have covered in the last year range from, the role of hematinics and antioxidants in infertility and pregnancy (Dr. Anita Aggarwal), to more complex ones like detection of aneuploidies (Dr. Apoorva Reddy) and management of fetal growth restriction and Rh-incompatible pregnancies (Dr. Deepti Nabh and Dr. Anita Jain respectively).

The PMC OBGYN academic Club demonstrates how consistent academic engagement, when paired with teamwork and warmth, can significantly enrich clinical practice and patient care.



Preparing for the future of Surgery-Robotics



Dr. Sowjanya Aggarwal

Director – IVF & Infertility, Laparoscopic & Robotic Gynae Surgery
Max Super Speciality Hospital, Vaishali
Femmenest & Pushpanjali Medical Centre

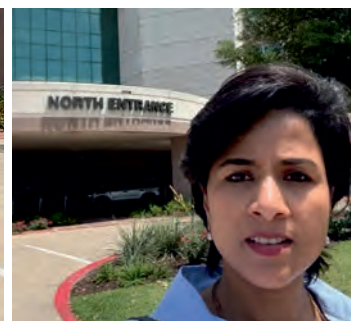
Dr. Sowjanya recently completed a prestigious advanced training program in robotic-assisted surgery at the renowned Texas Institute for Robotic Surgery, located in Austin, USA. This intensive hands-on training was conducted under the mentorship of globally acclaimed robotic surgeon Dr. Devin Garza, a pioneer in minimally invasive gynecologic procedures. The program focused on the latest Da Vinci 5 surgical system—an innovative leap in robotic technology that incorporates more than 150 advancements over its predecessor.



With enhanced computing power, intelligent instrumentation, and superior imaging capabilities, the Da Vinci 5 system offers unparalleled surgical precision, real-time insights, and improved surgeon autonomy during procedures.

By mastering this next-generation robotic platform, she is now better equipped to offer safer, less invasive, and more accurate procedures to her patients—translating to quicker recovery times, reduced hospital stays, and improved outcomes. The exposure to a high-volume robotic surgery center like the Texas Institute not only enriched her technical expertise but also broadened her understanding of patient-centric innovations and workflow efficiencies.

As robotic-assisted surgeries continue to redefine the landscape of minimally invasive medicine worldwide, Dr. Sowjanya's initiative in undergoing such high-level international training ensures that patients back home can benefit from world-class surgical care using the most sophisticated technologies available today.



Navigating the Complexities of Kidney Diseases: A Guide



Dr. Garima Aggarwal

Nephrologist and Renal Transplant Physician
Manipal Hospital, Bangalore

Happy to announce the launch of our book - Understanding Kidney Diseases: A Simplified Approach, at the grand Inauguration Ceremony of Association of Physicians of India Conference - APICON 2025 in Kolkata!

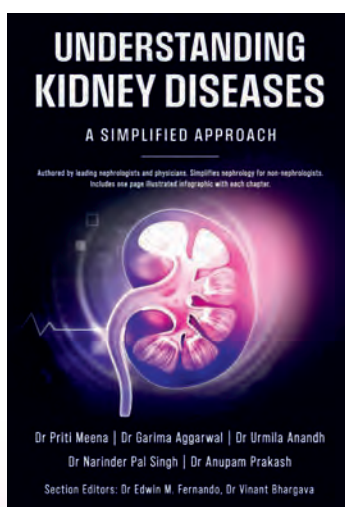
This comprehensive, user-friendly guide simplifies nephrology for clinicians, students, physicians, and residents. Packed with infographics, clinical insights, and expert contributions from across India, it's designed to make diagnosing and managing kidney diseases easier in everyday practice.

Authored/ Edited by Dr. Urmila Anandh, Dr. Edwin Fernando, Dr. Vinant Bhargava, Dr. Priti Meena, Dr. Anupam Prakash, Dr NP Singh

Thank you to all the authors, this is testament to your expertise and dedication. Also thanks to Kartik Ganesh, Smriti Sinha, Narayan Prasad, Dinesh Khullar, P S Vali, Manisha Dassi, Manjusha Yadla, and all the others for all the help.



Available now on notionpress <https://bit.ly/UKDbook>
(USE CODE KIDNEY20) and Amazon <https://amzn.to/4Or7Sie>



Advanced Training in Arthroscopy



Dr. Atul Jain

Senior Consultant - Orthopaedics and Joint Replacement
Pushpanjali Medical Centre

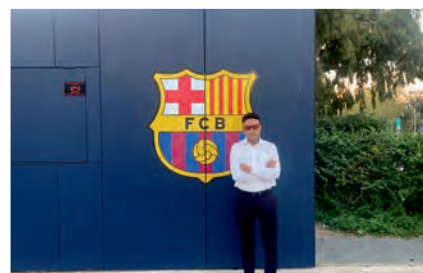
I am glad to write about my advanced training in Arthroscopy which was conducted in Barcelona, Spain, under the guidance of the esteemed faculty and mentors of the advanced arthroscopy training program. This course provided me with a profound and comprehensive knowledge and understanding of arthroscopic procedures of shoulder, knee, and hip pathologies.

During the duration of course, I had the privilege of participating in a various educational and clinical workshops under the coveted guidance of Dr. Albert Jimenez, Dr. Carlomagno Cardenas, Dr. Ruben Sanchez, Dr. Raul Torres, Dr. Francesc Soler and Dr. Joan C. Monlla, all Grand-masters in their fields.

Of special mention were techniques of meniscus transplant, handling complications, tackling difficult rotator cuff pathologies and tenodesis.

Some of the key highlights of my course experience include:

1. Experience in a wide range of arthroscopic procedures for the shoulder, knee, and hip.
2. Participation in discussion of pathologies related to arthroscopy, which resulted in shaping and refining my knowledge for better patient care.
3. Collaborating with interdisciplinary teams of specialists to provide comprehensive patient care.
4. Exposure to cutting-edge arthroscopic equipment and technology.
5. Workshops designed to stay updated with the latest developments, instruments and devices in arthroscopy.



R K ASHA AMBULANCE SERVICES

- 24x7 Ambulance Services
- Effective Cost, Quick, Well Equipped and Expert Medical Team
- Transfer of Patients in All the States of India
- Mortuary Ambulance
- High Tech Facilities



Address: Pocket B-3/3E, Mayur Vihar, Phase III, Delhi - 110096

Phone No. +91-8810336482, 7042668751, 8130360764

The Orthopedic Odyssey: Navigating the Frontiers of Care



Dr. Karun Jain

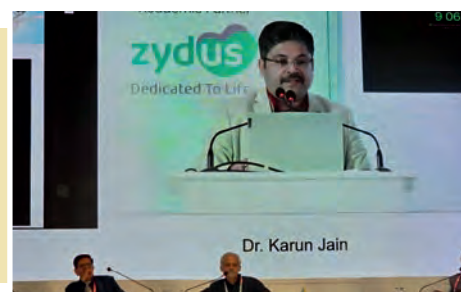
Senior Orthopaedics Surgeon
Pushpanjali Medical Centre

Dr. Karun Jain have recently been awarded the distinguished title of Fellow of the American College of Surgeons (FACS). This honor represents not only a professional milestone but also a testament to years of dedication to advancing the field of orthopedic surgery.



Guest Lecture on "Direct Anterior Approach for Hip Replacement" at the Annual Prayagraj Arthroplasty Conference, held under the aegis of the Uttar Pradesh Orthopedic Association, on 25th May 2025.

Guest Speaker at the Association of Trauma Surgeons of India (ATSI) conference held at the prestigious JW Marriott, Mumbai (July 2025). The lecture on: "Tips & Tricks of Supra-Patellar Nailing: Optimizing Outcomes in Tibial Shaft Fractures"



Organising Secretary of various conferences like 2nd Delhi Orthobiologics Course 2025: A Landmark Success in Regenerative Orthopedics, AI in Orthopedics Course 2025 & Delhi Basic Trauma Course 2025.

Dr Karun Jain has co-edited a book titled "Osteoporosis: A Silent Killer"



Cardiology Without Borders: International Collaborations and Breakthroughs



Dr. Himanshu Lodhi
Consultant Cardiologist -
Pushpanjali medical Centre
and Max Super Speciality Hospital, Vaishali

CHiP Summit at Kochi

Honoured to represent Pushpanjali Medical Centre at the prestigious CHiP Summit 2025, held at Le Meridien, Kochi. Dr. Himanshu Lodhi, our leading cardiologist, presented one of our most challenging interventional cardiology cases—IVL in a severe calcific lesion—and also served as a panelist moderating international live cases. Sharing the stage with global stalwarts reaffirmed our commitment to clinical excellence and global collaboration in cardiac care.



Gulf Summit – Clopidogrel Resistance Research Presentation

Proud to present our original research on Clopidogrel Resistance in Acute Coronary Syndrome (ACS) at the Gulf Intervention Society Annual Conference. The study revealed that 52% of ACS patients show clopidogrel resistance, tested through platelet function and CYP2C19 genetic testing. A significant step towards more personalized and effective cardiac care.







HOUSEKEEPING PRODUCTS AND TOOLS





A-69, Ground Floor, Tagore Garden Extn., Rajouri Garden, New Delhi-110027
Mob.: 8750504470 | E: dailyhygiene2019@gmail.com | W: www.dailyhygiene.info



MAGIC PLATINIUM SERVICES

.....where work is worship

INDOOR & OUTDOOR ADVERTISING SERVICES PROVIDER



SERVICES WE PROVIDE

LARGE FORMAT DIGITAL

ECO SOLVENT PRINTING

- Banner Printing
- Vinyl Printing
- Canvas Printing
- Reflective Printing

HP LATEX PRINTING

- Banner Printing
- leather Printing
- Vinyl Printing
- Canvas Printing
- Reflective Printing

UV PRINTING

- Flat Bed
- Roll To Roll

PROMOTIONAL PRODUCTS

- ROLL UP STANDEE
- MDF CUT OUT STANDEE
- PROMO TABLES
- CANOPY TENTS

SINGAGE

CUSTOM SIGN

- Reflective Signage
- Directional Signage

LED LIGHT BOX

- LED Clipon frames
- LED Fabric
- LED Blockout Signs

LED 3D SIGNAGE

- ACP Signage
- 3D Steel Letters
- Totem / Pylon Pole Signage

WE WORK WITH



R-59, Khirki Extn. Malviya Nagar, New Delhi- 110017

☎ info@magicplatinum.com ☎ 97172 16671, 98112 93827

Cool Care Services

Compete Cooling Solution Under One Roof

AMC Services Repair And Renting



Repairing of:

AC, Refrigerator, Washing Machine, Deep Fridge, Microwave, Geyser, Water Cooler & Installation of Split And Window AC.

VRV 3 phase Air conditioner ductable plasma fridge - 80 cool and hot tattoo z AHU spirit and window AC AMC manual maintenance service and renting commercial fridge and washing machine automatic and geyser

Mohd. Aarif Malik (M: 9871809946)

Address 1: B-48, Joshi Colony, I P Extension, Patparganj, Shakarpur Baramad, Madhu Vihar, East, Delhi - 110092

Address 1: Shop No. 31, C block Market, Anand Vihar, Delhi - 110092

E-Mail: coolcareservices58@gmail.com



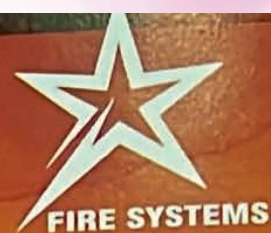
The Symbol of Quality



स्वाद-स्वाद में जमकर खाया, सतमोला ने खूब पचाया



Digestive Tablets | Sweets | Namkeens | Drinks | Mouth Freshner



STAR FIRE & SECURITY SYSTEMS PVT. LTD.

A Complete Solution For Fire Safety

ISO : 9001-2008 Certified



- FIRE FIGHTING SYSTEMS • GAS SUPPRESSION (FM 200, NOVAC, CO2)
- SMOKE DETECTION & ALARM • ANNUAL MAINTENANCE CONTRACT (AMC)
- FIRE EXTINGUISHERS • CCTV / BIOMETRIC

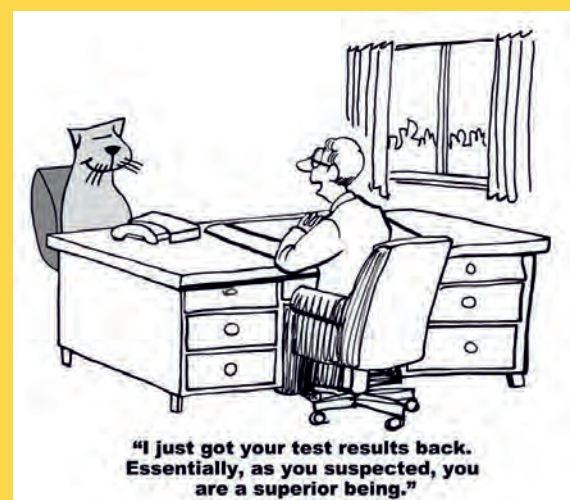
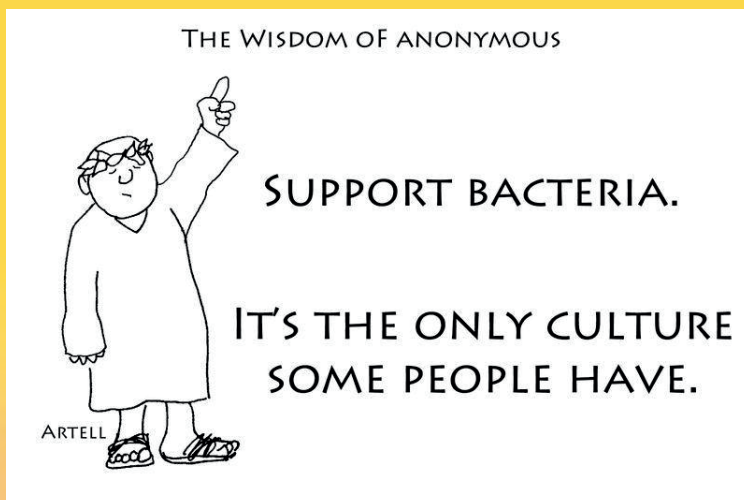
A-27 (F-10&11), Street No. 2, Madhu Vihar, I.P. Extn., Delhi - 92, Ph. 011-40394463, 9873634490, 9873996140
E-mail : info.starfiresystems@gmail.com, Web.: www.starfireindia.com



6

Meet The Dream Team

Our medical departments



Department of Anaesthesiology

Department of Anaesthesiology is managed by 3 Senior Consultant Anaesthetists of proven track record who are associated with this hospital since inception. The Anaesthesia services are available round the clock. Besides managing the Operation Theatre they also supervise Critical Care in the ICU, Post Operative Care and Pain Management. Pre Anaesthesia Check up is done as a routine for optimization of patient prior to taking them for surgery. The Anaesthesiologists have special interest in managing High Risk cases with Co morbidities in all surgical specialties including Minimal Invasive surgeries, Day Care Surgeries, Thoracic surgery, Trauma, Joint replacements etc. In Obstetrics and Gynaecology, painless deliveries through epidural analgesia are offered, delivering consistently excellent outcomes. PMC boasts state-of-the-art modular OTs equipped with high-end anesthesia workstations, multi-parameter monitors, patient warmers, and other advanced devices to ensure the highest standards of safety. The ICU is also very well equipped with High end Ventilators and other gadgets and have excellent patient outcome in all specialties of Medicine and Surgery.



Dr. Rajesh Dhall
MBBS, MD



Dr. Swaraj Garg
MBBS, MD



Dr. Rakesh Atrey
MBBS, MD, DA



MEDICAL SURGICAL SOLUTION

**402 Ground Floor
Patparganj Industrial Area
Delhi-110092**

**Contact:
01145542215, 9312038058
9810141884
www.medicalsurgical.org**



Department of Cardiology

The Department of Cardiology at Pushpanjali Medical Centre is dedicated to the comprehensive diagnosis, treatment, and prevention of heart diseases. Equipped with advanced technology, state-of-the-art infrastructure, and a team of highly experienced specialists, the department delivers care that meets the highest international standards.

Our mission is to protect heart health, detect cardiovascular diseases at the earliest stage, and provide each patient with personalized, safe, and effective treatment. The department offers preventive cardiology, diagnostic services, interventional procedures, and cardiac rehabilitation programs, all under one roof.

Expert Team and Services

The department is staffed by an accomplished team of cardiologists, interventional cardiologists, cardiac surgeons, cardiac anesthetists, technicians, and trained nursing staff. This multidisciplinary team is skilled in managing complex cardiac conditions such as coronary artery disease, heart attack (myocardial infarction), heart failure, arrhythmias, valvular heart disease, and congenital heart defects.

Advanced Diagnostic Facilities

To ensure accurate and timely diagnosis, the department is equipped with:

- Electrocardiography (ECG)
- 2D/3D Echocardiography
- Treadmill Test (TMT) and Stress Echocardiography
- Holter Monitoring and Ambulatory Blood Pressure Monitoring

Preventive and Lifestyle Cardiology

Recognizing that prevention is the most effective form of treatment, the department runs preventive cardiology clinics focused on risk factor assessment, cholesterol and blood pressure management, lifestyle counseling, and smoking cessation programs. These initiatives aim to reduce the burden of cardiovascular diseases and improve long-term health outcomes.

Cardiac Rehabilitation and Follow-up Care

Post-treatment, patients are enrolled in structured cardiac rehabilitation programs designed to restore optimal heart function, enhance physical fitness, and prevent recurrence. Follow-up consultations and continuous monitoring ensure that patients receive consistent guidance and support during recovery.

The Department of Cardiology at Pushpanjali Medical Centre is not just about treating heart diseases—it is about building a healthier community. By combining clinical expertise, cutting-edge technology, and compassionate care, the department strives to save lives, restore health, and empower patients to live heart-healthy lives.



Dr. A Sampath Kumar
MBBS, MS - General Surgery,
Mch - Cardio Thoracic Surgery



Dr. Heemanshu Lodhi
MBBS, MD, DNB (Cardiology)

Department of Dentistry, Oral Medicine, and Surgery

The dental department at Pushpanjali Medical Centre offers a unique approach to dentistry through holistic oral care provided by a dedicated team of multidisciplinary specialists. Patient-centred care is the driving force behind the department, where we strive to harness the best of modern technology to complement exceptional clinical skills while creating a soothing and assuring environment for our patients.

Our key objective is to educate patients on achieving good oral health by focusing on in-depth analyses and diagnosis of their oral environment and prescribing the best preventive measures. This approach aims to reduce the need for clinical procedures. The department offers a one-stop solution through a team of multidisciplinary specialists selected for their expertise and skills to provide holistic oral care. These exceptional clinical skills are enhanced by modern technology to provide the highest standard of care for discerning patients.

Patient-centred care is another pillar of our department. We strive to create a comfortable and reassuring environment for our patients, transforming one of life's more dreaded activities—visiting the dentist—into a positive experience. Our Oral Care Team shares a common vision: dedication to service, empathy, and the all-important gentle touch. We pride ourselves on managing the dental needs of patients of all ages, including the chronically ill, elderly, very young, and patients with special needs.

Services Provided:

The current dental department was established in 2019, equipped with modern equipment and a skilled team providing the utmost support and care related to dentistry and dental hygiene.

Dr. Sneha Jodhani Jain is the principal dentist at Pushpanjali, with 13 years of experience primarily performing surgical and single-visit endodontics. The dental department includes its own CAD-CAM unit, providing high-quality dental prostheses.

Team:

Oral and Maxillofacial Surgeon
Orthodontist (Braces)
Pediatric Dentist



Dr. Sneha Jodhani Jain
BDS

Department of Dermatology

At Pushpanjali Medical Centre our Dermatology, Venereology, and Leprosy Department is dedicated to providing comprehensive care for all skin-related conditions. Our team of experienced dermatologists and specialists is committed to offering the highest quality of medical care using state-of-the-art techniques and treatments.

Our Expertise

1. Skin Cancer Screening and Treatment: Early detection and management of skin cancers using advanced diagnostic tools and treatment methods.
2. Psoriasis and Eczema Management: Personalized treatment plans to manage chronic skin conditions effectively.
3. Acne and Rosacea Treatment: Comprehensive care for common skin conditions to improve skin health and appearance.
4. Cosmetic Dermatology: Procedures including chemical peels, micro-needling, and anti-aging treatments to enhance skin aesthetics.
5. Sexually Transmitted Infections (STIs) Diagnosis and Treatment: Expert care for the prevention, diagnosis, and treatment of STIs. Counseling and Education Providing patients with the knowledge and resources to prevent and manage STIs effectively.
6. Leprosy Diagnosis and Treatment : comprehensive treatment plans for managing leprosy.
7. Various Hair disorders
8. Procedures Offered Skin Biopsies, Acne surgeries vitiligo surgeries, nail surgery, chemical peeling,dermaplanning, electocautery, botox, fillers, threads, microneedling, PRP , mesotherapy

We are committed to providing patient-centered care with compassion and expertise. Our team stays abreast of the latest advancements in dermatology and venereology to ensure our patients receive the most effective and up-to-date treatments.



Dr. Somya Sharma
MBBS, MD, DNB

Department of Gastroenterology

Department of Gastroenterology & Hepatology aims to provide state-of-the-art Diagnostic and Therapeutic services for patients of Digestive, Liver and Pancreato-Biliary Diseases.

The Department offers specialized care for patients with Liver Diseases, namely Cirrhosis, Chronic Liver Disease, Acute Liver Failure, Fatty liver, Hepatitis B, Hepatitis C infection etc. The department also offers comprehensive care for patients with Alcohol related Liver problems in collaboration with Department of Psychiatry to help the patients for de-addiction.

The hospital is equipped with advanced endoscopy facilities. Patients with gastrointestinal cancers are managed using stenting procedures, effectively relieving obstructions and reducing jaundice for improved comfort and recovery.

Services

- Diagnostic Upper GI Endoscopy, Colonoscopy and ERCPs
- Therapeutic procedures like:
- Band ligation for varices
- Management of Acute Upper GI bleed
- Glue injection for bleeding gastric varices
- Polypectomy
- PEG tube placement for feeding in patients with neurological disorders and those with chronic debilitated states
- Endoscopic placement of feeding tubes
- Esophageal, Colonic and Biliary stenting for patients with cancers of the GI tract
- Esophageal dilatation for patients with corrosive strictures
- Pneumatic dilatation for Achlasia cardia
- Foreign body removal
- ERCP and CBD stone removal
- Sclerotherapy for ulcer
- Diagnosis of H Pylori infection
- Ultrasound guided liver biopsies for diagnosis of liver diseases
- Screening for hepatitis B and C



Dr. Neeraj Jain
MBBS , MRCP



Dr. Batsalya Anand
MBBS, MD, DM



Dr. Pabitra Sahu
MBBS, MD, DM

Department of General & Laparoscopic Surgery

Pushpanjali medical centre has been providing high quality patient care in East Delhi since 1989. The department is run by a dedicated team of surgeons for round the clock patient care. The Department of Surgery at Pushpanjali medical centre is committed to attracting and nurturing the talents of residents and young surgeons; and providing outstanding surgical care through our multiple subspecialties in the department of surgery.

We have modern modular Operation Theatre with high end Endovision system and laparoscopic instruments which enables surgeons to perform high end minimal access surgery.

The subdivisions in the department are as follows (to provide efficient services to our patient)

Minimal Access Surgery: Laparoscopic cholecystectomy, Hernia surgery, laparoscopic appendicectomy, Laparoscopic CBD Exploration etc.

Gastrointestinal surgery: Surgery on esophagus, stomach, intestines, Hepatobiliary and colorectal surgery.

Coloproctology: Our team is committed to provide state of the art laser surgery for anal fistula and Bleeding haemorrhoid (piles), anal fissure and pilonidal sinus.

Trauma Surgery: Our dedicated team of specialists provide care of abdomen trauma (Blunt and penetrating), Intestinal injury, and solid organ injury (Liver and spleen).

Thoracic Surgery: A multidisciplinary team of physician and surgeon provide the care for variety of thoracic pathologies that includes – Esophageal Cancer surgery, Lung Cancer surgery, Thymectomy for Myasthenia-Gravis, Thymoma Surgery, Mediastinal Tumour Surgery & Surgery for Sequelae of Pulmonary & Pleural Tuberculosis. We also provide treatment of Rib fractures with hemothorax and penetrating chest trauma.

Genitourinary Surgery: Surgery for testicular tumour, hydrocele, torsion of testis and phimosis surgery.

Endocrine Surgery: Surgery on thyroid pathology (cancer & benign), Parathyroid adenoma, Adrenal gland tumour and Breast surgery for cancer and fibroadenoma.

Vascular Surgery: Laser surgery of varicose veins, AV fistula creation, Surgical care of cellulitis, ulcer and gangrene of foot and legs.

Urology: Surgery for kidney and urinary tract stone, Prostate enlargement, Urinary bladder pathology and Urethral stricture.



Dr. Yogesh Jhamb
MBBS, MS



Dr. A K Kundalia
MBBS, MS



Dr. Sachin Choudhry
MBBS, MS



Dr. Manju Govil
MBBS, MS



Dr. Naveen Jain
MBBS, MS



Dr. Roman Dutta
MBBS, MS



Dr. Gautam Jain
MBBS, MS

Department of Homoeopathy

Treatment for all types of acute and chronic case can be done. Acute diseases. Fever, dengue, chikungunya, malaria, epidemic fevers, puo, acute allergies, diarrhea and vomiting. With advance methods such as Im scale, acute disease can be very effectively and quickly cured. today's homoeopathy is fast, effective and delivers cure without any unwanted aggravations to the patient. it is gentle and very effective.

Chronic Diseases:

- Skin: Psoriasis, vitiligo, allergic dermatitis, eczema, fungal infections, wart, lichen, pimples, warts.
- Child: Food allergies (wheat allergy, milk allergy), pneumonia, asthma, autism, behavioral problems.
- Female: PCOD, fibroids, irregular menstruation, menopausal problems, gestational problems.
- Male: Hydrocele, prostate enlargement, erectile dysfunction, pme
- Respiratory Problems: Asthma, bronchitis, allergic bronchitis, copd. Children who are dependent on nebulisations, inhalers and pumps can be made free of it with regular treatment.
- Blood Disorders: Anemias, thrombocytopenia, itp, aplastic anemias, blood cancers. thalassemia patients who are dependent on blood transfusion can be benefited by reducing need of transfusion.
- Lifestyle Disorders: Diabetes, hypertension, thyroid dysfunction
- Kidney Disease: Renal stones, chronic kidney diseases, nephrotic syndrome, crf patient dependent on dialysis can be managed by reducing the need of dialysis by medicine.
- Gastric Disorders: Gerd, fatty liver, ulcerative colitis, crohn's disease.
- Incurable Cases: Cancers, kidney failures, rejected cases from other systems of medicines can be managed with homeopathy.
- Terminal Cases: Can be given a quality of life with minimum suffering with homeopathy.
- Homoeopathy In Pregnancy: It is totally a safe option to overcome the complications during pregnancy and delivery. it ensures good health and proper development of the mother and child both.
- Homoeopathy in Pre & Post surgery management: Dr. Shantanu has expertise of helping patients in hospitals in minor, major and dental surgeries by providing homoeopathic medicines instead of painkillers, antibiotics specially for sensitive, old patients and people allergic to allopathic drugs. easy and quick healing of sutures, post surgery adhesions, c-section sutures is very effectively dealt with homoeopathy.



Dr. Shantanu Choudhry
BHMS (DU)

Department of Internal Medicine

The Department of Internal Medicine provides consultation, diagnosis, and treatment of various diseases. The department also provides expert management of complicated multi-organ medical disorders in critical care settings. It comprises very senior and experienced consultants who conduct daily OPD clinics in the hospital. The department is backed by a well-equipped intensive care unit. Infectious diseases, chronic diseases, lifestyle diseases especially diabetes, hypertension, thyroid problems, obesity, and other metabolic problems, as well as common infections, such as viral fever, dengue, malaria typhoid fever, and tuberculosis are treated by our team of qualified and experienced physicians.

Our physicians also provide continued care for patients with chronic diseases and multi-system involvement. Geriatric patients are given special attention and appropriate medical care.



Dr. P C Gera
MBBS, MD



Dr. Ashok Grover
MBBS, MD



Dr. Mukesh Ajmera
MBBS, MD



Dr. Nishesh Jain
MBBS, MD



Dr. Sumer Sharma
MBBS, MD



Dr. Purneetha Singh
MBBS, DNB

Laboratory Services

PMC-Maxlab is a comprehensive and complete solution for diagnosing a wide range of disease states. Run by Dr Renu Aggarwal (Pathologist), under the supervision of pan max director Dr. Poonam Das the Lab is at the forefront of diagnostic technology and emergency services. It caters to all patients however complex or rare may be the case.

The Lab motto says it all: 'CORRECT DIAGNOSIS IS HALF THE BATTLE WON'.

Services:

The lab is equipped with fully automated technology and infrastructure to achieve the highest level of excellence. It provides testing facilities in the fields of

- Biochemistry
- Haematology
- Immunology
- Hormones, Serology, Microbiology
- Histopathology & Cytopathology
- Clinical pathology, Molecular biology



Dr. Renu Aggarwal
MBBS, MD

Good Food Dietary Services **Myra Hospitality Services** **Geetansh Solution Hospitality**



Deals in : **SPECIALISED HOSPITAL DIET**

42, Priyadarshini Apartment,
A-4 Paschim Vihar, New Delhi-110063
Contact No. 9212767043, 9212324600, 9212733608

Department of Nephrology

The Department of Nephrology is headed by Dr. Neeru P Aggarwal and Dr. Manisha Dassi, Consultant Nephrologists. In addition, the nephrology team also includes Dr. Sumit Sharma and Dr. S K C Varma Associate Consultants, who are also involved in dialysis care and procedures related to dialysis access. The Department comprises 15 dialysis machines and is managed round the clock by senior technicians. The Department is backed by an eight-bed ICU for patients who need critical care. The dialysis unit is run by Nephroplus which is India's largest dialysis center network. Each Nephroplus center is a one-stop shop for all the needs of a dialysis guest.

The Department takes care of patients with

- Acute Renal Failure
- Chronic Renal Failure
- Hypertensive and Diabetic Kidney Diseases
- Obstructive Kidney Diseases
- Immunologically mediated Kidney Diseases

The Nephrology Department also provides

- Dialysis services for patients in the ICU, for
- Dialysis patients undergoing cardiac, orthopedic or other procedures
- Continuous Ambulatory Peritoneal Dialysis (CAPD) facilities
- Diagnosis and treatment of primary kidney diseases
- Renal Biopsy is done using ultrasound guidance
- Outpatient consultancy services are available
- Consultancy for general nephrology care for diabetes, hypertension and those with immune kidney diseases
- Pre-dialysis and pre-transplant care

Procedures

The unit performs Dialysis access establishment procedures, including AV Fistula, AV Graft, Permacath, Temporary femoral, subclavian or jugular catheters and percutaneous CAPD catheter insertion for patients requiring various types of dialysis.



Dr. Neeru P Aggarwal
MBBS, MD, DNB



Dr. Manisha Dassi
MBBS, MD, DNB



Dr. Siddhartha Satatathy
MBBS, MD, DM



Dr. S K C Varma
MBBS, DNB (Paed),
DNB (Nephrology)

Department of Nutrition & Dietetics

“Let’s Build Wellness Rather Than Treating Diseases” Overall goal of the dietary service is to provide nourishing and appetizing meals to all patients and personnel as efficiently and economically as possible. At Pushpanjali Medical Centre we place our belief that in addition to clinical/medical procedures a proper diet therapy also plays a vital role in the betterment of patient’s health. Our experienced Dieticians designate diet to be an integral component of patient care. Prompt nutritional intervention is essential to boost patient’s immunity and take control over the disease along with reduction in the recovery period.

Lifestyle and Wellness Advisory:

- Weight Loss
- Diabetes Management
- Immunity Booster
- Pediatric Nutrition
- Digestive Disorders
- Bone and teeth Health
- Maternal Nutrition Counseling
- Diet Management in Anemia
- Diet Plan for Cardiac Patients
- Chronic Fatigue Syndrome
- Food Allergy and Intolerance
- Menu Design and Nutritional Analysis



Ms. Linta George
Dietician

A vibrant advertisement for 'Partee Makerzz' birthday parties. The background is a green lawn with colorful balloons (red, yellow, green, blue) and streamers. In the center, a large blue circular graphic contains the text 'Celebrate your Birthday Parties with' and a logo for 'Partee Makerzz'. Below the logo, the text 'Games | Magic | Caricature | Pottery' is written in a stylized font. At the bottom, a blue banner contains the text '80+ Kids Activities — Fun at Unbeatable Prices!' and 'For Bookings Contact: +91 9971110577 parteemakerzz.india@gmail.com'.

Department of Obstetrics and Gynaecology

The Obstetrics and Gynaecology department at Pushpanjali Medical Centre provides comprehensive care to women across all the stages of life including puberty, fertility, pregnancy and menopause. Patient-centred care is offered by a qualified team of specialists coupled with compassionate and caring staff. The department offers maternity care including prenatal, antenatal, natal and postnatal care, childbirth education classes, lactation support and postpartum care. Other facilities provided are routine gynaecological care, family planning, contraception counselling, infertility and menopause management. We adhere to rigorous quality and safety standards including protocols for infection control in labour room and operation theatres. Ensuring clear communication, confidentiality, informed decision making and providing a supportive environment is integral to the department.

Services

- Antenatal, Perinatal and Postnatal Care
- High risk pregnancy care
- Painless delivery
- MTP Services (upto 24 weeks)
- USG guided procedures
- Recurrent abortion clinic
- Contraception counselling
- Gynaecological cancer screening
- Colposcopy
- Adolescent gynaecology
- Menstrual disorders
- Gynaecological surgeries (Hysterectomy, myomectomy, ovariectomy, cystectomy)
- Menopause clinic
- Endoscopic procedures (Laparoscopy and Hysteroscopy)



Dr. Sangeeta Goel
MBBS, MD



Dr. Anita Jain
MBBS, MS



Dr. Anita Aggarwal
MBBS, MD



Dr. Rekha Sarin
MBBS, DNB



Dr. Pooja Prasad
MBBS, MS



Dr. Ragini Gupta
MBBS, MS

Department of Minimal Access & Gynae Surgery

In the realm of women's health, the Department of Minimal Access Gynecological Surgery is setting new standards with its groundbreaking techniques and compassionate care. Minimal access surgery, often referred to as laparoscopic surgery, represents a significant leap forward in gynecological treatment, offering patients a range of benefits over traditional open surgery.

This advanced approach utilizes small incisions and specialized instruments to perform surgeries with remarkable precision. By minimizing the size of the incisions, patients experience less postoperative pain, reduced risk of infection, and quicker recovery times. Scarring is minimal, and many patients are able to resume their daily activities within days rather than weeks.

The department specializes in addressing a variety of gynecological issues, including endometriosis, uterine fibroids, and ovarian cysts. These conditions, which often require surgical intervention, can now be managed with enhanced accuracy and fewer complications.

The department is equipped with state-of-the-art 3D laparoscopic instruments, offering surgeons natural depth perception and lifelike color reproduction for unmatched clarity during procedures. Features such as anti-fog technology, high-sensitivity sensors, and ergonomic visualization systems ensure a clear, stable view. Importantly, these advanced methods also play a vital role in fertility treatments. By integrating laparoscopy with cutting-edge reproductive technologies, the department can diagnose and treat hidden conditions affecting conception, bringing renewed hope to couples facing infertility challenges.

With its combination of innovation, precision, and patient-centered care, the Department of Minimal Access Gynecological Surgery continues to transform women's health, delivering outcomes that enhance both quality of life and future possibilities.

Additionally, minimal access techniques are increasingly used in fertility treatments. By integrating laparoscopic methods with advanced reproductive technologies, the department can effectively diagnose and treat underlying issues that may affect conception, offering hope to those struggling with infertility.

Overall, the Department of Minimal Access Gynecological Surgery is at the forefront of transforming women's health care, combining innovation with a patient-centered approach to deliver exceptional results.



Dr. Sowjanya Aggarwal

MBBS, MS (FMAS & RM)

Director - Femmenest Centre for IVF & Gynaecology

Department of Ophthalmology

At Pushpanjali Medical Centre, we provide complete and comprehensive eye care ranging from routine eye check-up to the treatment of all eye disorders like cataract, glaucoma, and squint. We believe that everyone deserves to see the world clearly.

Services:

- Computerized eye testing
- Auto Refractometer
- Synaptophore
- Computerized Field Charting
- A-scan & B-scan
- Laser (Argon and Yag)
- Fluorescein Angiography
- Stitchless cataract surgery (Phacoemulsification)
- Management of Glaucoma –medical and surgical
- Oculoplasty



Dr. L D Sota
MBBS, MS

We ensure the best available and affordable treatment for all kinds of eye diseases.



DIYA HEALTH CARE
Deals in : Maintenance & Installations of
Medical Oxygen, N2o, Vaccum &
Air Gas Pipeline, Modular Operation Theater,
Modular ICU and Anesthesia Machine and
Multipara Monitor.

Rajeev Sharma
(Proprietor)
(M) : 9810888415
8920797182

1/4773A, Street No. 9, Balbir Nagar Extn., Shahdara, Delhi-32
E-mail : rajeevsharma.2007@rediffmail.com, diyahealthcare23@gmail.com

Department of Orthopaedics

Pushpanjali Hospital has a team of verified and trusted orthopaedic doctors with decades of experience in the field of orthopaedics. We have a dedicated team of doctors and staff, who ensure the best treatment and personalised care to patients. We have well equipped, full - fledged diagnostic labs and operation theatres with state of the art technology and latest instruments to deliver world-class orthopaedic treatment.

Areas of expertise:

- We provide quality services in Orthopaedics, Joint Replacement, Trauma, Arthroscopy and Spine Surgery.
- The Total Knee Replacement, Arthroscopy, Unicompartmental/ partial knee replacement and Partial hip replacement & Trauma surgeries town.

Treatment includes:

- Bone fractures & complex trauma
- Arthritis and joint replacement
- Orthobiologics and sports injuries
- Soft tissue (muscle, tendon, and ligament) injuries
- Joint pain from arthritis
- Back & Neck pain
- Shoulder pain and problems, such as bursitis
- Carpal tunnel syndrome
- Joint Preservation surgery
- Arthroscopy
- Sports injuries include tendinitis, meniscus tears, and anterior cruciate ligament (ACL) tears
- Congenital conditions, such as clubfoot and scoliosis

We also offer the best rehabilitation and physical therapy, home exercise programs, and mobility aids. Our doctors are experts in handling complex cases and offer the top class management of ailments of bone, cartilage, joints and ligaments. To know more about orthopedic ailments, visit us now. Book your appointment now!



Dr. Karun Jain
MBBS, MS



Dr. Atul Jain
MBBS, MS



Dr. Arpit Sekhri
MBBS, MS



Dr. Manoj Goel
MBBS, MS

Department of Otorhinolaryngology (ENT)

The Department of ENT is a facility providing comprehensive patient care for all Ear, Nose, Throat, Head and Neck disorders. The specialty of ENT Head and Neck Surgery caters to a wide range of diseases like loss of hearing, ear infections, ear discharge, giddiness, balance and disorders of equilibrium, headache, allergies and infections of nose and sinuses, nasal bleeding, snoring and sleep disorders, voice problems, speech disorders in children, long standing coughs and infections of the air passages.

ENT Services

- Endoscopic surgery for tracheal stenosis and tracheobronchial tumours - Advances in endoscopic technology have enabled endoscopic surgical correction of disorders of the trachea (wind-pipe) like narrowing, tumours, collapse of trachea and improving the breathing and quality of life of such patients.
- Laser facilitates make possible accurate and well-defined cutting of the tissues and therefore early recovery with minimal hospital stay and morbidity.
- Advanced endoscopic skull base and eye surgeries - Areas in the vicinity of the nose like the eye and the base of the brain are now accessible using endoscopic scarless techniques through the nose to offer effective surgical solutions to diseases in these areas.
- Surgery for snoring and sleep disorders - Effective correction of the narrowed segments and lax tissues of the nose and throat using LASER techniques enables rectification of snoring and a peaceful sleep for the partner as well.



Dr. Atul Jain
MBBS, MS



Dr. Rahul Aggarwal
MBBS, MS



Dr. Sudhir Sharma
MBBS, DORL, DNB

Department of Paediatrics & Paediatric Surgery

Pushpanjali Medical Centre's Department of Paediatrics boasts a team of highly experienced specialists including Dr. Deepak Pande and Dr. Vineet Jain, each with over 30 years of expertise, alongside the young and dynamic Dr. Anshul Bhargava. The department offers round-the-clock emergency care for children, ensuring immediate attention during child emergencies. Additionally, all newborn deliveries receive personalized care from a pediatrician to ensure a safe beginning.

Regular pediatric outpatient departments operate six days a week, providing consultations, vaccinations, and growth and developmental monitoring through wellbaby clinics. The hospital's 4-bedded Newborn Nursery is equipped with advanced open incubator systems, phototherapy equipment, infant warmers, syringe pumps, and multipara monitors, catering to both normal and late preterm babies. The facility offers various categories of rooms for hospitalizations, supported by a senior and trained nursing staff specializing in newborn and pediatric care.

For surgical needs in pediatrics, Dr. Pritesh Maheshwari, a certified and experienced pediatric surgeon, oversees treatments.

Choosing Pushpanjali Medical Centre ensures that your child receives comprehensive and safe healthcare services under the guidance of seasoned specialists and advanced medical equipment.



Dr. Deepak Pande
MBBS, MD



Dr. Vineet Jain
MBBS, MD



Dr. Anshul Bhargava
MBBS, MD



Dr. Pritesh Maheshwari
MBBS, MS

Plastic Surgery

We do all kinds of reconstructive and aesthetic surgery procedures except microvascular free flaps .

These include:

- Facial trauma including Maxillofacial surgery
- Burns
- Body contouring procedures like liposuction, abdominoplasty, breast reduction and augmentation
- Rhinoplasties
- Reconstructive hand surgery
- Compound fracture leg bones
- Scar revisions
- Revirgination surgeries etc, etc.



Dr. Manoj Bansal
MBBS, MS, MCH



Department of Psychiatry & Psychotherapy

Health experts report a significant rise in mental health issues worldwide. The COVID-19 pandemic escalated these issues due to prolonged periods of Isolation. Disrupted routines and heightened family stress contribute to mental health disorders. Pushpanjali Medical Centre has a competent team of Psychiatrists and Psychologists who ensure safe, confidential, and non-judgmental treatment.

Our Services:

- Depression
- Anxiety Disorders
- OCD (Obsessive Compulsive Disorder)
- Insomnia
- Schizophrenia
- Bipolar Disorder
- Dementia
- PTSD
- ADHD and other behavioral problems in Children
- Eating Disorders
- Psychotherapy: BT, CBT, DBT
- IQ Testing
- Family Therapy

Mental health issues are of high priority. The team of psychiatrists and psychologists at Pushpanjali Medical Centre is adept at handling all such issues with sensitivity and confidentiality.



Dr. Deepika Verma
MBBS, MD



Dr. Prabhani Bindra
MBBS, MD



Dr. Megha Sarin,
M Phil, Psychologist

Department of Pulmonology

Lungs are vital for oxygenating our blood and expelling carbon dioxide. It's crucial to address symptoms like cough and wheezing early, as they can indicate lung disease. Paying attention to these signs and seeking timely medical advice can lead to early diagnosis and treatment, preventing conditions from becoming severe or life-threatening.

Facilities:

Our Department of Pulmonology excels in diagnostics, treatment, innovation, and education. Key facilities include:

- Bronchoscopy Suite: Fully equipped for diagnostic and therapeutic procedures.
- Pulmonary Function Laboratory: Comprehensive testing for respiratory issues.
- Specialized OPD: Focused care for severe asthma and interstitial lung disease (ILD).

Treatments:

We offer comprehensive respiratory care, handling conditions such as:

- Pneumonia
- Asthma
- Tuberculosis
- Emphysema
- Pulmonary Hypertension
- Acute Respiratory Distress Syndrome (ARDS)
- Chronic Obstructive Pulmonary Disease (COPD)
- Interstitial Lung Disease (ILD)
- Lung Cancer

Procedures:

Our pulmonologists are proficient in numerous procedures, including:

- Bronchoscopy
- Bronchoalveolar lavage
- Lung biopsy
- Bronchial washings
- Foreign body removal

We are dedicated to providing the highest quality of care for all respiratory conditions, ensuring our patients receive the best possible outcomes.



Dr. Nitin Rathi
MBBS, DNB, EDRM, FCCP

Department of Physiotherapy

Pushpanjali Hospital has the best Physiotherapy services that are second to none. Pushpanjali hospital has a team of dedicated, skilled and experienced physiotherapists, who are practicing from 25 years.

Our physiotherapy services are :-

- Orthopaedic physiotherapy for every bone, joint disorders
- Chest Physiotherapy for all cardio-respiratory conditions
- Sports injury physiotherapy
- Postoperative physiotherapy
- Neurological physiotherapy
- Paediatric physiotherapy
- Physiotherapy for old aged groups.
- TKR / THR Rehabilitation
- Burns rehabilitation
- Rehabilitation for reconstructive surgeries
- Antenatal / Postnatal exercises
- Posture training for nursing mothers



Dr. MD Majid Khan
PT



Dr. Mehreen Khan
PT



Email:
dailydryclean@gmail.com

Contact no.:
9313628890, 9873873594, 989940093

Department of Radiology

Pushpanjali Medical Centre boasts of a fairly well equipped Department of Imaging. It has a team of highly skillful Radiologists & cardiologists. The support staff is well trained and competent.

Equipment:

We have a very high end latest state of art USG machine, V 7 from Samsung which was acquired a few months ago keeping in mind the fast charging technology. This machine is loaded with all the features which are required for the current imaging needs. We also have a latest Allenger DR machine for conventional radiology.

Services offered:

- All routine and special X rays
- Radiology procedures like Barium studies, IVP, RGU, MCU, HSG etc.
- All routine US studies
- All gynaecology and obstetrics US
- Fetal echocardiography
- Adult echocardiography including Stress Echo
- Guided procedures like abscess aspiration, pig tail insertion, guided biopsy, D & C, PCN & FNAC



Dr. Mukesh Kumar Koshal
MBBS, MD



Dr. Varun Goel
MBBS, MD



Dr. Hridesh Sant
MBBS, MD

Department of Urology

Pushpanjali Medical Centre has a renowned team of urologists capable of handling critical and complex urological cases. Urology focuses on male and female genito-urinary tract. So, along with the kidney, a urologist also treats diseases of the urinary bladder, urethra, and reproductive organs of males and females.

Our areas of expertise are:

- Kidney stones
- Bladder infections
- Bladder tumors
- Bladder control issues
- Erectile dysfunction
- Enlarged prostate

At Pushpanjali Medical Centre, a dedicated team of doctors ensures seamless care and guidance to the patient at all times.



Dr. C M Goel
MBBS, MS



Dr. Nandesh Singh
MBBS, MS, FIAGES, M.ch (Urology)



HOUSEKEEPING PRODUCTS AND TOOLS



- PAPER PRODUCTS (M-FOLD/HRT ROLL/TOILET ROLL)
- HOUSEKEEPING CHEMICALS
- COMMERCIAL DUSTBINS (PLASTIC/STAINLESS STEEL)
- SOAP DISPENSERS/HRT/TOILET ROLL DISPENSERS
- CLEANING TOOLS & TROLLEYS
- AIR FRESHENERS/ GUEST AMENITIES



A-69, Ground Floor, Tagore Garden Extn., Rajouri Garden, New Delhi-110027
Mob.: 8750504470 | E: dailyhygiene2019@gmail.com | W: www.dailyhygiene.info

Dr. Rahul Agarwal

ENT Clinic

Timing: 6.00 pm to 9.00pm
For Appointment 88007044796



Address:
2 Shyam Enclave, Karkardooma,
Anand Vihar, Delhi-110092

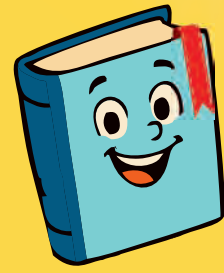
MIDAS GENERATOR



**Midas Generators
B-13/1, Khazan Basti, Mayapuri,
New Delhi-110064**

**Mr Gurpreet
M: 9811085396**

7



Bigger And Better

Our infrastructure expansion over one year



Pushpanjali Medical Centre



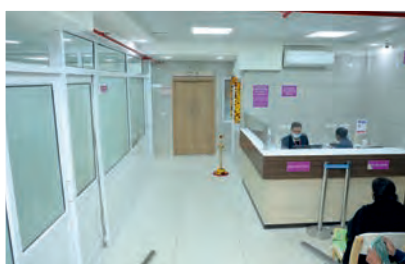
Reception



OPD Room



IPD Room



Basement



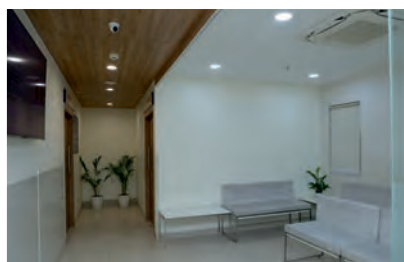
Emergency



Nursing Station



X-Ray



Diagnostic Wing



Endoscopy Room

Corporate Office, A -11 Pushpanjali



CMD's Room



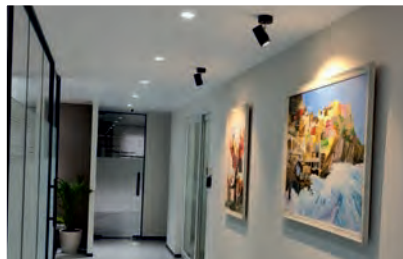
Board Room



Director's Room



Office



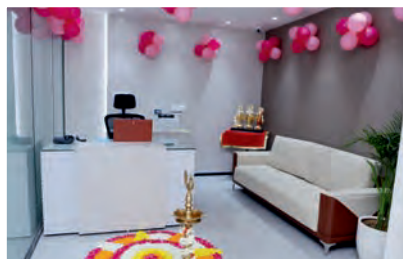
Office Complex



Gm's Room



Office Complex

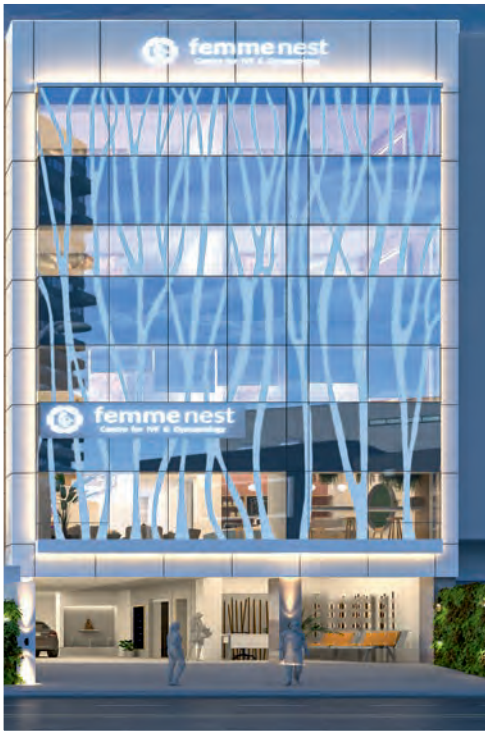


Reception

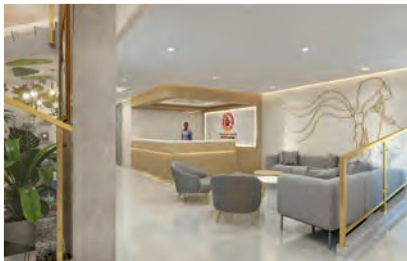


Coffee Shop

Femme nest



Reception



OPD Area



OPD Chamber



IPD Room



IPD Room



Cafeteria



IPD Room



IPD Area



Stilt



ASTER PROFILE

A-23 GROUND FLOOR, BLOCK A, JOSHI COLONY, IP EXT. MANDAWALI, DELHI-110092

Ph.: 9810713888





Datt Mediproducts Private Limited

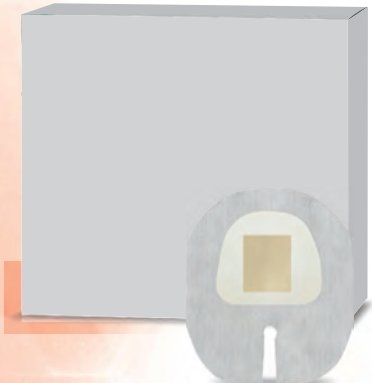
Delivering Next-gen Healing Solutions Globally

VELFIX[®] EDGE+CHG

Chlorhexidine Gluconate IV Securement Dressing
(Gel pad contains 2% w/w CHG)

Novel Features:

- CHG aids in infection reduction
- Long lasting antimicrobial activity.
- Waterproof sterile barrier to external contaminants
- Window frame design to allow continuous observation



Complete wound care product range available:

VELFIX[®] EDGE

Transparent IV. Dressing with Non Woven Borders



VELFIX[®] SECURE

Foley Fixation Dressing



VELFIX[®] IV DRESSING KIT

IV Cannulization Dressing Kit



Datt Mediproducts Pvt. Ltd.
Delivering Next-Gen Healing Solutions Globally
www.dattmedi.com
© All Rights Reserved

Email: sales@dattmedi.com
Phone: +91-11-47191777
Address: 56, Community Centre,
East Of Kailash,
New Delhi, India - 110065

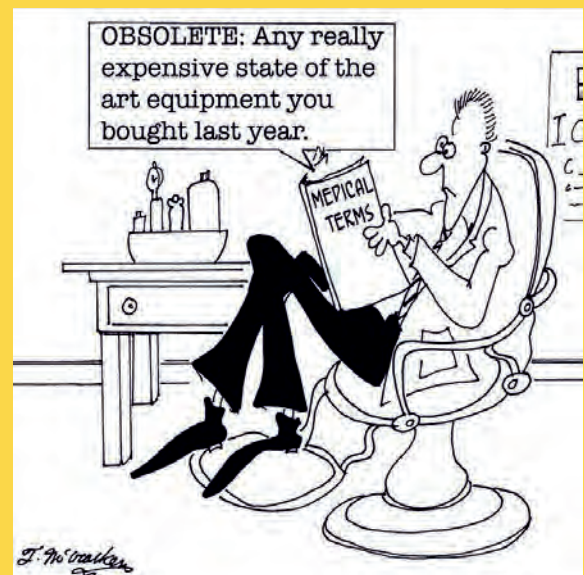
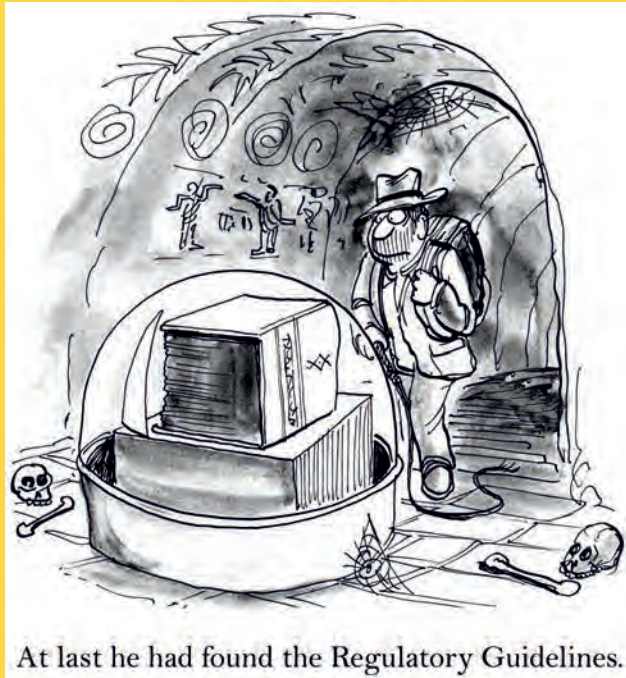
An ISO 9001 & 13485 Certified Company
Follow Us and Stay Tuned
@ dattmediproducts



8



The Latest and Greatest *New equipment, services and quality standards*



Inauguration – Pushpanjali Corporate Office

Pushpanjali Medical Education & Research Centre inaugurated its new 4-storey building, graced by the esteemed presence of Param Pujya Didi Maa Sadhvi Ritambara Ji, Padma Bhushan awardee. This state-of-the-art facility has been designed to cater to the growing healthcare and educational needs of the region, combining advanced medical services with modern infrastructure. The newly inaugurated building houses a fully equipped 24-hour dialysis centre aimed at providing round-the-clock care for patients with kidney ailments, along with an expanded OPD to ensure smooth patient flow and quality consultations. It also includes a dedicated administrative block, corporate meeting rooms, and spacious, technologically advanced conference halls, supporting both medical training and professional development initiatives.

This expansion reflects Pushpanjali Medical Centre's ongoing commitment to delivering excellence in healthcare while also fostering education and research in the medical field. The inauguration ceremony, attended by dignitaries, staff, and guests, was followed by a felicitation of the chief guest and refreshments for all attendees. With this new facility, Pushpanjali Medical Education & Research Centre strengthens its mission to offer comprehensive, patient-centric care and contribute significantly to the advancement of healthcare services in the region.



New Equipment



The B'orze HD Intellio Digital Video Colposcope is a high-definition imaging device designed for gynecological diagnostics, particularly for cervical examinations.

Key Features
Imaging Quality: Equipped with a Full HD 1080p Sony CMOS sensor, it offers a resolution of 1920×1080 pixels, ensuring sharp and detailed images.
Magnification: Provides up to 52x magnification, facilitating detailed visualization of cervical tissues.
Green Filter: Features multiple grades of electronic green filters to enhance vascular visualization.
Software Integration: Comes with proprietary B'orze software for automatic screening, reporting, and image management.
Design: Compact and maintenance-free, eliminating the need for external dongles or capture cards.



Holter Pisces HL-03 Extended Detection Window With up to 72 hours of recording, Pisces HL-03 enhances the likelihood of capturing transient arrhythmias that short-term monitoring might miss. Accurate and Reliable Analysis

The 98% arrhythmia detection accuracy and AHA-compatible software give clinicians trustworthy, clinically relevant insights.

Patient Comfort and Mobility: Its sleek, lightweight design allows patients to wear the unit seamlessly during everyday activities, minimizing disruption.

Enhanced Data Integrity Alerts for lead-off, clear display, and event markers collectively ensure high-quality, sustained data capture.

Workflow Efficiency: USB-C or flash card transfers, digital reporting, and append capabilities streamline analysis and reduce turnaround times. Versatile Cardiac Monitoring Effective even when pacemakers are present—with on-device detection and analysis integrated into the workflow.



The Philips PageWriter Tc35 ECG Machine is an advanced 12-lead electrocardiograph (ECG) machine designed for efficient clinical workflows in hospitals and clinics. It features a user-friendly 1-2-3 touchscreen interface, facilitating quick and intuitive operation. The device employs the Philips DXL ECG Algorithm, providing over 600 interpretive statements, including pediatric analysis, and supports advanced diagnostic aids for conditions like STEMI and NSTEMI. With integrated WiFi 5 (802.11 b/a/g/n/ac) and WPA3 security, the TC35 ensures secure wireless data transfer. It also offers native DICOM compatibility for seamless integration with electronic medical records (EMR) systems. The machine can operate up to 13.9 hours on a single battery charge, making it suitable for high-volume environments. Additionally, it includes features like a 10-inch touchscreen

display, pace pulse detection as small as 0.02 mVms, and the ability to review up to five minutes of 12-lead ECG data.



Fresenius 4008S HD machines (12 in no) is a widely used hemodialysis machine known for its reliability, patient safety features, and cost-effective operation. It is designed to deliver high-quality dialysis treatments while ensuring ease of use for healthcare professionals. Key Features Online Clearance Monitor (OCM®): Provides continuous, non-invasive monitoring of dialysis adequacy by measuring in-vivo urea clearance (K), accumulated cleared plasma (Kt), and dialysis dose (Kt/V). This helps in adjusting treatments in real-time without additional disposables or staff effort .DIASAFE® plus Dialysis Fluid Filter: Ensures the production of ultrapure dialysis fluid, reducing the risk of bacterial contamination and associated complications. It features functional control of filter integrity and automatic surveillance of the filter's lifetime .bibag® Dry Bicarbonate Concentrate:

Offers a hygienic and ergonomic solution for bicarbonate supply, minimizing the risk of microbiological contamination and reducing storage space requirements .AdaptedFlow Technology: Automatically adjusts dialysate flow based on effective blood flow, optimizing resource utilization without compromising dialysis efficiency .Integrated Blood Pressure Monitoring (BPM): Allows for continuous monitoring of vital parameters, enhancing patient safety during treatment .User-Friendly Interface: Features a 10.4" TFT-LCD screen for intuitive operation and easy programming of treatment parameters .



Fresenius 5008 HD machine is a state-of-the-art hemodialysis system designed to deliver High Volume Hemodiafiltration (HDF) with enhanced safety, efficiency, and user-friendliness. Key Features High Volume HDF with AutoSub plus: Automatically maximizes substitution volumes by continuously monitoring conditions within the dialyzer, optimizing treatment without additional user intervention. Venous Access Monitoring (VAM): Utilizes an adaptive algorithm to detect sudden drops in venous pressure, aiding in the early detection of needle dislodgement and enhancing patient safety. User-Friendly Interface: Features a rotatable 15" TFT touchscreen monitor for optimal visibility and intuitive navigation, simplifying operation for healthcare professionals. Integrated Safety Measures: Equipped with air bubble detection, blood leak detection, and pressure alarms to ensure patient safety during treatment. Efficient Resource Utilization: Incorporates features like ONLINE priming and EcoFlow to reduce the use of saline, concentrates, and energy, promoting sustainability.





Presenting comprehensive product range from Bio-Origin,
where quality always comes first

Rx **BONRIN-PTH** PFS

Teriparatide injection IP 600mcg/2.4ml
(Recombinant Human Parathyroid Hormone (rhPTH¹⁻³⁴))

Rebuilds Bone, Improve Bone Quality



Rx **OSTEOINN** NS

(Calcitonin Salmon Nasal Solution USP 3.7ml/30 Metered Dose
& 6.85ml/60 Metered Dose for Intra Nasal Use Only)

Relieves Pain Enhance Bone Strength



Rx **OSTEOVISC**

Sodium Hyaluronate 48mg in 6ml Intra Articular Injection.

Relieves Pain Enhance Knee Life



In the
Management of
Osteoporosis.

INDICATIONS :

- ✓ Muscle Cramps
- ✓ Osteoarthritis
- ✓ Post-Surgical recovery
- ✓ Rheumatoid arthritis
- ✓ Trauma & fractures



INDICATIONS :

- ✓ Joint Pain
- ✓ Osteoporosis
- ✓ Osteomalacia
- ✓ Rickets and Osteoarthritis
- ✓ Inflammation
- ✓ To treat low blood calcium levels.



**Makes
Bones
Powerful**

BIO ORIGIN PHARMA PVT. LTD.

WWW.BIOORIGINPHARMA.COM

With Best Wishes From

Mr. K L Bhatia

Chairman

Vivekanand Public School

**B-Block Anand Vihar,
Delhi-110092**



A cartoon illustration of a blue book with a smiling face, large eyes, and a wide grin. A red bookmark is visible on the right side of the book. The book is set against a yellow background.

Reaching out and reaching up



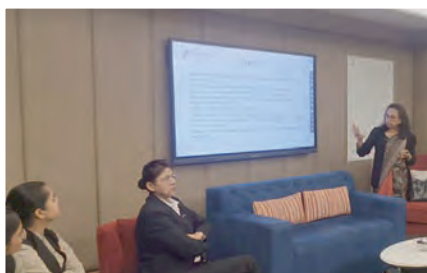
NABH Audit Meeting

Pushpanjali Medical Centre recently concluded its successful NABH Audit Meet, marking a significant milestone in its commitment to quality healthcare and patient safety. The audit highlighted the Centre's adherence to NABH standards across all departments, showcasing excellence in clinical protocols, patient care, and operational efficiency. The team's meticulous preparation, teamwork, and dedication were lauded by the auditors. Leadership acknowledged the efforts of the entire staff, whose collective commitment ensured the successful outcome.



Interactive Session

A wonderful and interactive session was held at The Leela Ambience Convention Hotel, Shahdara, in celebration of International Women's Day. The session was chaired by our esteemed gynecologists, Dr. Sangeeta Goel and Dr. Anita Aggarwal, and covered important topics such as 'Cervical Cancer & HPV Vaccination' and 'Vaginal Discharge'. More than 40 employees participated in this engaging session, making it highly interactive and insightful. We appreciate everyone's enthusiastic involvement and extend our gratitude to our expert speakers for their valuable contributions.



BLS & First Aid Training

BLS & First Aid Training at Fortune Park, Vivek Vihar for their employees. Dr. Wasim, our CMO, conducted the training for all the employees of Fortune. It was well-organized and excellently delivered by him.



Camp at Hotel Radisson Blu

Pushpanjali Medical Centre organized a Free Health Check-up Camp at Radisson Blu for all its employees and staff, promoting workplace wellness and preventive care. The camp included essential screenings such as basic vitals, blood pressure, diabetes (RBS), and CBC tests. In addition, doctors from PMC offered free consultations, addressing individual health concerns and guiding them on lifestyle management. The initiative was well-received, reflecting PMC's commitment to community health and its proactive approach to employee well-being and preventive healthcare.



Free Health Camp at Ahlcon Public School

Pushpanjali Medical Centre conducted a successful Free Health Check-up Camp at Ahlcon Public School, Mayur Vihar on 2nd August 2025. The camp saw 110 teachers register for vital screenings and consultations. We're proud to extend preventive care and health awareness to educators shaping our future.



Fire Training Session at PMC

Pushpanjali Medical Centre conducted a comprehensive fire training session for all staff members, reinforcing its commitment to workplace safety and emergency preparedness. The session included hands-on demonstrations on fire extinguisher use, evacuation procedures, and fire prevention techniques. Experts from Fire safety Department guided the team through real-life scenarios to ensure a swift, coordinated response during emergencies. Staff actively participated, gaining practical knowledge and confidence to handle fire-related situations effectively. The training aimed to enhance awareness, reduce panic, and ensure patient and staff safety at all times.



Plantation Day Celebration

Pushpanjali Medical Centre proudly celebrated Plantation Day on 21st March 2025 with great enthusiasm. Staff members participated in planting saplings around the hospital premises, reinforcing our commitment to environmental sustainability and a greener tomorrow.



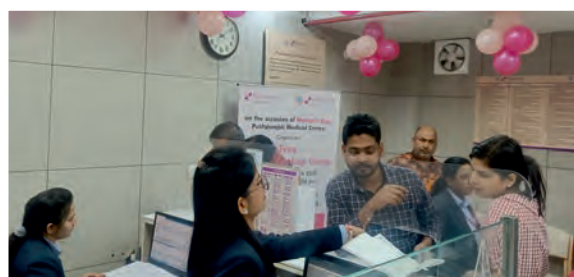
CMD Monthly Meeting with Management

The monthly CMD Meeting at Pushpanjali Medical Centre brings together the Chairman & Managing Director with the Top Management Team to review performance, address challenges, and strategize for continuous improvement. These sessions focus on enhancing the quality of medical care, streamlining operations, and elevating patient and guest experiences. The meetings serve as a driving force behind innovation and service enhancements. This proactive approach ensures that Pushpanjali Medical Centre not only meets but consistently exceeds the expectations of patients, their families, and all those who place their trust in us.



Celebrating International Women's Day at PMC

On the occasion of Women's Day, Pushpanjali Medical Centre organized a special free health check-up camp dedicated to women, celebrating their health and well-being. The camp included screenings for vital parameters such as blood pressure, blood sugar, and hemoglobin levels. As part of the initiative, women also received complimentary gynecology check-ups by expert doctors, focusing on preventive care and early detection of common health issues. The initiative was warmly received, and was a grand success in terms of spreading awareness about the importance of regular medical check-ups.



Diwali Celebration

The spirit of Diwali 2024 lit up the entire campus of Pushpanjali Medical Centre with joy, colour, and festive warmth. Staff, doctors, and patients came together to celebrate the festival of lights with rangoli, decorations, and moments of togetherness. It was a celebration of hope, positivity, and the vibrant community we are proud to be a part of.



Nurses Day Celebration

Pushpanjali Medical Centre celebrated International Nurses Day with heartfelt gratitude and admiration for the real heroes of healthcare. Our nurses, who work tirelessly and compassionately every day, were honoured through a joyful gathering filled with appreciation, recognition, and encouragement. Their dedication remains the backbone of patient care, and this celebration was a small token of thanks for their big contributions.



Christmas Celebration 2024

Christmas 2024 at Pushpanjali Medical Centre was a heartwarming celebration filled with joy, decorations, and the true spirit of giving. Staff members joined in the festive cheer with carols, cake-cutting, and spreading smiles across departments. The event reminded us of the importance of compassion, unity, and celebrating life together—values that define our care every day.



Holi Celebration 2025

Pushpanjali Medical Center came alive with vibrant colors and festive cheer as staff and patients celebrated the spirit of Holi together. The event was filled with joy, laughter, and unity, spreading the message of harmony and happiness. This celebration truly reflected the essence of togetherness, making the day memorable for everyone at the center.



Parent to Be at Femme nest

The Parent-To-Be Program at Femmenest Center for IVF & Gynaecology was a heartwarming success! Expecting parents gathered for an engaging morning filled with interactive Q&A sessions with expert doctors, fun games, and valuable parenting guidance. The event created a joyful atmosphere where parents-to-be enjoyed healthy snacks, refreshing conversations, and meaningful tips to prepare for their parenting journey. It was truly a memorable celebration of love, learning, and togetherness as couples took confident steps toward parenthood.



Transforming Challenges into Triumphs: A Journey of Special Care



Dr. Piyush Jain

Sr. Paediatrician, Chairman,
Genesis-Neurogen



Dr. Radha Jain

Sr. Gynaecologist, Director,
Genesis-Neurogen

When we began practice in 1995, children with Autism, Cerebral Palsy, or ADHD had few options. Rehabilitation facilities were scarce, government centers overcrowded, and therapy fragmented, slow, and financially draining. Parents carried more despair than hope.

Moved by this struggle, my wife, Dr. Radha Jain, and I decided not to open a mother & child healthcare centre but instead dedicate our lives to creating a home of hope exclusively for children with special needs. With faith, persistence, and a small team of professionals, GENESIS NEUROGEN was born at Rishabh Vihar in 2016, followed by Krishna Nagar in 2019.

The journey was never easy. Therapy for such children is a marathon, not a sprint. Parents felt discouraged with slow results, and COVID-19 tested our survival. Yet, when the cause is noble, strength comes from within. We lowered charges, sought support, and established a charitable trust so no child was denied therapy due to money.

Today, the smiles of children walking, speaking, and learning—children once thought “lost”—are our greatest reward.

Today, the smiles of children walking, speaking, and learning—once thought “lost”—are our greatest reward. Our services focus on independence, confidence, and quality of life:

- **Paediatric OT:** sensory integration, fine/gross motor skills, play therapy.
- **Neurological Rehab:** cerebral palsy, Down syndrome, motor relearning.
- **Sensory Integration Therapy:** regulating responses to touch, sound, movement.
- **ADL Training:** skills for self-care and independent living.
- Speech Therapy: delayed speech, stammering, pronunciation, voice & swallowing issues.
- **Clinical Psychology:** assessment and therapy for emotional, behavioral, adaptive challenges.
- **Special Education:** tailored support for learning and resilience.
- **Music, Art & Dance Therapy:** enhancing emotional regulation, social interaction, coordination.

Our Approach: Assess, Set Goals, Intervene, Review Progress, Train Families, with technology like neuro feedback and treadmill-based therapy enriching outcomes.

Future Vision: includes inclusive classrooms with adaptive learning, assistive technology (AAC devices, digital tools), and tele-therapy for remote families.

At GENESIS NEUROGEN, every child is not a “case,” but a universe of possibilities. We believe in nurturing the environment so every child can thrive. Our journey is more than medical—it is love, resilience, and the belief that every child is gifted, simply unwrapping their potential at their own time.

“Where every child matters, and every step counts.”



Pushpanjali Community Service Excellence Awards 2024



Dr. Ajay Arora

In recognition of his exceptional contributions to the field of Family Medicine, demonstrated through his sincere, dedicated, and ethical service to patients and the community. His simplicity, humility, and enduring personality have earned him the admiration and affection of the residents of Delhi NCR.

Dr. VPS Chawla

This award is Honouring his remarkable contributions to the field of Family Medicine, reflected in his unwavering commitment, ethical practice, and compassionate service to patients and the community. His simplicity, humility, and inspiring persona have earned him lasting respect and affection across Delhi NCR.



Dr. Ashok Sharma: A Renaissance Man

It is with great admiration that we acknowledge the extraordinary talents of Dr. Ashok Sharma, a true embodiment of a multifaceted personality. With effortless ease, he transitions from the medical realm, where he expertly wields his stethoscope, to the theatrical stage, where he shines bright. His versatility extends to the world of fashion, as a model and couture advisor, and literature, as a published author. His acting prowess in films is yet another testament to his boundless talent.



Dr. Gladbin Tyagi

Honoured to present this award in recognition of your tireless activism and unwavering passion in championing the cause of health as a fundamental right. Your dedicated efforts to promote education, good health practices, and cultural nationalism across all sections of society have made a profound impact. Presented in appreciation of your outstanding contributions to social service.



Pushpanjali Community Service Excellence Awards 2025



Mrs. Uma Aggarwal

**A Mother's Love, A Leader's Courage:
Inspiring Generations**

An Architect from School of Planning and Architecture, New Delhi now a businesswoman. Joined the real estate business of husband in 1979. Her husband passed away in 1987 leaving her with a budding business and two small kids.

Though taken aback, she did not wither and singly took over a business essentially dominated by men involving dealing with contractors, offices like DDA, GDA, Police, etc. In these 38 years, she has completed more than 60 residential & commercial projects in NCR, Uttar Pradesh and Uttarakhand, enjoying Credit Rating of 'CARE BBB STABLE' by CARE.

Philanthropy includes distribution of food, grains, clothes, water storage containers to needy, arranging medical camps, donating medical equipment, tree plantation activities, donation to PM's National Relief Fund, Delhi Sikh Gurudwara Management Committee, Amar Jyoti Charitable Trust, Tara Sansthan & Sabka Sathi Sewarth Trust, Akhil Bhartiya Dayanand Sewashram Sangh etc.

The Group and Promoters have been bestowed with awards like;'

1. Most Trusted Real Estate Brand 2014' by IRA Indian Realty Awards'
2. Women Super Achiever Award' in Real Estate Sector by Times Network in 2017, '
3. Realtor of the Year' by Times Business Awards Realty 2018, '
4. Best PMAY Project in LIG Category 2019' by Ministry of Housing & Urban Affairs, '
5. PMAY Empowering India Awards 2022' awarded to Project-Vrinda Homes under the Category – Best Affordable EWS/LIG Housing Project in the State of Uttar Pradesh by Ministry of Housing & Urban Affairs'
6. Inspiring Real Estate Icon 2023 Award' by The Times Group, '
7. Empower Her Excellence' by NAREDCO Mahi Awards, 2024 and '
8. Businesswoman Entrepreneur Jury's Choice Award' awarded by Delhi Management Association in th All India Women Entrepreneurs Awards & Conference 2024.
9. Naredco Mahi Women Achievers Award, 2025

Pushpanjali Community Service Excellence Awards 2025



Dr. Saroj Prakash

Ex Professor of Medicine,
Maulana Azad Medical College, Delhi

Dear Colleagues and Friends,

As Pushpanjali Medical Center prepares to host its Annual Medicon, I am filled with immense pride and deep nostalgia. What began as a modest nursing home has grown into a vibrant center of medical excellence—one that continues to shape the future of healthcare in East Delhi with unwavering purpose.

This journey has been nothing short of remarkable. It reflects the resilience, dedication, and shared vision of its physicians, nurses, staff, and leadership. Each individual has contributed to a legacy built on compassion, collaboration, and clinical brilliance.

My Journey in Medicine

My own path in medicine began at Lady Hardinge Medical College, Delhi, followed by postgraduate training in London and Edinburgh under the Royal Colleges. These formative years expanded my clinical perspective and strengthened my commitment to advancing medical education.

Upon returning to India, I joined the faculty at Lady Hardinge and later served as Professor of Medicine at Maulana Azad Medical College. After retirement, I continued my work in East Delhi, coordinating postgraduate programs and mentoring young physicians. It was during this time that I, along with dedicated colleagues, helped establish the East Delhi Medical Association (EDPA)—a platform devoted to professional growth and collaborative learning.

In memory of my mother, Smt. Bela Devi—a passionate advocate for girls' education—I instituted the Bela Devi Oration. Delivered annually by distinguished experts, it enriches the clinical acumen of practicing physicians and honors the spirit of lifelong learning.

Pushpanjali's Legacy and My Association

Pushpanjali's foundation was laid by Dr. Vinay Aggarwal, whose tireless efforts and steadfast integrity transformed a vision into reality. I had the privilege of being part of this journey from 1991 to 1995. My association with its consultants and staff was marked by warmth, professionalism, and mutual respect—memories I hold close to heart.

Looking Ahead

As we celebrate this milestone, let us—as responsible physicians—renew our commitment to innovation, service, and ethical practice. The healthcare landscape is evolving rapidly, and Pushpanjali must continue to lead with agility, foresight, and compassion. Together, we can expand our reach, deepen our impact, and shape a brighter future for the communities we serve.

In closing, I extend my heartfelt gratitude to Dr. Vinay Aggarwal and every member who has contributed to Pushpanjali's journey. Let us continue to build, heal, and inspire—guided by our shared purpose and enduring passion.

With warm regards and best wishes,

Dr. Saroj Prakash

Pushpanjali Community Service Excellence Awards 2025



Dr. Anil Goyal

Healing and Serving:

From Operating Room to Legislative Chamber

Dr. Anil Goyal is a renowned medical professional and public representative, currently serving as the Member of Legislative Assembly (MLA) from Krishna Nagar, Delhi, representing the Bharatiya Janata Party (BJP). He also serves as a State Executive Member of the Delhi BJP.

Professionally, Dr. Goyal is the Managing Director of Goyal Hospital & Urology Centre, a 100-bedded NABH-accredited hospital in Delhi, and is recognized as a respected Senior Consultant Urologist with over two decades of experience. A graduate of the University of Lucknow (MBBS, MS) and the University of Rajasthan (MCh Urology), his medical expertise is matched by his leadership roles in various associations, including Past President of the Delhi Medical Association (DMA), Past President of the North Zone Urological Society of India (NZUSI), Past Finance Secretary of the Indian Medical Association (IMA) Headquarters, and Former Member of the Delhi Medical Council.

Beyond medicine, Dr. Goyal is dedicated to social health initiatives. He leads as President of the Men's Health Society, National Convener of the Organ Donation Initiative, and President of Sadaiv Saath Foundation (MHSD). Through these, he has worked extensively in preventive healthcare, organ donation awareness, and community service.

Dr. Anil Goyal embodies the values of professional credibility, social responsibility, and political integrity. His journey from an accomplished urologist to a people's representative reflects his lifelong mission to serve society—whether in hospitals or in the legislature.

Anup Surgical Co.

**Manufacturers & Suppliers of
Surgical, Ophthalmic, Laproscopy, Urology, General Instruments,
Endoscopy Camera and equipments
Also Undertaking Job Works**

Mob.: 9810082071, 8285608208

H.Off. Delhi : 273/8 A, D.D.A Flats,
Mayur Kunj, Trilokpuri Delhi-91
Ph: 011-22727946

Kerala Office.
Surgimet HealthCare Products
37/1248, Mother Teresa Lane
Kadavanthra, Cochin Pin (682020)
Kerala Ph: 9895241666

Pushpanjali Community Service Excellence Awards 2025



Dr O.P. Yadava

Cardiothoracic Maestro:

A Life of Excellence, Compassion, and Service

Dr. O.P. Yadava is a pioneer in cardiac surgery, philanthropy, and medical leadership, with a distinguished career spanning clinical innovation, rural healthcare, teaching, and humanitarian work.

Innovations in Cardiac Surgery

He pioneered Total Arterial CABG in India (1992) and launched the Beating Heart Coronary Bypass program across India and neighboring countries. As Founder-Chairman, Department of Cardiac Surgery and Board Member, Sir Ganga Ram Hospital, he trained surgeons globally and serves as CEO & Chief Cardiac Surgeon at National Heart Institute, New Delhi.

Philanthropy & Rural Health

For over 30 years, Dr. Yadava has served the Kumaon Himalayas through 300+ outreach camps, benefiting over 5 lakh people, and performing over 100 free heart surgeries. In 2009, he conducted Kumaon's first open-heart surgery, proving tertiary care delivery in rural settings. He founded the Uttarayana Foundation (2013) and established Uttarayana Hospital (2017) in Almora, serving 50+ villages, along with a mobile health unit and a Cardiac Centre at Almora Government Hospital. His initiatives extend to supporting orphan girls' higher education, rehabilitating distressed families, and helping local artists during the pandemic.

Global Humanitarian Work

He introduced Rotary's Gift of Life program in India (2006), treating underprivileged children from South Asia and Africa. His school health initiative has promoted heart health across 100+ schools.

Awards & Recognitions

Dr. Yadava has been honored with the Dr. B.C. Roy Award (2016), Eminent Alumnus Award (2014), Emeritus Teacher Award (2019), D.Sc. (Honoris Causa, 2025), and multiple Lifetime Achievement Awards (CSI Delhi 2023, SMICS 2024). Other accolades include the Limca Book of Records (2005), Paul Harris Fellowship (2006), Vishisht Chikitsa Rattan Puruskar (2025), and Yadav Vibhushan Award (2015).

Leadership & Advisory Roles

He advised the Govt. of Uttarakhand and has served on committees of the Govt. of Delhi, NRDC, PHDCCI, Rajiv Gandhi Super Speciality Hospital, and Sir Ganga Ram Hospital. He is also Director, All India Heart Foundation and India's representative at the World Heart Federation.

Military Service

As an Armed Forces doctor, he earned the Best All-Round Officer and Best Shot Trophies. Academic & Editorial Contributions Adjunct Professor at DPSRU, he has authored/edited 24 textbook chapters, published 280 papers, presented 600+ research talks, and conducted 30+ workshops. He serves as examiner, inspector, and orator at prestigious forums, and is Editor-in-Chief of the Indian Journal of Thoracic & Cardiovascular Surgery and Cardiology Today. He is a fellow of leading cardiology societies. Through innovation, compassion, and leadership, Dr. Yadava has left an indelible mark on cardiac sciences, rural health, and global humanitarian efforts.

Pushpanjali Community Service Excellence Awards 2025



Dr. Vinod Kumar Monga

From Clinic to Crowd:

Journey as a Medical Healer Leader

Dr. Vinod Kumar Monga is a respected physician, healthcare reformer, and public servant whose career spans medicine, community service, and politics. A graduate of Maulana Azad Medical College, Delhi, he began his medical practice in Krishna Nagar and went on to establish a nursing home in 1986. A strong advocate of preventive healthcare, he has been deeply engaged in promoting community awareness on public health issues.

His contributions to the medical fraternity are extensive. He has held several key leadership roles including President of the Indian Medical Association (East Delhi Branch), President of the Delhi Medical Association, Dean of the IMA College of General Practitioners, Chairman of the IMA Hospital Board of India, and Finance Secretary of IMA Headquarters. Currently, he serves as Chairman of the Delhi Nursing Home Forum. Through these positions, he has led initiatives such as vaccination and diabetes detection camps, anti-pollution drives, organ and eye donation campaigns, and blood donation drives.

In public life, Dr. Monga has been actively associated with the Bharatiya Janata Party (BJP), serving as Mandal Adhyaksh of Krishna Nagar, Secretary of Shahdara Jila, and Convener of the BJP Delhi Pradesh Medical Cell. In 2007, he was elected as a Municipal Councillor in Delhi, where as Chairman of the Public Health Committee, he introduced significant reforms such as the digitalization of birth and death records, the Anemia Control Program in schools covering over 4 lakh children, and the establishment of 20 maternity centres. He also played a pivotal role in strengthening AYUSH services, initiating celiac disease diagnosis programs, and overseeing healthcare preparedness during the Commonwealth Games 2010.

Dr. Vinod Kumar Monga is widely respected as a doctor, reformer, and leader, whose work has improved healthcare systems, strengthened medical institutions, and advanced public health initiatives in Delhi.

Pushpanjali Community Service Excellence Awards 2025



Magician Raj Kumar

Beyond the Smoke and Mirrors:
A Magician's Journey to Serve Humanity

Illusionist Raj Kumar

Internationally Acclaimed Magician & Founder of Delhi School of Magic

- President, India Chapter, International Magicians Society (USA)
- Trustee, Magic Foundation India
- President, MAZMA (Uplifting Traditional Magic & Performing Arts of India)

Renowned for blending traditional Indian magic with modern techniques, Illusionist Raj Kumar has mesmerized global audiences with 25,000+ shows and 50+ TV appearances. Key achievements include:

- Performed for the President of India
- Represented Indian magic in international shows, including Broadway productions in Germany, China, and Canada
- Founded Delhi School of Magic (1995), training 3,000+ students
- Preserved traditional Indian magic through MAZMA

Recognition:

- Guinness World Record Holder
- TEDx Speaker- International Merlin Award (2015) winner
- Featured on Zee News, Aaj Tak, News 18, and DD National & more

Mission:

Spreading magic, preserving tradition, and inspiring future magicians.

9971110577, 9312210577 Email: info.agoe@gmail.com



Raj Tilak

M: 96543 58510

rajmovie201@gmail.com



Pushpanjali Community Service Excellence Awards 2025



Dr. Achal S. Dave

Sr. Consultant Physician (Gen Medicine)

In recognition of his distinguished contributions to the field of Internal Medicine, marked by over four decades of dedicated clinical service, compassionate patient care, and exemplary professional leadership.

A graduate of Sardar Patel Medical College, Rajasthan, and further trained in the United Kingdom, Dr. Dave brought global expertise to the heart of Delhi's medical community. His unmatched clinical acumen, particularly in diagnosing complex illnesses and his pioneering work in Pyrexia of Unknown Origin, earned him the trust of patients from across Delhi and neighbouring states.

As President of the East Delhi Medical Association in the early 2000s, he played a pivotal role in strengthening the medical fraternity and promoting ethical practice. His professional journey reflects not only medical excellence but also integrity, humility, and tireless commitment to his patients.

Even after retiring from hospital practice, he continues to serve society through outpatient care, embodying the spirit of lifelong service. His name remains synonymous with clinical wisdom, compassionate healing, and exemplary dedication.

TRANSFORMING THE FUTURE OF HEALTHCARE



DELIVERING ON OUR PROMISE OF **INNOVATION & QUALITY**

 **12**
Specialities

 **125+**
Countries

 **200+**
Medical Devices

 **12**
Manufacturing Plants
Across 4 countries

 **530+**
Sales
Associates

 **330+**
Patents

 **1.8 Billion+**
Devices Manufacturing
Capacity per year

 **3000+**
Employee Base



MEDVISION

**TRUSTED BY DOCTORS
PREFERRED BY HOSPITALS**



**INNOVATION
IN MEDICAL
DEVICES**

SCAN TO CONTACT US



PRODUCT RANGES AVAILABLE FROM

REHABILITATION AIDS

DIAGNOSTIC AIDS

RESPIRATORY AIDS

MEDICAL CONSUMABLES

PHYSIOTHERAPY

SURGICAL EQUIPMENTS



**CALL FOR INQUIRY
+91 98104 82734**



**B-115, B BLOCK, SECTOR 65, NOIDA,
UTTAR PRADESH 201301**



Meenakshi
SPEECH & HEARING
CLINICS

Experience the effortless hearing



Best in class solutions with assured benefits

SERVICES OFFERED

- Free Hearing Test.
- World Class Hearing Aid.
- Cochlear Implant.
- Free Hearing assessment & trial of Latest Technology.
- Modern Technology Digital hearing aid.
- OAE/BERA/ASSR.
- Speech Rehab.
- Balance & Vertigo.

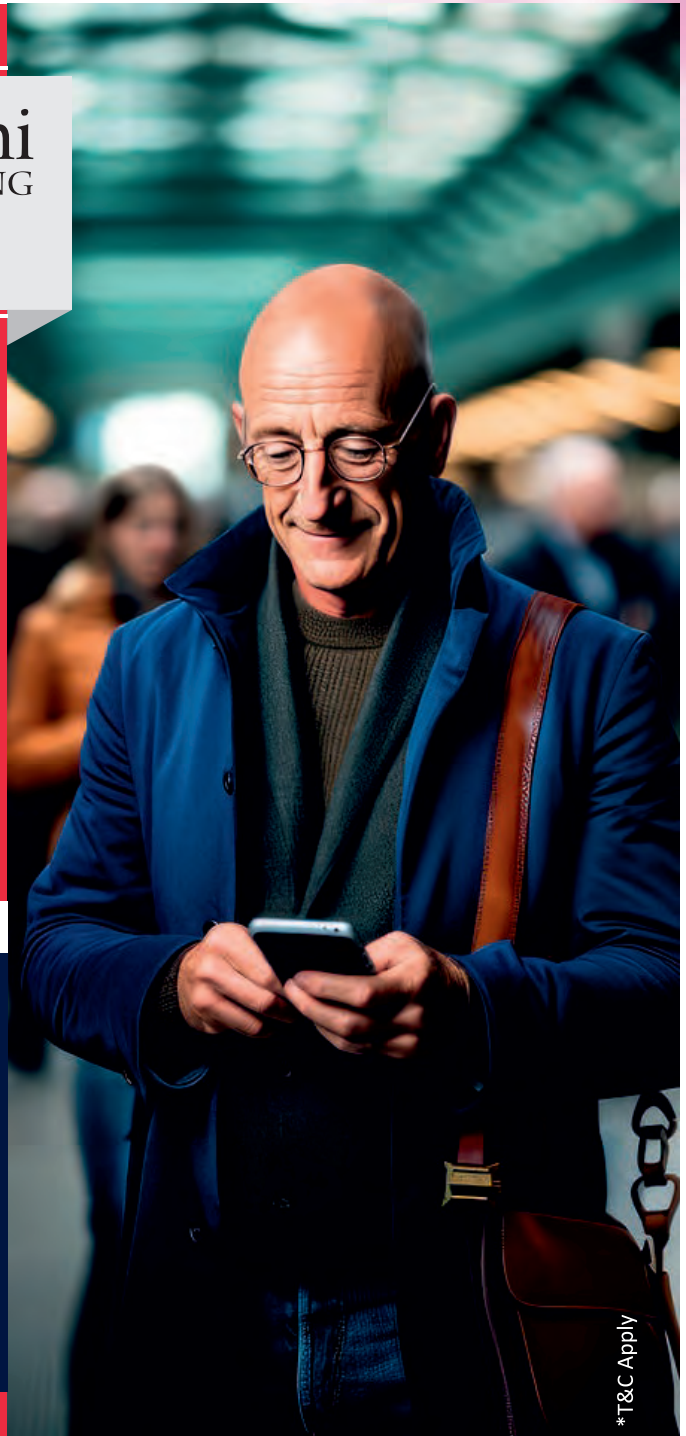


Call us today for appointment:

+91 95558 12345

WE ARE COMMITTED TO PROVIDE BEST HEARING SOLUTIONS

East Delhi | Connaught Place | South Ex -2 | Gurugram | Raj Nagar Gaziabad | Kaushambi



*T&C Apply

K.B. DENTAL CLINIC

Dr. MANIKA MITTEL

Ph.D. in Periodontology & Oral Implantology

The Robert de Sorbon High School, France

**B.D.S., M.D.S. (Periodontology & Oral
Implantology) Gold Medalist**

F.I.C.D. (USA)

PG Diploma (Medical Cosmetology)

MBA (Hospital Management)

email: drmanika29@gmail.com

contact: +91 22131942

mobile: +91 9818161022

www.kbdentaldelhi.com



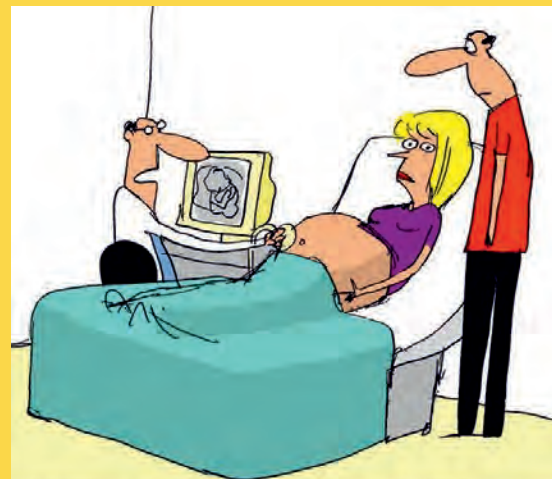
**Block-R 74-B, Dilshad Garg
Near Jhilmil Metro Station, Delhi 110095
www.kbdentaldelhi.com**

10



“femme nest”

Growing families - one egg at a time



“Your baby is a girl and holding a cell phone. Apparently, they’re texting younger and younger these days.”

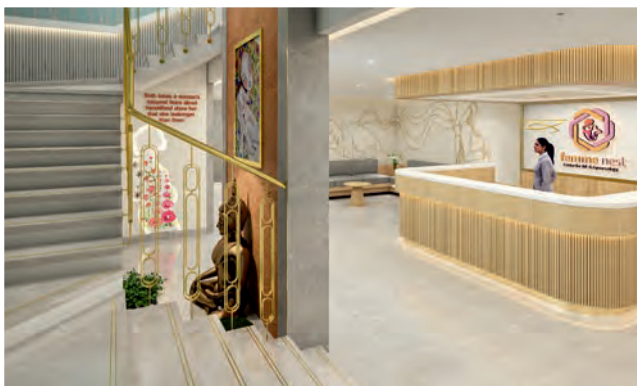
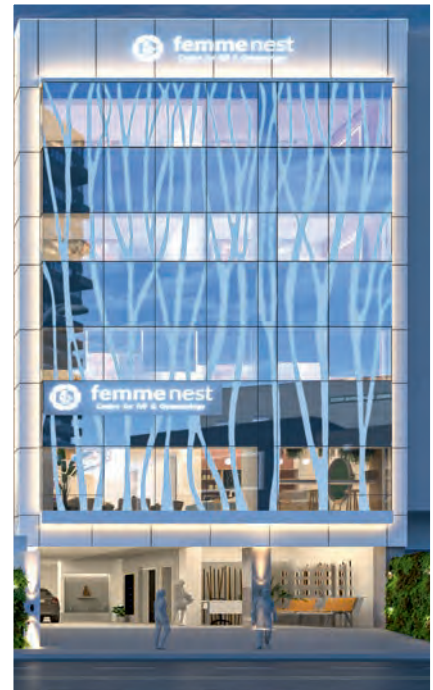
FemmeNest — A New Era of Comprehensive Mother & Child Care at Pushpanjali Medical Centre

Pushpanjali Medical Centre has recently marked a significant milestone with the inauguration of its exclusive Mother and Child Care Wing – FemmeNest. This specialized facility is a reflection of the Hospital's continued commitment to providing holistic, advanced, and compassionate care for women and children.

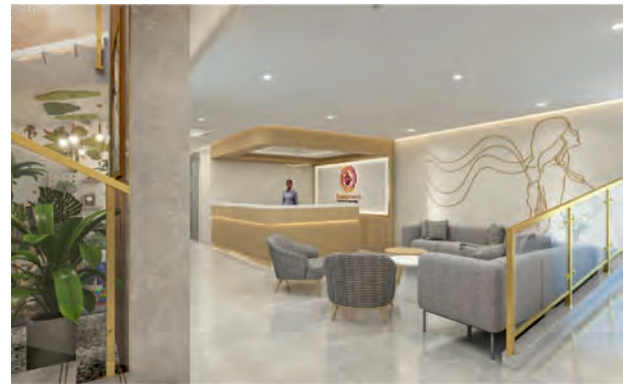
Designed as an integrated centre that caters to the complete journey of motherhood, FemmeNest brings together a wide range of services under one roof. From fertility support and antenatal care to delivery and neonatal critical care, the wing is equipped with the latest infrastructure and clinical expertise to meet the evolving healthcare needs of women and newborns.

One of the key highlights of the new centre is its advanced Assisted Reproductive Technology (ART) division. This unit provides a full spectrum of fertility solutions including IVF (In Vitro Fertilization), ICSI (Intracytoplasmic Sperm Injection), and IUI (Intrauterine Insemination), supported by a team of experienced embryologists and reproductive medicine specialists. The facility aims to address rising infertility challenges and support aspiring parents with ethical and effective care.

The centre also features state-of-the-art labor and delivery rooms, ensuring safety and comfort throughout childbirth. In recognition of the critical need for specialized newborn care, FemmeNest is equipped with a Level III Neonatal Intensive Care Unit (NICU) and a Pediatric Intensive Care Unit (PICU). These units are built to handle high-risk cases and critical care scenarios with 24x7 monitoring and dedicated pediatric teams, thereby significantly reducing neonatal morbidity and mortality. To promote a healthier and more informed pregnancy experience, FemmeNest offers comprehensive antenatal programs that include physiotherapy, prenatal yoga, nutritional counseling, lactation



guidance, and educational sessions. These programs are designed to support expectant mothers physically and emotionally, helping them prepare for childbirth and parenthood. Furthermore, the centre is fully equipped for advanced gynecological procedures. From laparoscopic surgeries to robotic-assisted interventions, FemmeNest provides minimally invasive solutions for conditions such as fibroids, endometriosis, infertility, and other complex gynecological disorders. These technologies enhance precision, reduce recovery times, and improve overall outcomes. With the launch of FemmeNest, Pushpanjali Medical Centre takes a significant step forward in creating a safe, nurturing, and technologically advanced environment for mothers and their children. The centre represents a fusion of clinical excellence, patient-centric design, and futuristic healthcare delivery—making it a cornerstone of women and child health services in the region. This addition to the Pushpanjali ecosystem is not only a medical advancement but also a reaffirmation of the Centre's dedication to community well-being and quality healthcare for every stage of a woman's life.



Femme nest Team



Dr. Sowjanya Aggarwal
Director – IVF & Infertility, Laparoscopic
& Robotic Gynae Surgery



Dr. Rupali Gupta
Senior Consultant
– Obstetrics and Gynaecology



Dr. Rakhi Rawat
Senior Consultant
– Obstetrics and Gynaecology



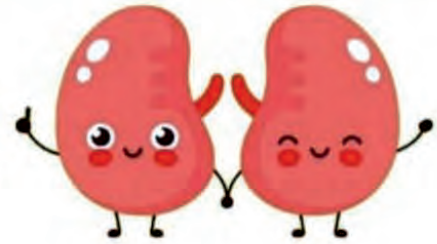
Dr. Apoorva Reddy
Consultant – Fetal Medicine



For Anemia correction in CKD

Rx Neph-Darb^{40/60}

Darbepoetin alfa Injection 40/60 mcg



In Anemia associated with CKD

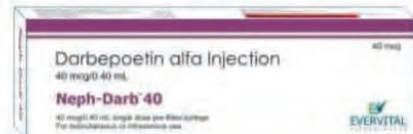
- Maintains Hb levels > 10g/dL in CKD patients not on dialysis.¹
- Maintains Hb concentrations in patients already treated with EPO or EPO naive patients.²

DOSAGE:		
Molecule	Hemodialysis	NDD-CKD
Darbepoetin alfa	0.45 mcg/kg IV/SC every week or 0.75 mcg/kg IV/SC every 2 week	0.45 mcg/kg IV/SC every 2-4week

For many patients the appropriate maintenance dose will be lower than the starting dose, particularly in pre-dialysis patients.

- Safety & efficacy is similar to international reference products
- Manufacture in USFDA compliant Facility

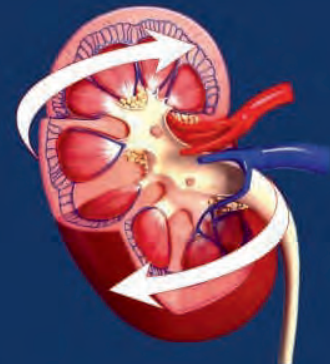
Reference :
1. Saudi J Kidney Dis Transpl 2016 Nov-Dec 27(6):1182-1187.
2. Nephrol Dial Transplant 2016 Dec 31(12):2073-2085 Epub 2016 Apr 15



Preserves RRF in CKD with

**Taurine 500 mg + Acetylcysteine 150 mg +
Pyridoxamine + Folic Acid**

Rx Cret-low



- Taurine has antioxidant properties reduce further tissue damage in the kidneys.
- Acetylcysteine can reduce the production of free radicals that cause tissue damage.
- Folic acid(B9) reduced odds of chronic kidney disease progression in patients with CKD.
- Pyridoxamine (B6), is catalyst in the metabolism of fats, carbs & proteins, assist in maintaining energy balance in CKD patients.

In treatment of diabetic kidney disease

Essence of Quality & Affordability
in Critical Situation



FOCUS ON QUALITY & AFFORDABILITY



Established in 2010, pioneer in
Emergency Care & Critical Care

Sterile Dry Powder injections are mostly
fine sized for its faster dissolution

WHO - GMP & ISO certified manufacturing
plant with our own QA & QC teams at site

Good quality of glass, rubber plugs and
other accessories are used

Consolidated manufacturer site, offers
batch to batch consistency

High quality 350 gsm matte paper used for
packing ensures sturdy and intact packs

APIs are procured from the reputed
Indigenous API manufacturers

Single line transport, not mixed with another
things and non-pharmaceuticals*

State of Art Technology Compliances Central
Warehouse with (24/7) Air Conditioning at 24 °C

Established network with Corporate Hospitals
and Government institutes across India*

Makers of

MEROEM

Meropenem for Inj. 125mg/ 250mg/ 500mg/ 1gm

MEDNEX-Forte

Cefoperazone & Sulbactam for Inj. 1.5gm

GLUTAMED

Glutathione for Inj. 600mg

ULIMED

Ulinastatin Injection 5ml

Caspome 50

Caspofungin Acetate for Inj. 50 mg/70mg

COLIS

Colistimethate Sodium for Inj. 1MIU/2MIU/3MIU/4.5MIU

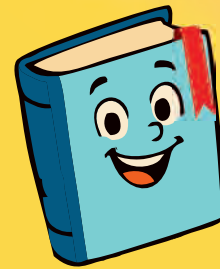


Medilife Health Sciences Pvt. Ltd.

Corporate Office : # 410, Ecstar, Vishveshwar Nagar, off Aarey Road, Goregaon (East) Mumbai – 4000 63 Tel : 022-40020871

Email : business@medilifehealth.in, sales@medilifehealth.in www.medilifehealth.com

11



We are Proud of Our People *Awards and achievements*



The Sunday Standard Health Conclave 'SAWAL SEHAT KA'

Felt really humbled and privileged to receive **"Pride of Indian Health care award 2025"** in a glittering function organised by The New Indian Express publication group today at India international centre in the presence of galaxy of Medical Professionals and journalists across the country. Union State Health Minister Mrs. Anupriya Patel was the chief guest and Dr. Dilip Bhanushali National President and noted journalist and media personality Mr. Prabhu Chawla were Guests of Honour.



Doctors Day Special

On the occasion of World Doctors' Day 2025, the Delhi Government organized a special event titled Sant Ishwar Samvad at LNJP Hospital to recognize and honour the tireless service, compassion, and dedication of the city's medical fraternity. The event served as a heartfelt tribute to the doctors who continue to serve humanity with unwavering commitment. We take immense pride in sharing that our esteemed Chairman, Dr. Vinay Aggarwal, was also felicitated by the Honourable Chief Minister of Delhi Smt. Rekha Gupta, during the ceremony for his exemplary leadership and lifelong contribution to the field of healthcare. His recognition is a moment of great honour for all of us.



Coffee with Chairman

Coffee with Chairman at Pushpanjali Medical Centre is a meaningful initiative led by Chairman Dr. Vinay Aggarwal to adopt open dialogue, collaboration, and continuous improvement. Through these informal yet impactful interactions over coffee, key discussions take place on enhancing patient care, operational efficiency, departmental coordination, and staff engagement. Whether it's addressing emergency care protocols, infrastructure, housekeeping, or introducing new specialists, each session helps align teams with PMC's vision of ethical, high-quality healthcare. These regular engagements have proven to be fruitful in strengthening communication, encouraging innovation, and reinforcing the hospital's commitment to excellence and compassionate service across all departments.

Coffee With Chairman



- Dr. Vinay Aggarwal had a fruitful meeting with Dr. Sumer Sharma on October 3rd, 2024. Key discussion points included improvements in Emergency Care, increasing ER-to-admission conversions, conducting detailed patient audits for management referrals, enhancing ICU patient retention, boosting admissions in the Medicine Department, and expanding diagnostic services. The meeting concluded positively, reaffirming the commitment to ethical, high-quality healthcare at Pushpanjali Medical Centre.

Coffee With Chairman



- Dr. Vinay Aggarwal had a very fruitful meeting over a cup of coffee with Dr. Nishesh Jain today. Discussions were primarily focused on Emergency Care, Conversion from ER for admissions, proper audit of patients being referred for higher management to other hospitals, Retention of patients in ICU, and overall increase in admissions in medicine department and providing quality care, and increase in diagnostic footfalls. Meeting ended on a very positive note with a commitment to provide quality care to Pushpanjali Medical Centre patients.

Coffee With Chairman



- Dr. Vinay Aggarwal had a fruitful meeting with Dr. Chirag Jain. He is Joining as Visiting Consultant in the field of Surgical Oncology at Pushpanjali Medical Centre and Starting his OPD on every Thursday and Saturday from 06:00 PM to 07:00PM, focusing on providing specialized, ethical, and high-quality oncology care. His expertise will further strengthen PMC's commitment to deliver exceptional patient care in the field of oncology.

Coffee With Chairman



- Dr. Vinay Aggarwal had a fruitful meeting with Mr. Manoj Kumar Choudhary today on 27.05.2025 over a cup of coffee. Issues related to overall maintenance, administrative liaisoning, housekeeping, security, biomedical waste, parking and disaster management were discussed. The Motto of 'WORK WITH A SMILE' was re-emphasised.

In Remembrance



Rest in peace Thakurji.
Your devotion and spirit will never be forgotten.

**FACADE/ELEVATION
EXPERT**

**CLADITO
INTERNATIONAL**

**ALL KIND OF GLASS
GLAZING, ALUMINIUM
LOUVERS, ACP FACADE,
SHINGLES, KINETIC
FACADE AND MORE**

[HTTPS://WWW.CLADITO.COM](https://www.cladito.com)
CONTACT :- 9910811884

**A108A upper mezzanine floor,
ansal plaza, sector -1 Vaishali, Ghaziabad UP**

205

Comprehensive Anesthetic Range

Muscle Relaxants

The Testament of
Cold-Chain Maintenance

FOOAS
Time Temperature & Location

ATRABLOC
Atracurium Bromide 10 mg/ml



Available as
2.5 & 5 ml Amp / 10 ml Vial

CIS-ATRABLOC
Cis-atracurium Bromide 10 mg/ml



Available as
5 ml / 10 ml Vial

ID Seal To Prevent Medication Error

Rocurofix
Rocuronium Bromide 10 mg/ml



Available as
5 ml / 10 ml Vial

VecuroFix
Vecuronium Bromide 10 mg & 10 mg



Available as
4 mg & 10 mg Vial

Reversal Agents

India's first brand
Manufactured Under

QbD Concept

SUGMADEX
Sugammadex 10 mg/ml



Available as
2 ml / 5 ml Vial

Varcolate-Neo
Chlorpropolol 1 mg/ml & Naloxone 25 mcg/ml



Available as
5 ml Amp

Varcolate
Chlorpropolol 1 mg/ml



Available as
1 ml Amp

12



The Creative Side of Healthcare

Music, art, and craft



Sowing Seeds of Gratitude: 20 Years of Cultivating Beauty

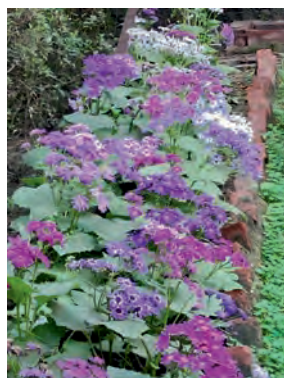


Dr. Deepak Pande

Senior Consultant - Paediatrics
Pushpanjali Medical Centre

We often take for granted the wonders of Nature, but its beauty and bounty are undeniable. Like a loving mother, Nature nurtures life with care and compassion. As a small gesture of gratitude, I've dedicated the past 20 years to cultivating over 30 gardens within our IP Extension society. Through my efforts, approximately 100 trees, numerous bushes, and vibrant annual flower plantations have flourished under my care.

This labor of love has not only enhanced our community's aesthetic appeal but also contributed to a greener, healthier environment. I'm proud to have played a part in giving back to Nature's splendor.



Healing Beyond Medicine — The Harmonies of Health, Himalayas & Heritage



Dr. Neeraj Jain

Senior Consultant - Gastroenterologist
Pushpanjali Medical Centre

In a world where science and compassion intersect, Dr. Neeraj Jain stands as a living example of how a healer's journey can also be a melody, a trek, and a tribute to India's intellectual legacy. A senior gastroenterologist at Pushpanjali Medical Centre, Dr. Jain is not just known for his clinical acumen but for a deeply creative and multidimensional life that spans across music, ultra-endurance sports, and ancient Indian science.

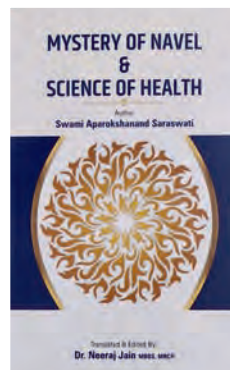
Dr. Jain's love affair with the bansuri (Indian bamboo flute) began in 1972, during his second year of MBBS. What started as a meditative retreat from the rigours of medical school evolved into a soulful pursuit that continues to this day. His flute performances have become a cherished element at CMEs, medical conferences, ceremonial functions, and cultural events. Whether it is the soft raga echoing through an auditorium or a spontaneous tune that brings peace to an anxious gathering, Dr. Jain's flute has brought healing that words and medicines often cannot.



But his pursuit of balance and resilience does not end with melody—it rises with every step he takes on the treacherous Himalayan paths. Since 1996, without missing a single year, Dr. Jain has completed the Himalayan Ultra Marathon—an awe-inspiring test of stamina and spirit covering 160 kilometers over five gruelling days at high altitudes. What sets him apart is not just his consistency, but his dual role in this event: as both a participant and a dedicated medical officer, ensuring the safety and well-being of fellow runners. His contribution to sports medicine in this physically demanding environment has made him an integral part of the Himalayan Running and Trekking community.

The intellectual side of Dr. Jain's personality took an intriguing turn in 2005 when he developed a keen interest in the Ancient Indian Naval Science, a subject rooted in India's rich Vedic heritage. Captivated by its depth and potential relevance to modern science, he not only studied it in detail but took the commendable effort of translating a complex treatise on the subject within three years. Today, he actively lectures and creates podcasts to spread awareness about this lesser-known facet of India's ancient scientific wisdom, inspiring curious minds to look beyond textbooks.

Dr. Neeraj Jain's life is a powerful reminder that creativity and medicine are not mutually exclusive—they are complementary. His ability to blend the art of healing with the art of living reflects a holistic vision of wellness: one that nurtures the body, enriches the mind, and uplifts the soul.



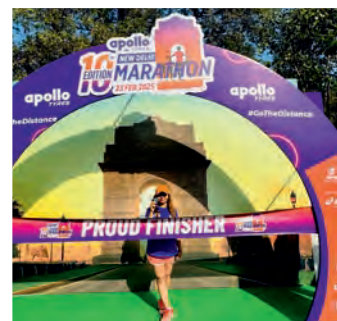
Half Marathon Milestone: A Step Toward Health



Dr. Atul Jain

Senior Consultant - Orthopaedics and Joint Replacement
Pushpanjali Medical Centre

We are delighted to share that we both successfully completed the renowned Apollo Delhi Half Marathon this February. It was not only a personal achievement but also a powerful reminder of the benefits of an active lifestyle. The advantages of running—and regular exercise in general—are well known. From boosting cardiovascular health to improving mood and endurance, physical activity plays a vital role in overall well-being. As an orthopaedic surgeon, I see firsthand how important it is to keep muscles active and joints mobile. Staying physically active is one of the best ways to prevent joint degeneration and maintain musculoskeletal health as we age. We hope this inspires you to take that first step—whether it's a walk, jog, or run—toward a healthier you!



**BEST
WISHES**
R.M. SWELLS
CONTACT:
9811588818

Reimagining Reality Through Abstracts



Mrs. Alka Jhamb
wife of Dr Yogesh Jhamb
Artist, Delhi

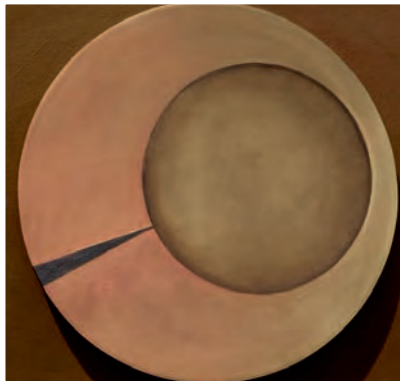
Alka Jhamb is an artist based in Delhi. She studied art under the guidance of Mr Rameshwar Broota at Triveni Kala sangam. Alka has had her solo shows in 2019, 2014, 2010 & 2007. She has received a senior fellowship from the cultural ministry of India for the year 2022-23. She has received AIFACS award for the year 2018 & 2004. Her works have been displayed in many National and private art exhibitions. She has been a part of many art camps.

Artist Statement

Firmly rooted in abstraction, Alka Jhamb uses form and shape to express her experiences growing up in rapidly evolving Delhi. Her three-dimensional artworks mirror the city's shifting urban landscape and its emotional impact. Inspired by architecture and urban space, her forms reflect tension, change, and aspiration. Each piece invites viewers to engage with the complexities of city life, offering a personal yet universal glimpse into transformation through structure and sculptural presence.



Tipped Balance
4x3 feet sunboard and oil
on canvas board 2025



Within the Radius 2x2 feet
sunboard and oil on canvas
board 2024



Layered Demissions 2x2 feet
Sunboard and oil on canvas
board 2025



Blueprint Dream 3x3 feet
Sunboard and Oil on Canvas Board



Line of stillness 2x2 feet
Sunboard and Oil on Canvas Board



Unfolding Tension 4x4 feet sunboard
and oil on canvas board 2025

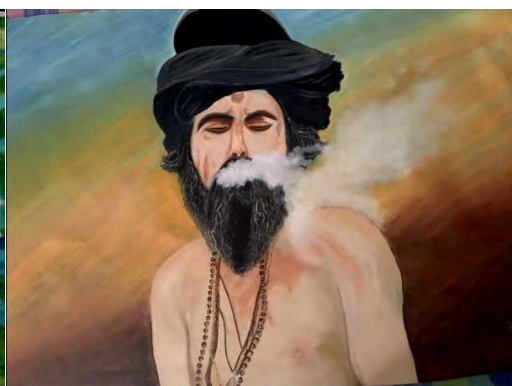
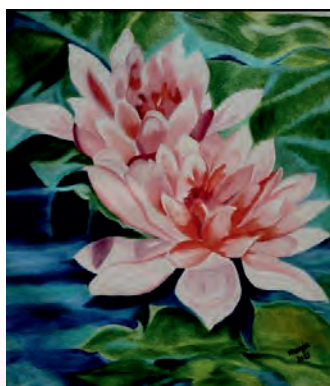
Scalpel and Strokes, The Lady with Double Talents



Dr. Manju Govil

Consultant - General Surgery
Pushpanjali Medical Centre

I'm a surgeon by day, but when I'm not in the OR, you'll probably find me with a paintbrush in hand. I love painting—anything and everything that inspires me. No specific genre, no rules. Whether it's oil, acrylic, or watercolour, I enjoy working with all kinds of mediums. It's my way to slow down, recharge, and just create for the fun of it. Art keeps me grounded—it's a different kind of healing. Some of my paintings:



Beating the Rhythm, Finding My Voice



Dr. Vineet Jain

Senior Consultant - Paediatrics
Pushpanjali Medical Centre

As a child, I was a bathroom singer. The tiled walls were my stage, the showerhead my audience. I would hum or sing Mukesh songs, letting the notes echo and swirl around me. But whenever I tried to sing with the school orchestra, something felt off — as if I were walking to a beat that wasn't mine.

Decades passed. Life filled up with work deadlines, family responsibilities, and the quiet shelving of old dreams. Then, one afternoon at the age of fifty, while my daughters were taking a dance lesson, I found myself chatting with their Guru, Mr. Naresh Rai. I confessed my lifelong frustration. He didn't pause. "You lack rhythm," he said gently, "and the cure is simple — learn the tabla." The suggestion startled me. Me? A fifty-year-old beginner? But something in his certainty lit a spark.



The tabla, I soon learned, is a patient but demanding teacher. In those early months, my fingers cramped painfully; every sound I made seemed clumsy, reluctant to emerge.



Yet I kept going, day after day. Guruji's guidance was steady, and slowly, patterns began to make sense. After three years of practice, the rhythms felt like old friends. I had learned many taals and begun to hear music differently — its heartbeat, its breath.

When I returned to singing, the change was almost magical. The orchestra and I were no longer strangers; we moved together, each note in step with the rhythm beneath it. I started singing again — first at family get-togethers, then at PMC kitty parties, and eventually on much bigger stages. Today, music is more than a hobby. It is my meditation, my joy, my quiet rebellion against the idea that dreams have an expiry date. In the middle of my hectic professional schedule, it is where I find my peace — and, finally, my voice.

Overview on Chest Pain Management Pathway



Dr. Gaurav Micocha

Senior Director & Interventional Cardiologist,
Max Super Speciality Hospital, Vaishali

Chest pain remains one of the most common and clinically significant presentations in emergency and outpatient settings, often signaling a spectrum of conditions ranging from benign musculoskeletal discomfort to life-threatening acute coronary syndromes. In his expert talk, Dr. Gaurav Micocha—renowned interventional cardiologist from Max Hospital—will provide a comprehensive overview of the modern chest pain management pathway, highlighting its evolution, clinical relevance, and impact on patient outcomes.

This session will explore the structured approach to chest pain triage, emphasizing early risk stratification, rapid diagnostic algorithms, and evidence-based intervention strategies. Dr. Micocha will discuss the integration of high-sensitivity troponin assays, ECG interpretation protocols, and clinical scoring systems such as HEART and TIMI scores, which have revolutionized decision-making in emergency care.

A key focus will be on streamlining care across departments—emergency, cardiology, and critical care—to reduce diagnostic delays and optimize resource utilization. The talk will also address the role of non-invasive imaging, point-of-care testing, and the importance of timely referral for interventional procedures when indicated.

Importantly, Dr. Micocha will highlight how standardized chest pain pathways have transformed clinical practice by reducing unnecessary admissions, improving diagnostic accuracy, and enhancing patient safety. These protocols have become essential tools in minimizing missed diagnoses and ensuring timely treatment of acute myocardial infarction and other critical conditions.

Clinicians attending this session will gain actionable insights into implementing and refining chest pain pathways within their own institutions—bridging clinical vigilance with operational efficiency.

Tissue Valve Substitutes in Indian Patients



Dr. A. Sampath Kumar,
Former Professor & Head, Dept. of CTVS;
Chief, Cardiothoracic Center, AIIMS

Valvular heart disease continues to pose a significant burden in India, with rheumatic etiology still prevalent alongside degenerative and congenital causes. In his expert talk, Dr. A. Sampath Kumar—one of India’s most distinguished cardiothoracic surgeons and a global thought leader in valve surgery—will explore the evolving role of tissue valve substitutes in the Indian clinical context.

Historically, mechanical valves dominated surgical practice due to their durability. However, the need for lifelong anticoagulation and associated complications has prompted a shift toward bioprosthetic (tissue) valves, especially in elderly patients, women of childbearing age, and those with contraindications to anticoagulation. Dr. Kumar will present a nuanced analysis of tissue valve options—including bovine pericardial, porcine, and homograft valves—highlighting their performance, longevity, and suitability for Indian patients.

The session will delve into patient selection criteria, surgical techniques, and postoperative outcomes, supported by data from Indian and international registries. Dr. Kumar will also address emerging technologies such as transcatheter valve implantation and the role of tissue valves in redo surgeries and complex anatomies.

This topic is of high clinical relevance as it reflects a paradigm shift in valve replacement strategies. With increasing life expectancy and changing patient expectations, tissue valves offer a quality-of-life advantage that is reshaping surgical decision-making. Dr. Kumar’s insights will help clinicians tailor valve therapy to individual patient profiles, balancing durability with lifestyle considerations.

Anaemia Management in Critical Care: Shifting Paradigms with Modern IV Iron Formulations



Dr. R.P.S. Makkar

Senior Consultant Physician,
Makkar Multispeciality Hospital, Delhi

Anaemia in critically ill patients is a pervasive and often under-recognized challenge, contributing to impaired oxygen delivery, delayed recovery, and increased morbidity. Traditional management strategies—centered around blood transfusions and oral iron—have shown limitations in efficacy, safety, and timeliness. In his expert session, Dr. R.P.S. Makkar will spotlight a transformative shift in anaemia management: the rise of modern intravenous (IV) iron formulations in critical care settings.

Drawing on clinical experience and emerging evidence, Dr. Makkar will explore how newer IV iron compounds—such as ferric carboxymaltose, iron sucrose, and iron isomaltoside—offer rapid repletion of iron stores with improved safety profiles and minimal risk of hypersensitivity. These formulations bypass the gastrointestinal tract, making them ideal for patients with malabsorption, inflammation, or intolerance to oral iron.

The talk will address key clinical scenarios including anaemia in sepsis, post-operative patients, renal dysfunction, and ICU-acquired anaemia. Dr. Makkar will also discuss updated guidelines, dosing strategies, and monitoring protocols that support the safe integration of IV iron into routine critical care practice.

This paradigm shift has redefined therapeutic goals—from reactive transfusion-based approaches to proactive iron optimization. The result: reduced transfusion dependence, shorter hospital stays, and enhanced patient outcomes. For clinicians, this evolution demands a rethinking of anaemia as a modifiable risk factor rather than an inevitable consequence of critical illness.

Emerging Role of Probiotics as Primary Therapeutic Modality in GI Disorders



Dr. Ramesh Roop Rai
Senior Gastroenterology Specialist,
Rajasthan

The gastrointestinal (GI) tract is home to a complex and dynamic microbial ecosystem that plays a pivotal role in maintaining digestive health, immune regulation, and systemic homeostasis. In recent years, probiotics—live microorganisms that confer health benefits when administered in adequate amounts—have transitioned from adjunctive supplements to frontline therapeutic agents in the management of various GI disorders.

In his expert talk, Dr. Ramesh Roop Rai will explore the paradigm shift in gastroenterology that positions probiotics not merely as supportive therapy, but as a primary modality in conditions such as irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), antibiotic-associated diarrhea, hepatic encephalopathy, and even functional dyspepsia. Drawing from cutting-edge clinical trials and translational research, Dr. Rai will elucidate how targeted probiotic strains modulate gut microbiota, enhance mucosal barrier integrity, and attenuate inflammatory cascades—offering a safer, more sustainable alternative to conventional pharmacotherapy.

This topic holds immense clinical relevance as it reflects a growing emphasis on microbiome-centered care, personalized medicine, and the reduction of drug-related adverse effects. The integration of probiotics into routine GI practice has already begun to reshape treatment algorithms, improve patient outcomes, and reduce healthcare burdens.

Dr. Rai's session promises to deliver practice-changing insights, equipping clinicians with evidence-based strategies to harness the therapeutic potential of probiotics. As the field continues to evolve, this talk will underscore the importance of rethinking gut health through the lens of microbial stewardship and functional restoration.

Pushpanjali Pain Centre



Dr. (Prof) Ashok Kumar Saxena
MD, DA, FAMS, FICA, MBBS

“Nearly one third of the population has persistent or recurrent chronic pain — and of those one half to two thirds are either partially or totally disabled for period of days, weeks , or months, and sometimes permanently” ...*John J. Bonica*

If one works in a Pain Centre, we are in effect making a statement to patients suffering from pain that “we, in this Centre, have the means to mitigate pain and will provide relief to you, the sufferer.” At present, we know that this expectation is overly optimistic. Therefore, what we ought to communicate to our patients, and to the world at large, is that a Pain Centre is not invariably a “Pain Relief Centre,” but more often a “Pain Management Centre,” where every effort is made not only to relieve pain but also to reduce the suffering and disability it causes.

We must always keep in mind the balance that must be maintained in chronic pain sufferers between risks and benefits, especially where the only symptom is pain without physical evidence of organic disease. We use only those pain relief systems that have a sound foundation in scientific methods.

At Pushpanjali Pain Centre, we aim to provide non-surgical pain treatment services. Your pain will be assessed through a detailed medical history, considering duration, description, location, and intensity/severity of pain, followed by a clinical examination of the affected area and assessment of body kinetics. Investigations may include Digital X-Rays, CT, MRI, Bone Densitometry (DEXA Scan), blood sugar, HbA1c, serum uric acid-among others.

Examples of chronic pain conditions we manage include:

- Chronic Back Pain
- Chronic Neck Pain
- Trigeminal Neuralgia
- Postherpetic Neuralgia (Shingles)
- Intercostal Neuralgia
- Occipital Neuralgia
- Slipped Disc
- Sciatic Pain
- Knee Pain and Joint Pain
- Arthritis
- Headache and Migraine
- Atypical Facial Pain
- Complex Regional Pain Syndrome
- Causalgia
- Fibromyalgia
- Chronic Myofascial Pain Syndrome
- Chronic Pelvic Pain
- Chronic Perineal Pain
- Cancer Pain (including metastatic bone pain)
- Chronic Persistent Post-Surgical Pain
- Phantom Limb Pain

Treatment options may include Botox Therapy, Pharmacotherapy, Laser Therapy, Cognitive Behavioural Therapy, and Palliative Care Services.

We address the physical, emotional, cognitive, behavioural and social aspects of Chronic Pain and Cancer Pain simultaneously. Undoubtedly, Pain Centres stand at a pivotal point in acceptance by the community and by the many individuals who come into contact with patients suffering from pain.

Arcur Healthcare Pvt. Ltd.

PHOENIX

enabling life

Products from birth to first 28 days of life



www.phoenixmedicalsystems.com

201, NB mart, Sec-01, Bsrakh, Greater Noida, Uttar Pradesh 201318

Contact: 9560707948, 8750566619

Email: arcurhealthcare@gmail.com



AVI MEDTECH

"A Medtech Evolution"

STARTING FROM 14,500 *

From Paper Chaos to Digital Ease

"Empowering Doctors"



**Hospital Management
Software
(OPD/IPD/TPA)**



**Clinic Management
Software
(EMR/EHR/Pharmacy)**



**Radiology Software
(RIS)
(USG/OBS/X-RAY)**

"SMART SOFTWARE FOR SMART DOCTOR"



MULTI USERS



LIFETIME LICENSE



NO RECCURING FEES



GDPR & HIPAA COMPLIANT

BOOK YOUR FREE DEMO NOW



+91 97180 54212, +91 88821 87628



info@avimedtech.com



www.avimedtech.com

CALVISTA-K2

Calcitriol 0.25 Mcg + Calcium Carbonate 1250 mg +
Zinc Sulphate 7.5 Mg + Magnesium 50 mg +
Vitamin K2-7 50mcg Tablets

JOINT VISTA

Glucosamine 750 + Diacerein 50 mg +
Msm 250 mg Tablets

HUMINAC-P

Acetofenac 100 Mg +
Paracetamol 500 Mg Tablets

ALTAPAN-40

Pantoprazole 40 mg Tablets / Injection

UDSURE-300

Ursodeoxycholic 300 Mg Tablets

ALTAXIME-500

Cefuroxime Axetil 500 Mg Tablets

HUMICLAV-625

Amoxycillin 500 Mg + Clavulanic Acid 125 Mg
Lactic Acid Bacillus 60 Million Spores Tablets

AV-Q10

Co-enzyme Q10 100mg + L-arginine 100 Mg +
L-Carnitine 500mg + Vit. E 10mg + Lycopene 2000mcg +
Selenium 40 Mcg + Cyanocobalamin 1mcg + Zinc 17mg +
Mixed Carotenoids 10.33mg + Folic Acid 100mcg Tablets

AV-PROT

Whey Protein Fortified With Dha
Multivitamins & Multiminerals Protein Powder

ALTAMONT-LC

Montelukast 10 Mg +
Levocetirizine 5 Mg Tablets

ALTAKOFF-LS

Ambroxol Hydrochloride 30mg +
Levosulbutamol Sulphate Eq. to
Levosulbutamol 1mg +
Guaiphenesin 50mg Syrup

ALTASAR-40

Telmisartan 40 Mg Tablets

CALVISTA-D3

Calcitriol 0.25 Mcg +
Calcium Carbonate 500 mg +
Zinc 7.5 mg Softgel Capsules

CEE GEN-SACHET

Collagen Peptide 10 Gm +
Glucosamine Sulphate 1500 Mg +
Methylcobalamin 1000 Mcg Sachet

HUMINAC-SP

Acetofenac 100mg + Paracetamol 325 Mg +
Serratiopeptidase 15 Mg Tablets

ALTAPAN-DSR

Pantoprazole 40 mg +
Domperidone 30 mg SR Capsules

HEPTAVIST

Silymarin 140mg + L-Ornithine
L-Aspartate 150mg +
Vitamin B6 (Pyridoxine) 3mg +
Folic Acid 1.5mg Tablets

ALTEKSIM-CV

Cefuroxime Axetil 500 Mg +
Clavulanic Acid 125mg Tablets

HUMICEF-O

Cefixime 200mg + Ofloxacin 200 Mg +
Lactic Acid Bacillus 2.5 Million Spore Tablets

MECORISE

Methylcobalamin 1500 Mcg +
A.L.A. 100mg + Folic Acid 1.5 mg +
Thiamine Mononitrate 10mg +
Pyridoxine Hydrochloride 3mg Capsules

AV-RICH

Protein Powder + Dha + Multi-vitamins
+ Multi-minerals Powder

ALTAMONT-FX

Montelukast 10 Mg +
Fexofenadine 120 Mg Tablets

ALTAKOFF-DX

Dextromethorphan Hydrobromide 10mg +
Phenylephrine Hydrochloride 5mg +
Chlorpheniramine Maleate 2mg Syrup

ALTASAR-AM

Telmisartan 40 Mg +
Amlodipine 5 Mg Tablets

CALVISTA-D3

Cholecalciferol 60000 IU Sachet

CEE GEN-PRO

Glucosamine Sulfate 750mg +
Rosehip Extract 275mg
Undenatured Collagen Type II 40mg
Vitamin C 40mg + Astaxanthin 4mg Tablets

HUMINAC-GEL

Diclofenac Diethylamine 1.16% W/w + Linseed
Oil 3.00%w/w + Methyl Salicylate 10.00% W/w +
Menthol 5.00 %w/w + Benzyl Alcohol 1.00% W/w Gel

ALTARAB-DSR

Rabeprazole 20 Mg + Domperidone 30 Mg
Sr Capsules

HUMILIV- SYP

Silymarin 140mg + L-ornithine 50mg+
L-aspartate N-acetyl cysteine 50mg +
B-Complex Syrup

HUMIPOD-200

Cefpodoxime 200 Mg Tablets

HUMITHRAL-500

Azithromycin 500mg +
Lactic Acid Bacillus Tablets

MECORISE-LC

Methylcobalamin 1500 Mcg +
L-Carnitine L-Tartrate 500mg +
Folic Acid 1.5mg Tablets

EDINCURE

Trypsin 48 Mg + Bromelain 90 Mg +
Rutoside Trihydrate 100 Mg Tablets

ALTAMONT-AL

Montelukast 10 Mg + Ambroxol 75mg +
Levocetirizine Dihydrochloride 5mg Tablets

NAVIT SYRUP

Lycopene 10% 1000mcg + Vit. E 100 I.U. +
L-Lysine Monohydrochloride 7.5mg +
Copper 38 mcg + Zinc 25mg +
Cholecalciferol 1250 I.U. Syrup

ALTAVID-M

Vildagliptin 50 Mg +
Metformin 500 Mg Tablets

CALVISTA-NANO

Cholecalciferol 60000 IU Nano Shots

ETONUV-TH

Thiocolchicoside 4mg &
Etoricoxib 60mg Tablets IP

HUMINAC-OIL

Maha Narayan Oil 10% + Gandhpura Oil 20% +
Tarpin ka Tail 10% + Nilgiri 10% + Shallaki 5% +
Soya Bean Oil 10% + Tili Oil

ALTARAB-L

Rabeprazole 20 mg +
Levosulpiride 75 mg Sr Capsules

AMPISURE

Sultamicillin 375 Mg Eq. To
Sulbactam 147 Mg +
Ampicillin 220 Mg Tablets

HUMIPOD-CV

Cefpodoxime 200 Mg +
Clavulanic Acid 125 Mg Tablets

TAZOSOURCE-4.5

Piperacillin 4 Gm +
Tazobactam 0.5 Gm Injection

MECORISE-PR

Methylcobalamin 1500 Mcg +
Pregabalin (sr) 75 Mg Tablets

EDINCURE-FORTE

Trypsin 96 Mg + Bromelain 180 Mg +
Rutoside Trihydrate 200 Mg Tablets

DEFLAGOLD-6

Deflazacort 6 Mg Tablets

ITRAVISTA-200

ITRACONAZOLE 200MG CAPSULES



Dr. PUSHKAR VERMA

MBBS, DCH, PGPN (Boston, U.S.A) NALS, PALS
Member of Indian Pediatric association
(Consultant Newborn & Child Specialist
at Apollo Credle & Children's Hospital)



NICU & LEVEL III NURSERY
24 HOURS EMERGENCY



Address: 11/22, Geeta Colony
Near Chacha Nehru Hospital, Delhi-110031
E-mail : caringhandsnicu@gmail.com
Helpline No. : 011-4736-4765, 8447224280



Dr. Savita Jain

ARUN IMAGING

Known for quality images



First & Only in Trans Yamuna on Ultrasound
for Quantification of Fat Percentage in Liver

FIBROSCAN

The Best Tool now available to check your Liver Health



- ☑ MRI Scan
- ☑ CT Scan
- ☑ CBCT with Airways Analysis
- ☑ Digital X-Rays
- ☑ Barium Studies, IVP, HSG & All Contrast Studies
- ☑ Panoramic X-Ray Mandible (OPG) & Cephalogram
- ☑ Mammography
- ☑ Ultrasounds & Transvaginal Sonography
- ☑ Ultrasound Guided FNAC & Diagnostic Procedure Etc.
- ☑ Whole Body Color Doppler including Small Parts
- ☑ 3D/4D Real Time Sonography with Fetoscopy
- ☑ Peripheral Vascular Studies
- ☑ Bone Mineral Densitometry / DEXA Scan
- ☑ 2D/3D M-Mode Echo Cardiography
- ☑ Stress Echo, T.M.T
- ☑ Holter Monitoring
- ☑ ECG
- ☑ NCV, EEG, EMG

Best in Class Diagnostic Center

We care for your comfort

24 Hrs BP Monitoring

All Investigation under one roof

A UNIT OF **ARUN IMAGING LLP**

📍 D-29, Vivek Vihar, Delhi 110095

☎ 011 42424651

📧 customercare@arunimaging.com

📍 11, Jagriti Enclave, Delhi 110092

☎ 011 4155 3222

🌐 www.arunimaging.com

customer care no. 9810139312



BNW DEVELOPMENTS
بي ان دبليو للتطوير العقاري

THE BEST OF BEACH FRONT LIVING

*As the largest private developer in Ras Al Khaimah, BNW Developments unveils
a portfolio of statement coastal landmarks starting at AED 1.5 Million*



INFO@BNW.AE | 800 BNWUAE | BNW.AE

At BNW Developments, we are focused on transforming visionary concepts into reality. With a steadfast commitment to innovation and excellence, we specialize in creating exceptional properties that stand out in the market, priding ourselves on high-end luxury projects strategically situated in the most coveted locations across Ras Al Khaimah and Dubai.

In addition to our development capabilities, we offer strategic support to help you navigate and optimize your real estate investments. Partner with us to experience exceptional luxury living and be part of the transformative growth in the UAE real estate market.

400+

Real estate
experts

18+

Languages
spoken

7+

Offices around
the world

22b^{AED}+

Assets Under
Development

BNW FOUNDERS



ANKUR AGGARWAL

Chairman & Founder



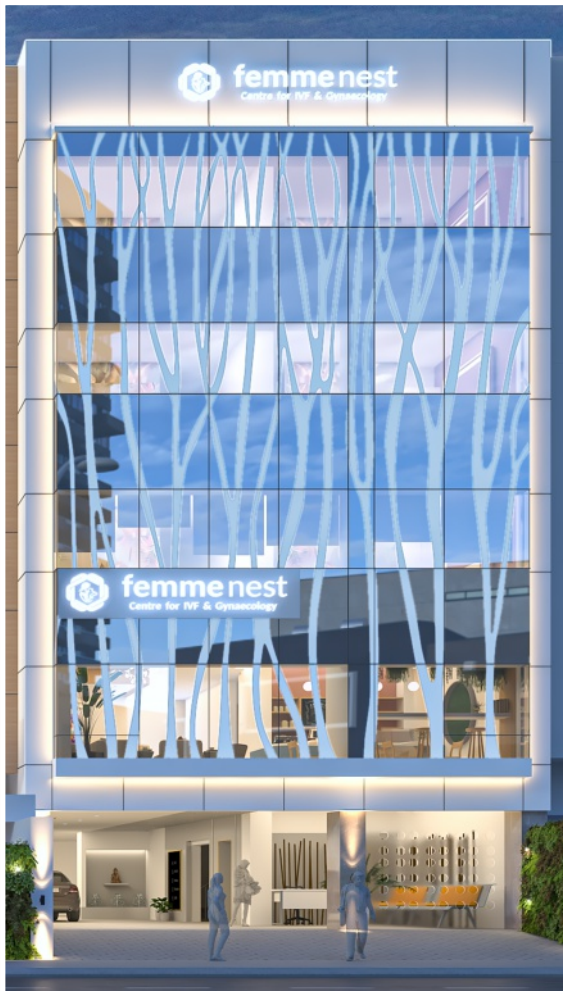
VIVEK ANAND OBEROI

Managing Director & Co-Founder



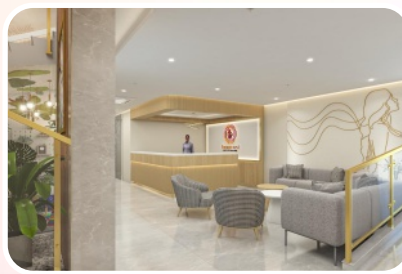
femme nest HOSPITAL

IVF, Obstetrics & Gynaecology



SERVICES

- IVF & Infertility
- Recurrent IVF Failure Treatment
- PCOS & Endometriosis
- Laparoscopic & Hysteroscopic Surgery
- Advanced Gynaecology Services
- Maternity & Obstetrics
- Antenatal Checkups
- High-risk Pregnancy Care
- Normal & Painless Deliveries
- C-Section Deliveries
- Birth Planning & Counseling
- Postnatal & Lactation Support
- Paediatric & Child Care
- Neonatal ICU
- Breastfeeding Support
- Fetal Monitoring & Ultrasound Services
- Nutrition & Dietetic



Femmenest Hospital (A Unit of M M Healthcare Ltd.)

📍 A16, Pushpanjali, Vikas Marg, Extn., Delhi-110092 📞 Phone: +91-78274 75131, 89209 32382

✉ femmenestclinic@gmail.com 🌐 www.femmenest.com